

# The Chili Pepper Café

## TON Sells Hospital

Week: November 16 - 20, 2020

No substitutions please

Menu posted @ <http://www.tonhc.org>

**The Chili Pepper Café is closed to the Public until further notice.**

*Please place lunch order by 10 am @7362* **Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Fruit Crisp or Fruit, Beverage....\$5.00

**LUNCH CHOICE 2:** Fish Tacos(2) w/ Black Bean Slaw, Jalapeno Rice, Crisp or Fruit, Beverage...\$5.00

**LUNCH CHOICE 3:** Salad w/ greens, beef, tomato, red onion, mushroom, nuts & Feta cheese, Wheat Roll or Crackers, Cake or Fruit, Beverage.....\$5.00

**SOUP:** Smoky Pasta (contains bacon).....\$1.50

**ALA CARTE:** Turkey & Swiss Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Beets, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$5.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf Salad, Wheat Roll, Brownie or Fruit, Beverage...\$5.

**LUNCH CHOICE 2:** Vegetable & Black Bean Quesadilla, Salsa, Waldorf Salad, Brownie or Fruit, Beverage...\$5.00

**LUNCH CHOICE 3:** Chef Salad w/ greens, turkey, ham, salami, egg, carrot, cucumber, tomato & Cheddar cheese, Vinaigrette, Wheat Roll or Crackers, Brownie or Fruit, Beverage.....\$5.00

**SOUP:** Ranchera (contains chicken) ....\$1.50

**ALA CARTE:** Ham & Provolone Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

**DINNER:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Dessert or Fruit, Beverage...\$5.

*Phone in orders to x7362*

**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg w/ Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea...\$5.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Cookies or Fruit, Beverage....\$5.00

**LUNCH CHOICE 2:** Red Chili w/ beef or Veggie Crumble Red Chili Popover, Carrot & Raisin Salad, Cookies or Fruit, Drink...\$6.

**LUNCH CHOICE 3:** Chicken & Black Bean Salad w/ greens, chicken, black beans, tomato, carrot, green onion, cheddar & pepper jack cheese, wheat roll or crackers, Cookies or Fruit, Beverage....\$5.00

**SOUP:** Broccoli Swiss (Vegetarian)

**ALA CARTE:** Tuna Salad Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

**DINNER:** Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Carrot & Pepper Salad, Wheat Roll, Dessert, Beverage...\$5.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pie or Fruit, Beverage....\$5.00

**LUNCH CHOICE 2:** Rubeen Sandwich, Choice of Chip, Cup of Soup, Pie or Fruit, Drink....\$5.

**LUNCH CHOICE 3:** : Summer Salad w/ greens, chicken, black olives, cranberries, mandarin oranges, walnuts & chow mein noodles, Pie or Fruit, Beverage....\$5.00

**SOUP:** Minestrone (vegetarian) ....\$1.50

**ALA CARTE:** Roast Beef & Pepper jack Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

**DINNER:** Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert, Beverage....\$5.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$5.00

**LUNCH CHOICE 2:** Hamburger or Black Bean Burger w/ lettuce/tomato/pickle/onion, Baked Fries, Dessert or Fruit, Drink...\$5.

**LUNCH CHOICE 3:** Greek Chicken Salad w/ greens, chicken, Kalamata olives, cucumber, green onion & Feta cheese, Wheat Roll or Crackers, Dessert, Beverage...\$5.00

**SOUP:** Vegetable.....\$1.50

**ALA CARTE:** Egg Salad Sandwich \$2.00 Side Salad \$1.25 Smoothie \$2.50

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage .....\$5.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm Phone in orders to x7362**