

The Chili Pepper Café

TON Sells Hospital

Week: December 3 - 7, 2018

No substitutions please

The Chili Pepper Café now takes debit/credit card payments!

Please place order by 10 am Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$4.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Mixed Green Salad, Wheat Tortilla, Banana Bar or Fruit, Beverage...\$4.00

LUNCH CHOICE 2: Vegan Indian Taco (popover topped w/ beans, lettuce, tomato, radish, jalapeno, black olives, avocado & salsa, Banana Bar or Fruit, Beverage...**\$5.00 note price change**

LUNCH CHOICE 3: Chicken & Beet Salad w/ mixed greens, chicken, beets, grapes, avocado & feta cheese, Wheat Roll or Crackers, Banana Bar or Fruit, Beverage....\$4.00

CHOWDER: Broccoli Cheese (Vegetarian)...\$1.00

ALA CARTE: Sub Sandwich \$3.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert, Beverage...\$4.00

Please place order by 10 am Tuesday

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$4.00

LUNCH CHOICE 1: Tacos (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Beverage \$4.00

LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts & chow mein noodles, Cookies or Fruit, Beverage....\$4.00

SOUP: Mushroom Barley (Vegetarian)...\$1.00

ALA CARTE: Black Bean Burger \$2.00 w/ cheese \$2.25 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, Dessert, Beverage.....\$4.00

Please place order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$4.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Fruit Crisp or Fruit, Beverage..... \$4.00

LUNCH CHOICE 2: Vegetable & Bean Tostados (2), Nopalitos, Carrot Raisin Salad, Fruit Crisp or Fruit, Drink..\$4.00

LUNCH CHOICE 3: Greek Chicken Salad w/ mixed greens, chicken, Kalamata olives, green onion, cucumber & feta cheese, Wheat Roll or Crackers, Fruit Crisp or Fruit, Beverage...\$4.00

SOUP: Mexican Corn (contains chicken)...\$1.00

ALA CARTE: Turkey & Swiss Sandwich...\$2.00 Side Salad: \$1.25 Smoothie w/ fruit & banana \$1.75 w/out banana \$2.50

DINNER: Roast Turkey w/ gravy, Stuffing, TO Style Spinach & Onions, Carrot & Pepper Salad, Wheat Roll, Dessert, Drink.. 4.00

Please place order by 10 am Thursday

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea....\$4.00

LUNCH CHOICE 1: Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Ice Cream Sundae or Fruit, Beverage\$4.00

LUNCH CHOICE 2: Fish Tacos(2) w/ Black Bean Slaw, Jalapeno Rice, Tomato & Cucumber Salad, Ice Cream Sundae or Fruit, Beverage..\$4.00

LUNCH CHOICE 3: Spinach Salad w/ bacon, egg, mushroom, tomato, red onion & walnuts, Wheat Roll or Crackers, Ice Cream Sundae or Fruit, Beverage....\$4.00

SOUP: Minestrone....\$1.00

ALA CARTE: Tuna Salad Sandwich \$2.00 Side Salad: \$1.25 Smoothie w/ fruit & banana \$1.75 Smoothie no banana \$2.50

DINNER: Pork Loin w/ gravy, Baked Yam, Green Beans, Mixed Green Salad, Wheat Roll Dessert, Beverage..\$4.00

Please place order by 10 am Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$4.00

LUNCH CHOICE 1: Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, TO Style Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage.....\$4.00

LUNCH CHOICE 2: Tuna Noodle Casserole, TO Style Spinach & Onions, Mixed Green Salad, Dessert or Fruit, Beverage \$4.00

SOUP: Cream of Potato.....\$1.00

ALA CARTE: Egg Salad Sandwich....\$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 w/o banana \$2.50

DINNER: Pot Roast w/ Potato, Carrots & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage \$4.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362