



TOHONO O'ODHAM NATION HEALTH CARE



For Immediate Release

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Hospital & Health Centers

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TON Santa Rosa
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Public Health Nursing Flu Clinics

In preparation for the upcoming influenza (flu) season, the Tohono O'odham Nation Health Care Public Health Nursing highly recommends that that everyone get the flu vaccine to prevent the flu from spreading in the community. Since it takes about two weeks for antibodies to develop in your body to protect you against the flu getting the flu vaccine early is important. Also, remember to wash your hands often and stay home when you are sick.

The Tohono O'odham Nation Health Care Public Health Nursing department will be providing after hour flu clinics at the Tohono O'odham Plaza at the Bashas' parking lot on the following days:

- Wednesday, October 3rd from 4:30 p.m. to 7:00 p.m.
- Wednesday, October 10th from 4:30 p.m. to 7:00 p.m.
- Wednesday, October 17th from 4:30 p.m. to 7:00 p.m.
- Wednesday, October 24th from 4:30 p.m. to 7:00 p.m.

If your department, community, district or health event would like to schedule a flu clinic please call (520) 383-7205. All requests must be made at least 2 weeks in advance.