



TOHONO O'ODHAM NATION HEALTH CARE

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For Immediate Release

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Public Health Alert

Measles

Pima County Health Department reported a confirmed case of measles on March 8, 2019. The case is in a 1-year old infant who traveled to Asia. There are several other current measles outbreaks in several US states because people have not been vaccinated. No cases of measles have been reported at Tohono O'odham Nation Health Care (TONHC).

Symptoms and Signs

- Cough, pink-eye, and runny nose followed by fever, and a red, spotty, rash that starts on the face and then covers the body.
- Sometimes severe: pneumonia, brain swelling, and death (1-2 per 1000 infections).
- Infants do not routinely receive their first measles vaccine until age 12 months and are at highest risk for infection and death.

What to do if you suspect measles:

- **Call a health care provider by phone** if you think someone was exposed to measles.
- **Do not go to a waiting room or clinic** until you are instructed where and when you should be evaluated.
- **Use a mask** on anyone you think was exposed to measles when coming for care.
- Make sure you are fully immunized: 2 doses of MMR vaccine or a blood test for measles.
- Call TONHC (520-383-7200) or Pima County Health Department (520-724-7797) for questions.

