



Tohono O'odham Nation: Leadership Update 15

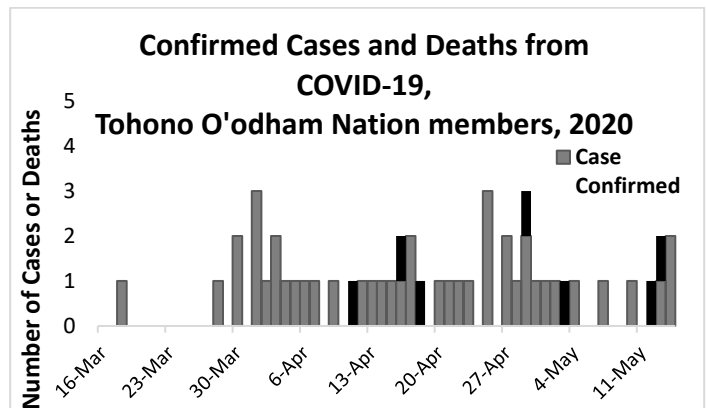
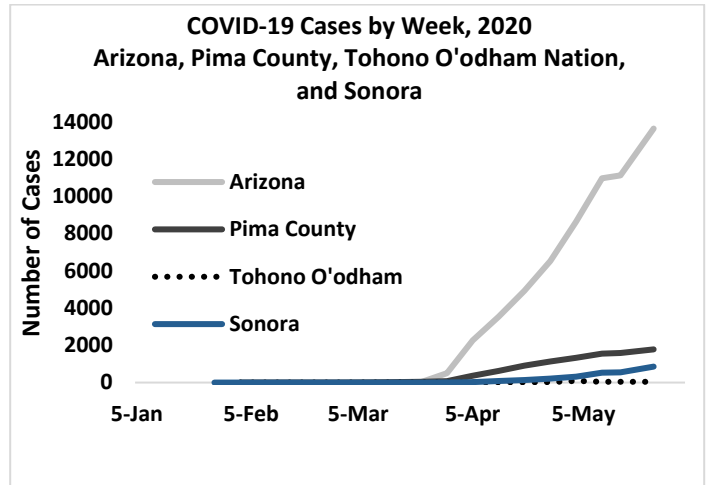
COVID-19 Response Summary

Report for May 15, 2020

This is a rapidly-evolving situation. Information in this report is accurate as of the time sent.

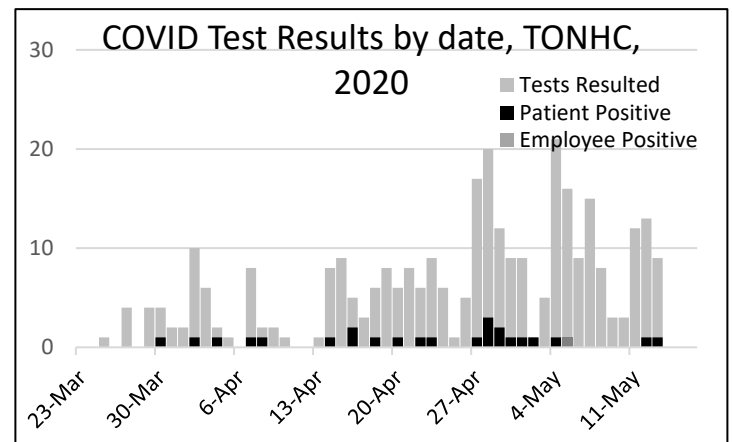
Case Counts and Laboratory Testing.

Location	Cases	Deaths
Worldwide	4,307,287	295,101
USA	1,384,930	83,947
Arizona	13,169	651
Tohono O'odham Nation (15 living on and 22 off the Nation)	43	7
Maricopa	6,821	302
Pima	1,750	155
Navajo	1,177	
Apache	927	
Coconino	823	
Pinal	670	
Mohave	242	
Yavapai	254	
Yuma	310	
Santa Cruz	69	
Cochise	45	
La Paz	36	
Gila	22	
Graham	21	
Greenlee	2	



May 15, 2020: COVID-19 cases identified among TON members=43; 7 deaths

Sex	31 female (76%)
Average age	47.5 years (range=21-87)
Live on the Reservation	15 (36%)
Hospitalized	16/36* (44%)
Serious underlying medical conditions	27/35* (84%)
*data not available for all persons	





Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Tohono O'odham Nation Health Care (TONHC)

COVID-19 Laboratory Testing at TONHC

TONHC total number of COVID-19 testing (as of 5/14/2020) = **363 tests performed**

- **RAPID TESTING available at all TONHC sites:** TONHC is performing rapid testing and results are generally available the same day. If you've been sick with any symptoms within the past three days or have been exposed to someone with known or suspected COVID-19, your doctor may recommend that you get tested. TONHC is scheduling appointments for those who are recommended to get tested. Call your clinic to get more information. These are nasal swabs.
- Blood serology (antibody) testing is beginning to be studied. University of Arizona researchers are looking at how many health care workers test positive. Scientists are studying the significance of this test and whether having antibodies means people have protective immunity.

Public Health Nursing: TONHC Public health nursing conduct contact tracing. Contact tracing, a core disease control measure, is a key strategy for preventing further spread of COVID-19. In contact tracing, public health nursing work with a patient to help them recall everyone with whom they have had close contact during the timeframe while they may have been infectious. To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them. Contacts are provided with education, information, and support to understand their risk, what they should do to separate themselves from others who are not exposed, monitor themselves for illness, and the possibility that they could spread the infection to others even if they themselves do not feel ill.

As of 5/14/2020 a total of 170 individual contact tracings have occurred in the Tohono O'odham Nation.

Telemedicine Visits: TONHC is working on starting telemedicine visits soon. Please stay tuned for more information as TONHC moves forward with this exciting new endeavor.

San Simon Health Center: For pharmacy medications pick up call 520-362-7029 and speak to a pharmacy runner. They will check to see if the medications are ready and when you drive to the clinic to pick up, call 520-362-7029 and the pharmacy runner will bring the medications to your car.

San Simon Health Center is limiting the number of patients entering the clinic to reduce possible exposure. Only the patient who has the appointment will be able to enter the clinic. Only one parent/caregiver per child or patient who needs assistance can enter the clinic.

If you experience any of these signs: cough, fever, chills or night sweats, trouble breathing, nausea, vomiting, diarrhea, loss of taste/smell, sore throat, running/stuffy nose, body aches, extreme fatigue, or headaches please call the clinic 520-362-7078 to see if you need to be tested.

Cloth Face Masks: TONHC has received some donations of cloth face masks. They will be shared with well patients as they enter the clinics. For those that are symptomatic, they will be given a surgical mask to wear.



COVID-19 Response Summary

Mental Health: Includes our emotional, psychological and social well-being, this impacts the way we think, feel and act.

Crisis Lines:

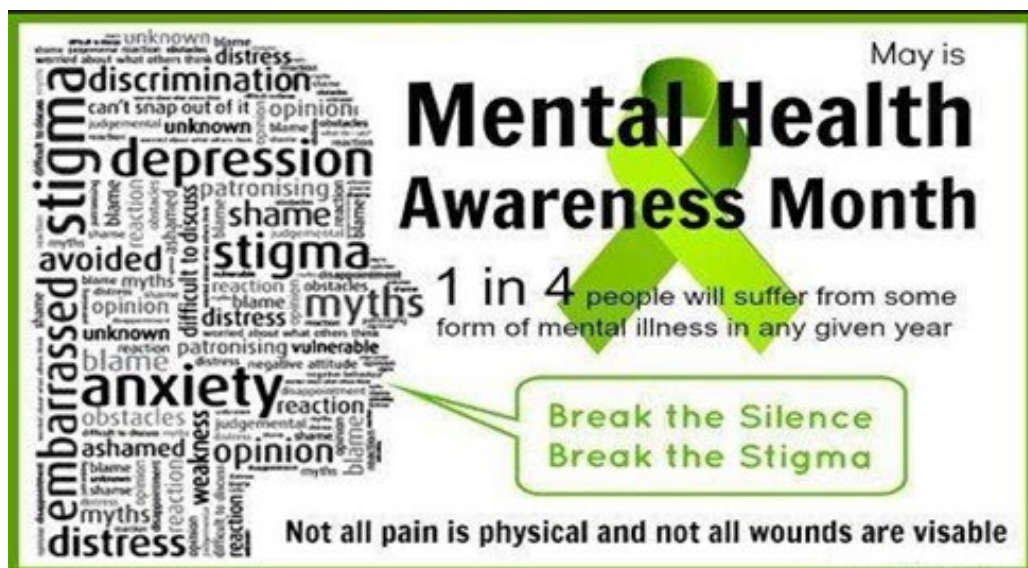
**Pima/Pinal County: TO Nation 24-Hour
Dedicated Line: 1-844-423-8759
Maricopa County: 1-800-763-5093
For Text: Text CONNECT to 741741**

Tribal Warm Line: 1-855-728-8630

Warm Line is an accessible, low-threshold mental health resource that people can use to seek support before they've reached the crisis point, in the hope that support now will prevent crisis later.

Experiencing one or more of the following feelings or behaviors can be an early warning sign of a problem, check in with yourself constantly and please, if you experience early warning signs, reach out for help:

- Eating or sleeping too much or too little
- Pulling away from people and usual activities
- Having low or no energy
- Feeling numb or like nothing matters
- Having unexplained aches and pains
- Feeling helpless or hopeless
- Smoking, drinking, or using drugs more than usual
- Feeling unusually confused, forgetful, on edge, angry, upset, worried, or scared
- Yelling or fighting with family and friends
- Experiencing severe mood swings that cause problems in relationships
- Having persistent thoughts and memories you can't get out of your head
- Hearing voices or believing things that are not true
- Thinking of harming yourself or others
- Inability to perform daily tasks like taking care of your kids or getting to work or school





Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

EXECUTIVE ORDER 2020-04:

On Friday, April 17, 2020 the Tohono O'odham Nation Executive Office issued Executive Order No. 2020-04. The order requires the continuation of partial closure of Nation's programs and departments, as well as continuing the Stay at Home Order. This is for all Nation's residents to stay at home, except for needed medical, health, safety, and food for themselves or their family members. Curfew also continues from 9 pm through 6 pm. This order is extended until **JUNE 4, 2020**. The Tohono O'odham Police Department will be directed to issue citations to those in violation of the order.

Isolation and quarantine are extremely important during this time because it will help limit the spread of COVID-19 disease. If a provider or someone from Public Health tells you to stay home, please listen and abide by the Stay at Home Order. If people don't listen, there is an increased chance that more people will get sick.

Together as a Nation, we can protect ourselves and our communities from getting and spreading COVID-19. Everyone has a role to play in getting ready and staying healthy. If we all do our part, we can limit the spread of COVID-19 on the Tohono O'odham Nation.

Keeping Healthy

As Arizona begins the transition on resuming business operations, community members need to take additional precautions to keep one another safe and healthy. Everyone will be expected to continue to abide by the Tohono O'odham Nation Stay at Home Order. ***As restrictions begin to loosen we need to continue to practice social distancing and limit travel for essential purposes only.***

What to Know About Physical (Social) Distancing

- To reduce the risk of catching COVID-19, people should limit their travel outside their home when possible and maintain 6 feet of distance between them and others from outside their household.
- COVID-19 is a disease that is "droplet spread." It passes through the droplets created when infected people cough, sneeze, or undergo certain medical procedures that create droplets or fine mist.
- Avoid unnecessary physical contact with others. Consider adopting other ways of greeting friends/family.
- If you wear a cloth face covering, you should still continue to maintain 6 feet of distance between yourself and others.
- Physical distancing does not have to equal emotional isolation. Video chat, outdoor walks at a safe distance from others, phone calls, and small group activities are fine.



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Can COVID-19 Spread in the Water?



According to the latest guidance from the CDC, there is no evidence suggesting that the virus that causes COVID-19 can spread through water in pools, hot tubs, spas, or water play areas.

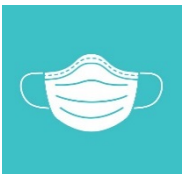
Ways to Protect Yourself



If you're at higher risk of getting the virus (adults age 65+ and/or people with serious underlying medical conditions), you're advised to stay home as much as possible. For those who do visit reopened businesses and public places, you should take the following precautions:

- Stay at least six feet away from others
- Consider [wearing a cloth face covering](#) if you cannot maintain at least six feet of distance between yourself and others while out
- Do not touch your eyes, nose, or mouth
- When leaving, use hand sanitizer
- When home, wash your hands with soap and water for at least 20 seconds

Face Coverings



It is very important that all community members wear a face mask. Please continue to wear masks and cover your nose and mouth when in public and around others. As Arizona begins to return to business as normal, it is now more important than ever to wear a face mask while in public. Cloth face masks offer an added layer of protection against COVID-19.



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

What's Happening Elsewhere

ARIZONA

NEW - Updated Arizona recommendations are listed below:

- On May 12, 2020, Governor Doug A. Ducey announced at his press conference that Arizona's *Stay Home, Stay Healthy, Stay Connected* Order will be **ending on Friday, May 15, 2020**.
 - This will be replaced by new guidance for the next stage of economic recovery. The new guidance aligns with gating criteria that was issued by the White House and CDC and aims to mitigate the risk of COVID-19 resurgence, protect vulnerable populations, and guide the reopening of businesses with enhanced physical distancing and safety measures in place.
- New Guidance for:
 - [Pools](#), with physical distancing and enhanced sanitation - can reopen Wednesday, May 13, 2020
 - [Gyms & Fitness Providers](#), with physical distancing and enhanced sanitation - can reopen Wednesday, May 13, 2020
 - [Spas](#), with physical distancing and enhanced sanitation - can reopen Wednesday, May 13, 2020
- Arizona continues to host an *Arizona Testing Blitz for COVID-19* on May 16. Testing sites are located throughout Arizona. For more information visit: www.azhealth.gov/TestingBlitz
- Arizona Poison Control Number for Provider and Public Calls for COVID-19: **1-844-542-8201**
- For Food, Housing & Employer Resources, dial **2-1-1**

USA

- Nationally, the percentages of laboratory specimens testing positive for SARS-CoV-2 decreased compared to last week. (<https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html>)
- The United States continues to lead the number of confirmed cases worldwide.



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Unified Command

Current and Planned Objective(s):

- In partnership with key stakeholders, develop, implement, and update plans/processes/protocols for gradually and strategically returning the workforce and reopening of businesses while protecting public health and slowing the spread of COVID-19.
- Maintain global, national, and state situational awareness of COVID-19 outbreak impacts and any surge in cases that might come from the border environment.
- Develop, Implement, Update plans for Alternate Care Sites (ACS) Tier I (non-congregate) Tier II (congregate) facilities to increase the capacity for housing potential COVID-19 positive patients. Low level medical needs.
- Develop, Implement, Update processes, procedures, and or policies to support policy decision making authority for the Unified Command and stakeholders
- Maintain continuous coordination with TON-HC Hospital and Clinic locations for operational support thru the Unified Command
- Maintain operational communications with internal and external stakeholders
- Integrate best practices and up-to-date safety guidance for the first responder community, healthcare/medical community, and supporting personnel
- Ensure the continuous inventory and accountability of available Personal Protective Equipment (PPE) across the Unified Command and distribute to those that are assigned or performing in disciplines that require PPE protection
- Establish consistent community messaging and education to internal/external stakeholders
- Maintain an up-to-date financial and cost analysis of incident-related expenditures and provide updates to senior leadership

Command Emphasis:

- Maintain Unified Command between DPS, TON-HC, and TODHHS
- Ensure the accountability of deployed personnel/equipment that receive work assignments thru the EOC
- Keep the Policy Group and senior leadership adequately informed
- Sustain an operational battle rhythm, to include Planning P methodologies, Incident Action/Coordination/Support Planning
- Ensure timely processing and documentation of resource requests using the EOC resource ordering on a 213-RR and submitted via eoc@tonation-nsn.gov for review/approval
- Acknowledge that in addition to the COVID-19 pandemic public safety will still need to coordinate response to day-to-day (LE, Fire, EMS)
- Develop COVID-19 situational awareness of impacts, response actions, and gap analysis for effective support
- Build response organization common operating picture for support and coordination being provided throughout the EOC
- Coordinate unified public messaging with all partner agencies
- The Unified Command must acknowledge and recognize sensitive political, legal, and security issues and develop strategies and procedures to help establish: lines of authority, accountability procedures, personnel relief and rehabilitation, situational awareness, environmental conditions
- Avoid "tunnel vision"; stress causes people to focus narrowly on the things they consider most important and it may be the wrong thing for the given time.



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Strategic Actions:

- Task Force Group 3: The Unified Command and Team Rubicon continue with planning efforts for the establishment of a Congregate Alternate Care Site at the San Xavier Recreation Center. Team Rubicon conducted a third class to manage the facility.
- Unified Command continues to develop resources in assisting with funeral arrangements. Multiple Hand Sanitizer Stations have been created and ready for usage. Districts officials have been instructed to submit resource request through their Liaison.

Public Information:

- Social Media: Free Testing Post
- Social Media: Self-Care Precautions (O'odham Commands)
- PSA: Nurses Week Thank You
- PSA: COVID-19 Executive Orders
- Project: Interviews for upcoming campaign
- Project: Cloth Face Masks Donations
- Media: Printing



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Community Lifelines:

On Wednesday, May 13, 2020 the Unified Command conducted the eighth food distribution for Districts. The distribution included the following contents:

8th Distribution - COVID 19 - 05/13/20		
Shamrock - 11 DISTRICTS		
Item Description	Unit	Quantity Distributed
LUNCH MEAT, SPAM LS	12/12/OZ	3
SHORTENING, SOLID ALL VEG ZTF	6/6/LB	1
DRINK MIX, GRAPE	12/24/OZ	2
POTATO, BAKER 70CT IDAHO	1/50/LB	3
BEAN, PINTO PREWASHED	1/50/LB	2
RICE, LONG GRAIN WHT 4% BRKN	1/50/LB	2
DRINK MIX, ORANGE	12/24/OZ	2
BREAD, WHITE ROUNDTOP 1/2" BKD FZN	14/20/OZ	2
TISSUE, BATH CORELESS 2PLY	36/1000/PK	1
LID, PLS DELI RND 6Z-32Z TRANS	1/500PK	6 sleeves
CONTAINER, PLS DELI RND 32Z CLR	20/25/PK	6 sleeves
CONTAINER, PLS DELI RND 16Z CLR	10/50/PK	3 sleeves
EGG, FRESH MED AA LOOSE 1/2 CS	1/15/DZ	2
CHEESE, AMER SLI 120CT	4/5/LB	2
CHEESE, ACHDR MILD SHRD	4/5/LB	2
MILK, 1% ORGANIC UHT SHELF STABLE	18/8/OZ	1
MILK, CHOC 1% ORGANIC UHT SHELF STABLE	18/8/OZ	1
BLEACH, LG 6.15% FOOD SRV EPA	4/96/OZ	1
CLEANE, AP ORNG RT	6/32/OZ	1

Personal Protective Equipment:

Current inventory of all equipment as of Friday, May 15, 2020.










Personal Protective Equipment Inventory	
Item Description	Cases/Boxes/Count
Gloves Medium - Brady	50/10/100CT
Gloves Large - Brady	46/10/100CT
Gloves Small Nitrile	7/10/100CT
Gloves Medium Nitrile	8/10/100CT
Gloves Large Nitrile	9/10/100CT
Gloves XL Nitrile	7/10/100CT
KN95 Masks	241/1/5CT
N95 Masks	800CT
Surgical Masks	2,700CT
Face Shields	1,400CT
Goggles	350CT
Coveralls	94CT
Surgical Gowns	200CT



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Weather:

Tonight	Saturday	Saturday Night	Sunday	Sunday Night	Monday	Monday Night	Tuesday	Tuesday Night
								
Clear	Sunny	Clear	Sunny	Clear	Sunny	Mostly Clear	Sunny then Sunny and Breezy	Clear
Low: 59 °F	High: 95 °F	Low: 62 °F	High: 97 °F	Low: 62 °F	High: 98 °F	Low: 62 °F	High: 94 °F	Low: 54 °F

Tonight: Clear, with a low around 59. West wind 5 to 9 mph becoming east southeast after midnight.

Saturday: Sunny, with a high near 95. Light and variable wind becoming west southwest 5 to 9 mph in the afternoon.

Saturday Night: Clear, with a low around 62. West wind 5 to 9 mph becoming light and variable.

Sunday: Sunny, with a high near 97. South southeast wind 5 to 15 mph becoming southwest in the afternoon.

Sunday Night: Clear, with a low around 62. South southeast wind 6 to 11 mph.

Monday: Sunny, with a high near 98.

Monday Night: Mostly clear, with a low around 62.

Tuesday: Sunny, with a high near 94. Breezy.

Tuesday Night: Clear, with a low around 54.

Wednesday: Sunny, with a high near 87.

Wednesday Night: Clear, with a low around 54.

Thursday: Sunny, with a high near 92.

Thursday Night: Clear, with a low around 58.

Friday: Sunny, with a high near 93.



Tohono O'odham Nation: Leadership Update 15

COVID-19 Response Summary

Useful Links

- [Coronavirus - TONHC](#)
- [CDC Website](#)
- [AZ Department of Health Services](#)
- [Pima County Health Department](#)
- [Maricopa County Resources](#)
- [Use Cloth Face Coverings to Help Slow Spread | CDC](#)
- [COVID-19 Projections for Arizona](#)
- [Tips for Health and Wellness for Elders](#)
- [Caring for Elders During COVID-19](#)
- [Considerations for Shopping & Running Errands](#)
- [Stress and Coping during COVID-19](#)

Local Hotline available
Monday – Friday 8:00 am – 5:00 pm

1-888-852-7022

State Hotline available 24 hours,
7 days a week

1-844-524-8201