

How long to stay home when you are sick with COVID-19

STAY HOME AND AWAY FROM OTHERS UNTIL:

1

Fever free for at least 3 days (72 hours), without the use of a fever-reducing medication

AND

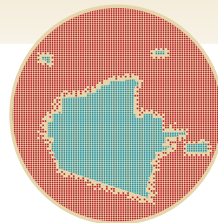
2

Other symptoms, such as cough and shortness of breath, have improved

AND

3

At least 10 days have passed since symptoms first started.



Everyone should prevent the spread of COVID-19 by:

Washing hands frequently with soap and water for at least 20 seconds, or using a hand sanitizer with at least 60% alcohol

Covering your cough with a tissue or your elbow

Wearing a cloth face covering, if it can be safely managed

Cleaning and disinfecting frequently touch objects and surfaces

