

The Chili Pepper Café

TON Sells Hospital

Week: May 13 - 17, 2019

No substitutions please

Menu posted @ <http://www.tonhc.org>

Please place lunch order by 10 am Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Cauliflower Salad, Wheat Tortilla, Fruit Crisp, Beverage...\$5.00

LUNCH CHOICE 2: Hamburger or Black Bean Burger w/ lettuce, tomato, pickle & onion, Baked Fries, Fruit Crisp or Fruit, Beverage...\$5.00

LUNCH CHOICE 3: Chicken Cobb Salad w/ mixed greens, chicken, egg, bacon, tomato, avocado, green onion & bleu cheese, Wheat Roll or Crackers, Fruit Crisp or Fruit, Beverage...\$5.00

CHOWDER: Broccoli (Vegetarian)...\$1.50

ALA CARTE: Sub Sandwich \$3.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea....\$4.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Ice Cream Sundae, Drink...\$5.

LUNCH CHOICE 2: Grilled Cheese Sandwich, Cup of Soup, Choice of Chips, Ice Cream or Fruit, Beverage...\$5.00

LUNCH CHOICE 3: Summer Salad w/ mixed greens, chicken, black olives, mandarin oranges, cranberries, nuts & chow mein noodles, Sesame Dressing, Ice Cream or Fruit, Beverage.....\$5.00

SOUP: Tomato & Rice (Vegetarian)...\$1.50

ALA CARTE: Roast Beef & Cheddar Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

Please place lunch order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Pineapple Cake, Beverage...\$5.00

LUNCH CHOICE 2: Swiss Spinach Quiche, Steamed Zucchini, Carrot & Raisin Salad, Cake or Fruit, Drink...\$5.00

LUNCH CHOICE 3: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red pepper, parmesan cheese, lemon & croutons, Cake or Fruit, Beverage.....\$5.00

SOUP: Vegetable Barley (Vegetarian)...\$1.50

ALA CARTE: Turkey & Muenster Sandwich...\$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Carrot & Raisin Salad, Wheat Roll, Dessert or Fruit, Drink...\$5

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Cookie or Fruit, Beverage... \$5.00

LUNCH CHOICE 2: Mushroom, Black Bean & Green Chili Melt, Bowl of Soup, Cookie or Fruit, Beverage..\$5.00

LUNCH CHOICE 3: Spinach Salad w/ baby spinach, bacon, egg, red onion, mushroom, & tomato, Wheat Roll or Crackers, Cookie or Fruit, Beverage....\$5.00

SOUP: Minestrone (Vegetarian).....\$1.50

ALA CARTE: Tuna Salad Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert, Beverage....\$5.00

Please place lunch order by 10 am Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$4.00

LUNCH CHOICE 1: Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, TO Style Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage.....\$4.00

LUNCH CHOICE 2: Tuna & Noodles, Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

LUNCH CHOICE 3: Steak Salad w/ mixed greens, beef, tomato, red onion, mushroom, walnuts & Feta cheese, Wheat Roll or Crackers, Dessert or Fruit, Beverage....\$5.00

SOUP: Italian Tortellini (contains pork).....\$1.50

ALA CARTE: Ham & Cheese Sandwich \$3.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Pot Roast w/ Potato, Carrots & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage \$5.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362