

# The Chili Pepper Café

## TON Sells Hospital

Week: May 20-24, 2019

No substitutions please.

Please place your lunch order by 10am.

The Chili Pepper Café now takes debit/credit cards.

*Plea*

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea \$5.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Cream Puffs or Fruit, Beverage...\$5.00

**LUNCH CHOICE 2:** Black Bean and Tortilla Casserole, salsa, green salad, Cream Puff or Fruit, Beverage...\$5.00

**Lunch Choice 3:** Chicken And Apple Salad, mixed greens, chicken, apples, celery, Swiss cheese and pecans, wheat rolls or crackers, fruit or cream puffs, Beverage...\$5.00

**SOUP:** Chipotle Corn (Vegetarian).\$1.50

**ALA CARTE:** Roast beef and Cheddar \$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana 2.50

**DINNER:** Tepary Bean Stew w/ Beef, Mixed Green Salad, Wheat Tortilla, Dessert, Beverage...\$5.00

*Cash only please*

*Tuesday*

*Please place order by 10 am*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Tacos (3) beef or Veggie crumble w/ lettuce, tomato, cheese & salsa, Refried Beans, Banana Cake or Fruit, Beverage \$5.00

**LUNCH CHOICE 2:** Sicilian Rice with Vegetables, Toss salad and wheat roll, Banana Cake or Fruit, Beverage \$5.00

**Lunch choice 3:** Chicken Greek salad, mixed greens, chicken, Kalamata olives, green onions, feta cheese and cucumbers, wheat rolls or crackers, Banana cake or fruit Beverage \$5:00

**SOUP:** Cream of mushroom Soup (Vegetarian).....\$1.50

**ALA CARTE:** Ham & Pepper Jack Sandwich \$2.00 Side Salad \$1.25 Smoothie w/ fruit & banana \$2.50

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, Dessert, Beverage...\$5.00

*Please place order by 10 am*

*Wednesday*

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Brownie or Fruit, Beverage \$5.00

**Lunch Choice 2: Pizza:** Supreme, Veggie and Pepperoni with Toss salad Brownie or fruit, Beverage \$5:00

**Lunch Choice 3:** Chinese Chicken Salad w/ mixed greens, chicken, celery, carrots, walnuts, green onions and sesame seeds, Brownie or fruit Beverage \$5:00

**SOUP:** White Chili with chicken...\$1.50

**ALA CARTE:** Tuna Salad Sandwich...\$2.00 Side Salad: \$1.25 Smoothie w/ fruit & banana \$2.50

**DINNER:** Turkey w/ gravy, stuffing, To spinach, Bell peppers and carrot sticks Salad, Wheat Roll, Dessert, Beverage...\$5.00

*Thursday Please place order by 10 am*

**Breakfast:** Malt o Meal, Scrambled eggs, Canadian Bacon, Wheat Toast, Fruit, Coffee or Tea \$5:00

**Lunch Choice 1:** Roast Pork w/gravy, Baked yams, Green Beans, tossed salad, Wheat Roll Fruit Crisp or Fruit Beverage \$5:00

**Lunch Choice 2:** Fish Tacos Jalapeno Rice, Nopalitos with Tomatoes, Fruit Crisp or Fruit Beverage \$5:00

**Lunch Choice 3:** Black Bean & Tuna Salad w/ mixed greens, tuna, red & yellow peppers, red & green onion, black beans and cilantro, wheat roll or cracker, ,Fruit Crisp or Fruit Beverage \$5.00

Soup: Spicy African Peanut Soup \$1.50

Ala Carte: Turkey and Muenster Sandwich \$2:00 Side salad \$1.25 Smoothie \$2:50

**Dinner:** Swiss Steak, Mashed Potatoes, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll Fruit Beverage \$5:00

*Please place order by 10 am*

*Friday*

**Breakfast:** Malt O meal, Fried Eggs , Pinto Beans with Salsa, Wheat Tortilla, Fruit Coffee or Tea \$5:00

**Lunch Choice 1:** Pot Roast w potatoes, Carrots and Onion, Toss Salad, Wheat Roll, Dessert or Fruit Beverage \$5:00

**Lunch Choice 2:** Tortellini w/ Walnut Sauce, Toss Salad, Wheat Roll Dessert or Fruit Beverage \$5:0

**LUNCH CHOICE 3:** Chef Salad w/ mixed greens, salami, turkey and ham, tomato, egg, carrots, cucumber & 2 cheeses, Wheat Roll or Crackers, or Fruit, Beverage...\$5.00

Soup: Smoky Past & Bean Soup

Ala Carte Egg Salad Sandwich \$2:00 Side Salad \$1.25 Smoothie \$2:50

**Dinner:** Baked Chicken w/ gravy, Quinoa w/ corn TO Spinach, Toss salad, Wheat Roll, Fruit Beverage \$5:00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm**

**To place an order, call 383-7362**

