

The Chili Pepper Café

TON Sells Hospital

Week: February 11 - 15, 2019

No substitutions please

Menu posted @ <http://www.tonhc.org>

Please place lunch order by 10 am **Monday**

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$4.00
LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Mixed Green Salad, Wheat Tortilla, Bread Pudding or Fruit, Beverage...\$4.00
LUNCH CHOICE 2: Black Bean & Tortilla Casserole, Salsa, Mixed Green Salad, Bread Pudding or Fruit, Beverage \$4.00
LUNCH CHOICE 3: Chef Salad w/ turkey, ham, salami, egg, carrot, tomato, cucumber & 2 cheeses, Wheat Roll or Crackers, Bread Pudding or Fruit, Beverage....\$4.00
SOUP: Potato & Roasted Red Pepper (Vegetarian)...\$1.00
ALA CARTE: Turkey & Swiss Sandwich \$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50
DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert, Beverage...\$4.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$4.00
LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Beverage \$4.00
LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts & chow mein noodles, Cookies or Fruit, Beverage....\$4.00
SOUP: Mushroom Barley (Vegetarian)...\$1.00
ALA CARTE: Ham & Provolone Sandwich \$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50
DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, Dessert, Beverage.....\$4.00

Please place lunch order by 10 am **Wednesday**

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$4.00
LUNCH CHOICE 1: Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Cauliflower Salad, Wheat Roll, Brownie or Fruit, Beverage..... \$4.00
LUNCH CHOICE 2: Grilled Cheese Sandwich, Cup of Soup, Choice of Chip, Brownie or Fruit, Drink. \$4.00
LUNCH CHOICE 3: Spinach Caprese Salad w/ baby spinach, chicken, tomato, basil, cucumber & fresh mozzarella, Wheat Roll or Crackers, Brownie or Fruit, Beverage...\$4.00
SOUP: Tomato & Rice (Vegetarian)...\$1.00
ALA CARTE: Tuna Salad Sandwich...\$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50
DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot stix & Tomato Salad, Dessert, Beverage...\$4.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$4.00
LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Yam, Green Beans, Mixed Green Salad, Wheat Roll, Frosted Cake or Fruit, Beverage.....\$4.00
LUNCH CHOICE 2: Green Chile Stew w/ Beef or Vegetarian Green Chile Stew, Mixed Green Salad, Popover, Frosted Cake or Fruit, Beverage..\$4.00
LUNCH CHOICE 3: Caribbean Chicken Salad w/ mixed greens, chicken, black beans, tomato & pineapple, Mint Vinaigrette, Frosted Cake or Fruit, Beverage...\$4.00
SOUP: Vegetarian Green Chili (Vegetarian).....\$1.00
ALA CARTE: Sub Sandwich... \$3.00 Side Salad...\$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50
DINNER: Swiss Steak, Mashed Potato, Mixed Vegetables, Cucumber & Tomato Salad, Wheat Roll, Dessert, Beverage..\$4.00

Please place lunch order by 10 am **Friday**

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$4.00
LUNCH CHOICE 1: Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, TO Style Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage.....\$4.00
LUNCH CHOICE 2: Jalapeno Quiche, Spinach & Onions, Mixed Green Salad, Dessert or Fruit, Beverage...\$4.00
SOUP: Minestrone (Vegetarian).....\$1.00
ALA CARTE: Turkey & Munester Sandwich \$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$1.75 no banana \$2.50
DINNER: Pot Roast w/ Potato, Carrots & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage \$4.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362