

The Chili Pepper Café

TON Sells Hospital

Week: September 7 -September 11, 2020
No substitutions please

Please place lunch order by 10 am Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea...\$5.00

LUNCH CHOICE 1: Tepary Bean Stew w beef, Mixed Green Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$5.00

ALA CARTE: Sandwich...\$2.00 Side Salad...\$1.25 Smoothie...\$2.50

DINNER: Meatloaf, Mashed Potatoes w gravy, Carrots, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Angel Food Cake or Fruit, Beverage...\$5.00

LUNCH CHOICE 2: Tofu, Vegetable, and Curry Stir Fry, Coconut rice, Toss Salad, Angel Food Cake or Fruit, Beverage...\$5.00

LUNCH CHOICE 3: Chicken Apple Salad w mixed greens,, chicken, celery, walnuts, gala and granny smith apples and Swiss cheese, Wheat Roll or Crackers, Angel Food cake or Fruit, Beverage.....\$5.00

SOUP: Spicy African Peanut Soup (Vegetarian)...\$1.50

ALA CARTE: Egg Salad Sandwich.... \$2.00 Side Salad.... \$1.25 Smoothie... \$2.50

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, or Angel Food Cake or Fruit, Beverage\$5.00

Please place lunch order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Toss Salad, Wheat Tortilla, Chocolate Cream Pie or Fruit, Drink...\$5:00

LUNCH CHOICE 2: Jalapeno Quiche, Steamed Zucchini, Toss Salad, Chocolate Cream Pie or Fruit, Beverage... \$5.00

LUNCH CHOICE 3: Caribbean Chicken Salad w mixed greens, chicken, black beans, tomatoes, pineapple, Chocolate cream pie or Fruit, Beverage.....\$5.00

ALA CARTE: Turkey and Swiss Sandwich...\$2.00 Side Salad....\$1.25 Smoothie....\$2.50

DINNER: Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Carrot & Raisin Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Fruit crisp or Fruit, Beverage..\$5:00

LUNCH CHOICE 2: Monte Cristo Sandwich, French Fries, Tomato & Cucumber Salad, Fruit Crisp or Fruit, Beverage..\$5.00

LUNCH CHOICE 3: Steak salad w/ mixed greens, beef, tomatoes, red onion, mushrooms, walnuts, and Feta cheese, Fruit Crisp or Fruit, Beverage....\$5.00

SOUP: Ranchera Soup with Chicken.....\$1.50

ALA CARTE: Ham & Pepper Jack Sandwich ...\$2.00 Side Salad... \$1.25 Smoothie....\$2.50

DINNER: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert, Beverage....\$5.00

Please place lunch order by 10 am Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, TO Style Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage.....\$5.00

LUNCH CHOICE 2: Pineapple & Black bean Enchiladas, Jalapeno Rice. Mixed Green Salad, Dessert or Fruit, Beverage...\$5.00

LUNCH CHOICE 3: Tuna and Black bean Salad w mixed greens, tuna, red and yellow peppers, red onion , green onions, black beans, cilantro, cumin dressing, Wheat Roll or Crackers, Dessert or Fruit, Beverage....\$5.00

ALA CARTE: Roast beef and cheddar cheese Sandwich.\$2.00 Side Salad....\$1.25 Smoothie....\$2.50

DINNER: Pot Roast w/ Potato, Carrots & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage \$5.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362

