

The Chili Pepper Café

TON Sells Hospital

Week: Oct. 12 - 16, 2020

No substitutions please

Menu posted @ <http://www.tonhc.org>

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll, Banana Cake or Fruit, Drink... \$5

LUNCH CHOICE 2: Grilled Corn, Black Bean & Red Pepper Quesadilla, Salsa, Tossed Salad, Cake or Fruit, Beverage.....\$5.00

LUNCH CHOICE 3: Chicken Cobb Salad w/ greens, bacon, chicken, egg, avocado, tomato, green onion & bleu cheese, Wheat Roll or Crackers, Cake or Fruit, Beverage ...\$5.00 *Chicken sub product is available*

SOUP: Vegetable....\$1.50

ALA CARTE: Roast Beef & Cheddar Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$5.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Beverage...\$5.00

LUNCH CHOICE 2: Grilled Cheese Sandwich, Cup of Soup, Choice of Chip, Cookies or Fruit, Beverage....\$5.00

LUNCH CHOICE 3: Summer Salad w/ greens, chicken, black olives, cranberries, mandarin oranges, walnuts, chow mein noodles, Sesame Dressing, Cookies or Fruit, Beverage....\$5.00 *Chicken sub product is available.*

SOUP: Tomato & Rice (vegetarian)\$1.50

ALA CARTE: Ham & Provolone Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll Dessert or Fruit, Beverage...\$5.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: : Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Brownie or Fruit, Beverage.....\$5.00

LUNCH CHOICE 2: Pineapple & Black Bean Enchilada, Jalapeno Rice, Carrot & Raisin Salad, Brownie or Fruit, Drink....\$5.00

LUNCH CHOICE 3: Chicken Caesar Salad w/ greens, chicken, black olives, bell pepper, lemon, croutons & Parmesan cheese, Brownie or Fruit, Beverage...\$5.00 *Chicken sub product available*

SOUP: Ranchera (contains chicken)....\$1.50

ALA CARTE: Egg Salad Sandwich...\$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Carrot & Pineapple Salad, Wheat Roll,, Dessert or Fruit, Drink..\$5.

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Chocolate Pie or Fruit, Beverage...\$5.00

LUNCH CHOICE 2: Tortellini Primavera, Mixed Vegetables, Tomato & Cucumber Salad, Garlic Toast, Pie or Fruit, Drink...\$5.

LUNCH CHOICE 3: Antipasto Salad w/ greens, salami, tomato, cucumber, artichoke, red onion, broccoli, & fresh Mozzarella cheese, Wheat Roll or Crackers, Pie or Fruit, Beverage...\$5.00 *Chicken sub product available*

SOUP: Italian Sausage\$1.50

ALA CARTE: Sub Sandwich \$3.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll Dessert, Beverage....\$5.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$5.00

LUNCH CHOICE 1: Baked Airline Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$5.00

LUNCH CHOICE 2: Mahi Tacos (2) w/ Avocado Lime Slaw, Spanish Rice, Tossed Salad, Dessert or Fruit, Beverage.....\$5.00

LUNCH CHOICE 3: Chicken Clubhouse Salad w/ greens, chicken, bacon, green onion, tomato, cucumber, carrot & cheddar cheese, Wheat roll or Crackers, Dessert or Fruit, Beverage.....\$5.00

SOUP: Ham & Bean....\$1.50

ALA CARTE: Turkey & Muenster Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage ...\$5.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362