Tohono O'odham Nation Health Care (TONHC)
COVID-19 Situation Update: May 26, 2021
T-Ñukuda Ha'icu Cihañig

This is a rapidly evolving situation. Information is based upon data as of May 26, 2021 at 7:00 and may change as more data becomes available.

COVID-19 Data among Members of Tohono O'odham Nation (TON)

Total Cases	New Cases This Week	TONHC Percent Positive Tests This Week*	Deaths **
1,789	3	2%	79

May 26, 2021: TONHC COVID-19 Vaccination Program is currently in Phase 1A – 1C

Number of people fully vaccinated	Total Doses Given to date	Points of Distribution (PODs) Completed	PODs Open This Week
7,400	15,263	130	5

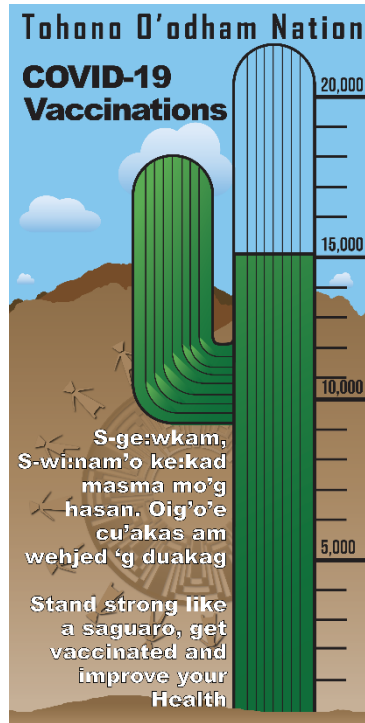## What's New?

COVID-19 Vaccine Updates
On May 21 TONHC began offering Pfizer Covid-19 vaccine to children ages 12-17 years. Parents and guardians are encouraged to ask about COVID-19 vaccines to help kids get back-to-school safely. TONHC offers vaccinations with Moderna or J&J/Janssen vaccines to all adults. All FDA-authorized vaccines are recommended to prevent COVID-19. Ask your health providers about vaccination.

Tohono O'odham Nation Continues to Require Mask Wearing
People on the Nation should continue to wear masks to prevent serious illness and deaths from COVID-19. Vaccination rates on the TON are currently behind the general US population by over 10%. Although the CDC has recently issued new guidelines easing the use of masks, Tohono O'odham Nation continues to require mask wearing in public per TON Executive Order No. 2020-09, even for fully vaccinated persons.

Clinic Entry Screening Protocols
TONHC will continue to ask all persons entering clinic buildings about illness symptoms, but has discontinued the use of temperature checks because lack of fever has not been shown to be a reliable marker to detect COVID-19 infection.

Tohono O'odham Nation COVID-19 Vaccinations

S-ge:wkam, S-wi:nam'o ke:kad masma mo'g hasan. Oig'o'e cu'akas am wehjed 'g duakag

Stand strong like a saguaro, get vaccinated and improve your Health

Positive COVID-19 Cases

	Enrolled Member of Tohono O'odham Nation	Enrolled Member of Another Tribe or Other	Total
Residing within Boundaries of TON	1221	46	1267
Residing outside Boundaries of TON	568	252	820
Total	1789	298	2087

*Includes non-TON members tested at TONHC
**Deaths include non-tribal community member

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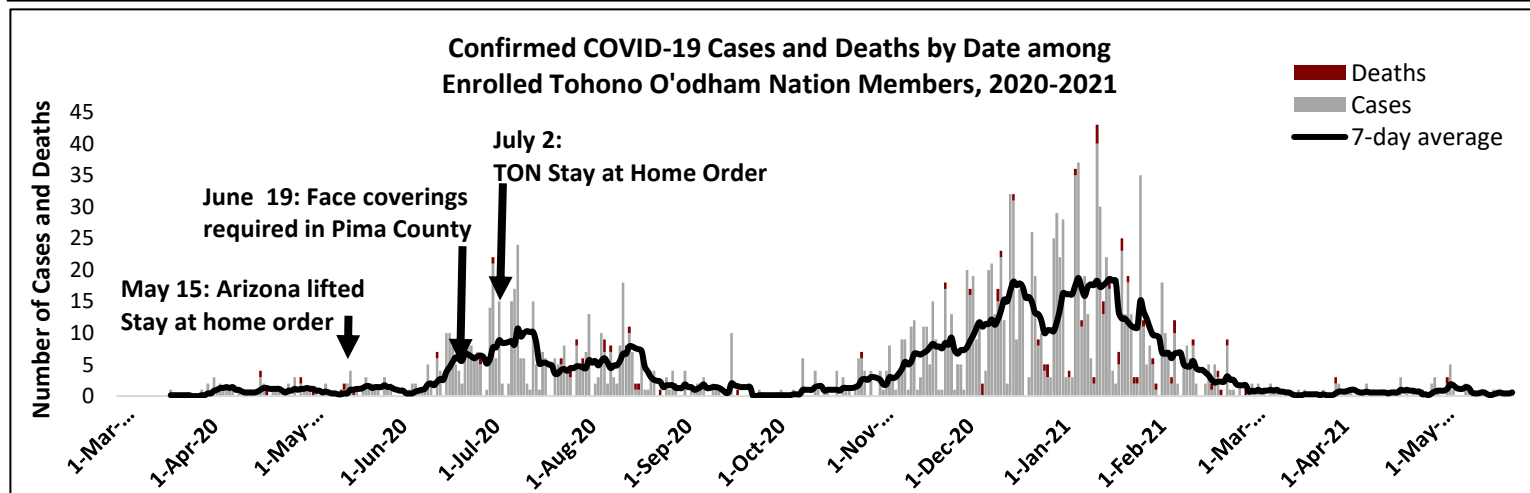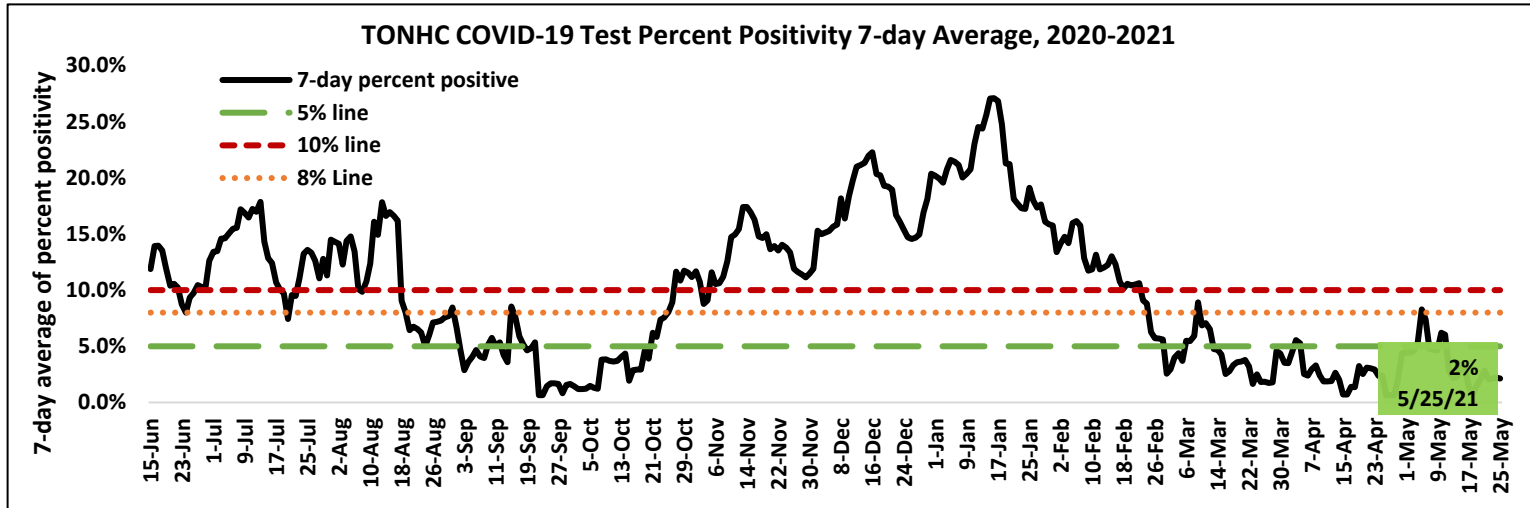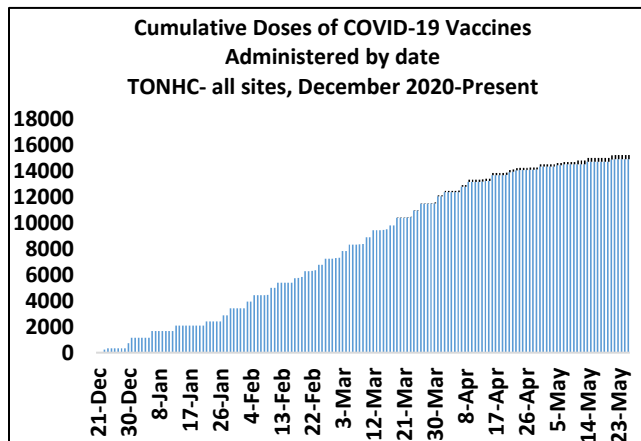**Wear a mask, physically distance, and wash your hands to protect Tohono O'odham Nation**

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	Completed COVID-19 Vaccine Series		At Least 1 COVID-19 Vaccine Administered		Population
	Percent (%)	(n)	Percent (%)	(n)	(n)
US Population over 18 years**	50%		61%		
American Indian/Alaska Native	36%	5,864	40%	6,540	16,483*
Tohono O'odham Nation Member	38%	4,768	43%	5,308	12,409†

* American Indian/Alaska Native, vaccine eligible ages 18 years and older, at least one visit at Tohono O'odham Nation Health Care in last 3 years
†Enrolled Tohono O'odham Nation Tribal member, vaccine eligible ages 18 years and older, at least one visit at Tohono O'odham Nation Health Care in last 3 years
**CDC | Data as of: May 19, 2021 6:00am ET. Posted: Wednesday, May 19, 2021 1:45 PM ET

	Enrolled Member of TON	Pima County	AZ
Total Cases	1789	116,417	878,338
Number of cases in last 7 days	3	323	3,733
Incidence Rate last 7 days (per 100,000)	15	37	56
Cumulative Incidence Rate (per 100,000)	9,353	11,144	12,218
Number Deaths	72	2,410	17,576
Deaths (% of total cases)	4%	2%	2%
Number Hospitalized	244	7,156	61,425
Hospitalized (% of total cases)	14%	6%	7%

Cumulative Doses of COVID-19 Vaccines Administered by date TONHC- all sites, December 2020-Present

TONHC COVID-19 Test Percent Positivity 7-day Average, 2020-2021

Confirmed COVID-19 Cases and Deaths by Date among Enrolled Tohono O'odham Nation Members, 2020-2021

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COVID-19 Vaccination Points of Dispensing (PODs) in TON

TONHC is offering the Moderna and J&J/Janssen vaccine to adults 18 years and older, and the Pfizer vaccine for children ages 12-17. TONHC follows guidelines from the Centers for Disease Control and Prevention and Arizona Department of Health Services (ADHS) to vaccinate in phases. ADHS distributes vaccines to health jurisdictions, including Tohono O'odham Nation, based on population. TONHC vaccinates at points of dispensing (PODs) at Sells Hospital, San Xavier, San Simon, and Santa Rosa Health Centers, and at scheduled District events. Call TONHC to get information on how and when to get vaccinated.

COVID-19 Vaccine is currently available through TONHC to members of the Tohono O'odham Nation and other tribes in Phases 1A, 1B, and 1C eligible groups:

- Tohono O'odham Nation members or other American Indian/Alaska Native Tribes regardless of employment status or medical diagnoses (photo ID, tribal ID preferred)
- Non-Native persons who work with or live on the Tohono O'odham Nation (bring employee ID or letter from supervisor stating your name, employer, and occupation)
- Non-Native persons who reside in a household with a tribal member (bring proof of residence)
- Must be 12-17 years for Pfizer vaccine or at least 18 years for Moderna and J&J/Janssen vaccines

Vaccine PODs (Points of Dispensing)

TONHC continues to vaccinate through scheduled PODs. District/Community PODs continue, with the next scheduled POD taking place at Sif Oidak District on May 27. TONHC Public Health Nursing, TON-HHS Community Health Representatives and TON Unified Command appreciate the support of the District PODs and encourage members who plan to receive the vaccine attend the POD when it arrives to their district. **The following District/Community PODs are currently scheduled:**

COVID-19 Vaccine Doses administered by date TONHC All Sites, Dec 2020-Present

- **May 27: Thursday: Sif Oidak District: District Office, 9 am - 1 pm**
- **June 8, Tuesday: For O'odham in Mexico at Why, AZ at the DHHS Trailer across from the Desert Diamond Casino, 9 am – 1 pm**

Safety is a priority; we have medical providers onsite at all times and infection control monitors. Moderna vaccine requires an injection into the upper arm, with a booster shot four weeks later. Janssen vaccine requires one injection into the upper arm, with no booster needed.

COVID-19 Vaccine types

Currently, Pfizer, Moderna, and Johnson & Johnson (Janssen) vaccines have Emergency Use Authorization (EUA) in the USA. TONHC currently uses Moderna and J&J/Janssen vaccines for adults and the Pfizer vaccine for children ages 12-17. These vaccine brands are shown to be safe and effective to prevent COVID-19 infection and most importantly, prevent very serious cases.

New CDC Guidelines for vaccinated persons in the general public (excludes healthcare and group living situations)

Vaccinated persons exposed to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following:

- Are fully vaccinated (over 2 weeks after the 2nd dose in a 2-dose series, or ≥2 weeks after one dose of a single-dose vaccine)
- Have been without symptoms since the COVID-19 exposure
- All persons should continue mask wearing and physical distance, even after vaccination
- COVID-19 positive persons should isolate for 10 days, even from vaccinated persons.

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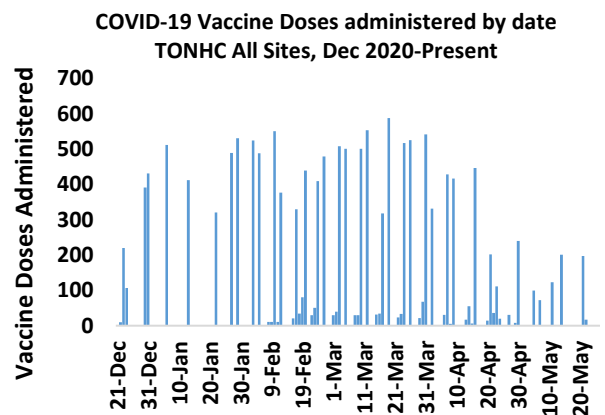
COVID-19 Brief

	Enrolled Member of Tohono O'odham Nation	Enrolled Member of Another Tribe or Other	Total
Residing within Boundaries of Tohono O'odham Nation	1221	46	1267
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Cumulative Incidence Rate per 100K by County

10,603	12,122	14,546	15,876
8,257			
11,202		12,560	
	12,558	11,566	14,591 / 5,533
16,185	11,144	9,216	
15,107			

Confirmed COVID-19 Cases and Deaths by Date among Enrolled Tohono O'odham Nation Members, 2020-2021

Legend: Deaths, Cases, 7-day average

Annotations on chart:
- May 15: Arizona lifted Stay at home order
- June 19: Face coverings required in Pima County
- July 2: TON Stay at Home Order

Weekly test percent positivity is calculated using the day tests were performed and 6-days prior (7-day detected "positive" results)/(7-day total tests performed) x 10

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14,418 COVID-19 Tests Performed at TONHC

Tohono O'odham Nation COVID-19 Positive Case Information

	Enrolled Member of Tohono O'odham Nation	Enrolled Member of Another Tribe or Other	Total
Residing within Boundaries of Tohono O'odham Nation	1221	46	1267
Residing outside Boundaries of Tohono O'odham Nation	568	252	820
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1,789 members of the Tohono O'odham Nation have tested positive* for COVID-19 (as of 5/26/2021 at 7:00). On 5/19/2021, there were 1,786. This represents a less than **1%** increase over the last week. [†] The number of positive cases is **25x** the number 50 weeks ago (72 on 6/9/2020).

1,221 members of the Tohono O'odham Nation who tested positive reside in the Tohono O'odham Nation. On 5/19/2021, there were 1,219. This represents a less than **1%** increase[†] over the last week. The number of persons who reside in the Tohono O'odham Nation and tested positive for COVID-19 is **51x** the number 50 weeks ago (24 cases on 6/9/2020).

- **1,110** members (62%) are recovering (among members of the Tohono O'odham Nation)[¶]
- **72** deaths among members of the Tohono O'odham Nation and **7** members of another tribe.
- 3 deaths in hospital in Tohono O'odham Nation, 69 in hospitals outside the Tohono O'odham Nation.

*COVID-19 positive result means COVID-19 test result of "detected"
[†]Defined as percentage change (most recent number – previous number)/previous number * 100
[§]Absolute change in cumulative case count is the number of cumulative cases through week 2 subtracted from the number of cumulative cases through week 1, |week2 – week1|
[¶]Recovering is defined as having diagnosis/symptom onset 14-days ago, improving, and no longer hospitalized

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Confirmed COVID-19 Cases and Deaths by Date among Enrolled Tohono O'odham Nation Members, 2020-2021

Legend:
- Deaths
- Cases
- 7-day average

May 15: Arizona lifted Stay at home order

June 19: Face coverings required in Pima County

July 2: TON Stay at Home Order

Y-axis: Number of Cases and Deaths (0 to 45)

X-axis: 1-Mar-20, 1-Apr-20, 1-May-20, 1-Jun-20, 1-Jul-20, 1-Aug-20, 1-Sep-20, 1-Oct-20, 1-Nov-20, 1-Dec-20, 1-Jan-21, 1-Feb-21, 1-Mar-21, 1-Apr-21, 1-May-21

7-day average is the average of cases for that day and the 6-days prior

Region of Residence for COVID-19 Cases among Members of the Tohono O'odham Nation

Donut chart values: 68%, 24%, 2%, 1%, 2%, 1%

Legend:
- Casa Grande
- Coolidge
- Florence
- Phoenix
- Tohono O'odham
- Tucson
- Gila Bend
- Pinal
- Ajo
- Mexico
- Eloy
- Maricopa
- Pima
- Sahuarita
- Marana
- Red Rock
- Tempe
- Lukeville
- Pascua Yaqui

Some areas are less than 1%

Age Distribution of COVID-19 Cases among Tohono O'odham Members, 2020-2021

Age Group	Percent, Number
65 years and older	10%, 184
55 to 64 years	10%, 175
45 to 54 years	14%, 251
20 to 44 years	42%, 746
15 to 19 years	8%, 145
10 to 14 years	6%, 115
5 to 9 years	5%, 96
Under 5 years	4%, 77

X-axis: Number of Cases (0 to 800)

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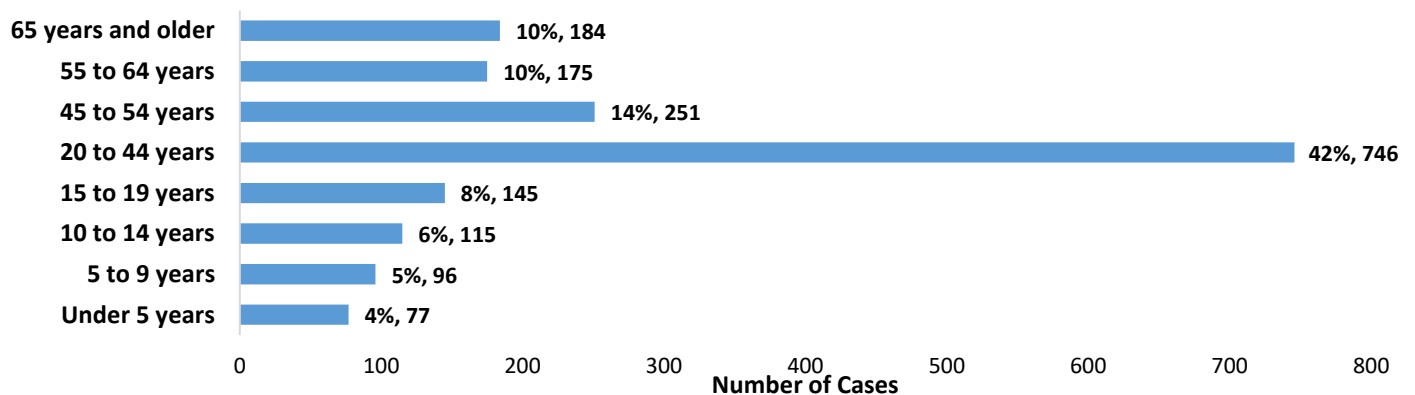
7/22/2020 was the first week that the percentage of persons residing in the Tohono O'odham Nation was over 50% of the cases.

Laboratory-confirmed COVID-19 among Tohono O'odham Nation Enrolled Members

	Count (n)	Percent (%)	State of Arizona Percent (%)
TON members tested positive for COVID-19	1789		
Asymptomatic/Pre-symptomatic	337	19%	
TON Reside in Reservation	1221	68%	
Hospitalized	244	14%	7%
Recovering	1110	62%	
Died	72	4%	2%

	Median (years)	Minimum (months)	Maximum (years)
Age	34	0	102

	Male	Percent (%)	Female	Percent
Sex	736	41%	1053	59%

At TONHC, we received the first presumptive positive test result for COVID-19 for a patient seen at San Xavier Health Center in the same day clinic on 3/30/2020. In response, we reached out to clinical staff and the patient/household/community to discuss exposure risk, how to monitor for symptoms, and help guide any recommendations for isolation or quarantine. We anticipate more cases in the future, and we are working together to tackle this challenge. Employee health has reached out to staff for contact tracing. Public health nursing has conducted community contact tracing. Please remember to keep patient and employee results confidential.

COVID-19 Laboratory Testing at TONHC

TONHC total number of COVID-19 testing (as of 5/26/2021 at 7:00): 14,418 tests performed:

- **13,332 = patients (anyone who receives care at a TONHC facility)**
- **986 = employees**
- **100 = first responders**

We continue to increase our testing capacity. On 5/19/2021, there were 14,277 tests. As of 5/26/2021, 1,768 tests results were positive* for COVID-19. On 5/19/2021, there were 1,765 tests. The number of positive test results are almost 46x the amount compared to 50 weeks ago (since 6/9/2020). 38 total tests were positive on 6/9/2020. There have been 82 positive cases among TONHC employees.

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As of 5/26/2021 at 7:00, 8,468 individual TONHC patients have tested for COVID-19. This comprises 42% of the TONHC User Population. User Population consists of patients who have received care at TONHC at least twice in the past three years.

COVID-19 Positive Tests Performed at Tohono O'odham Health Care, 2020-2021
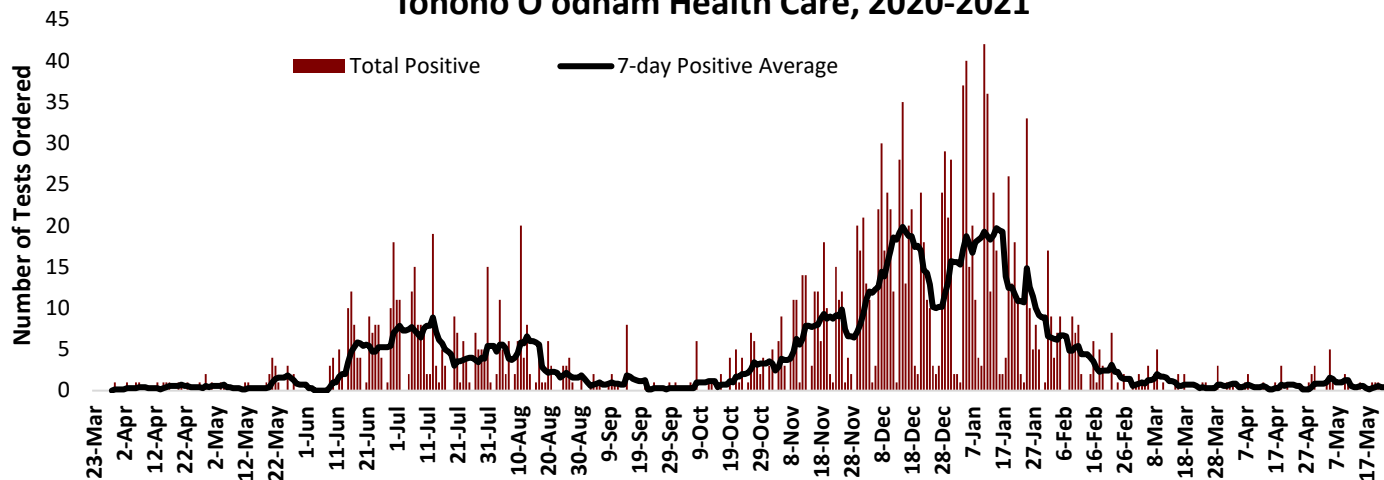
7-day average is the average of cases for that day and the 6-days prior

COVID-19 Tests Performed at Tohono O'odham Health Care by Result, 2020-2021
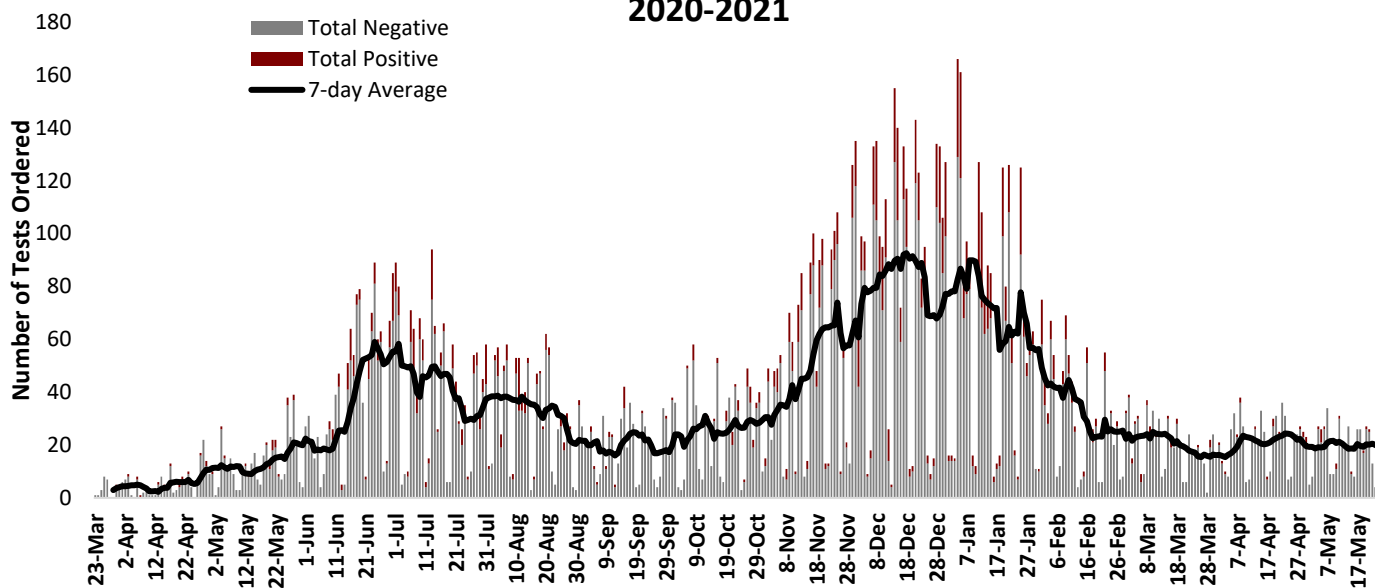
7-day average is the average of cases for that day and the 6-days prior

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Wear a mask, physically distance, and wash your hands to protect Tohono O'odham Nation
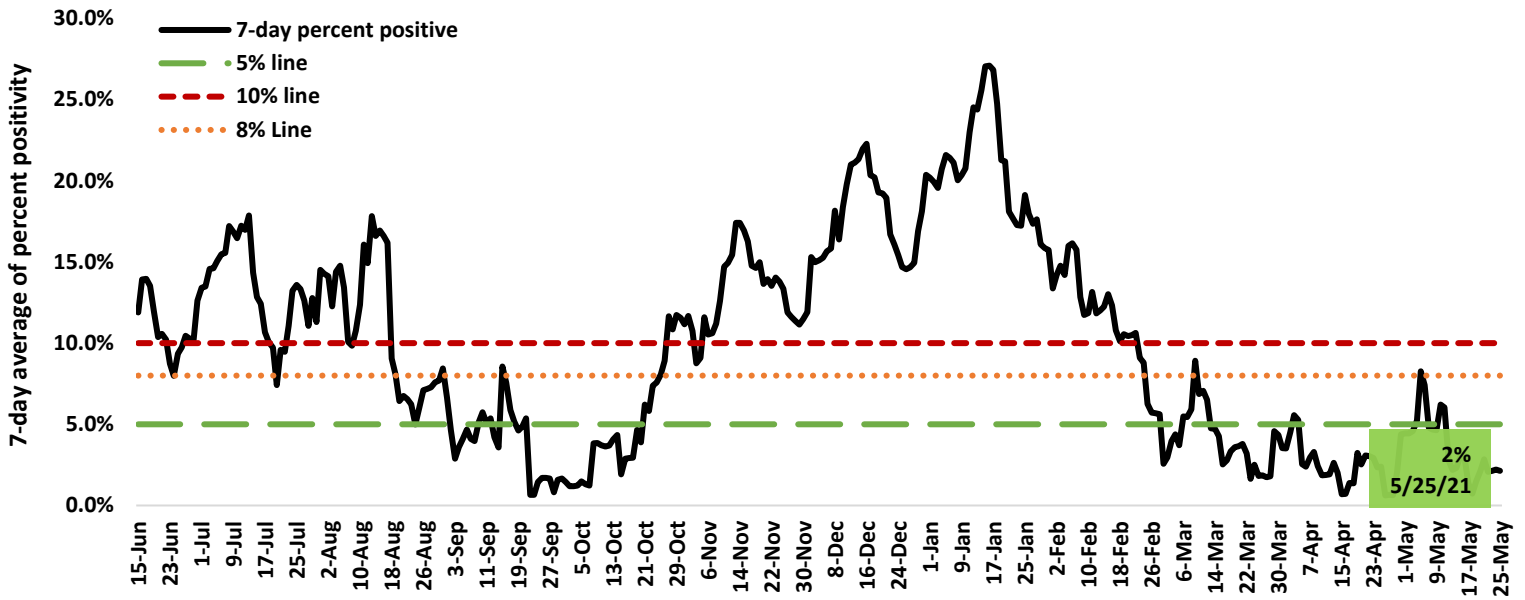
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TONHC COVID-19 Test Percent Positivity 7-day Average, 2020-2021

* Weekly test percent positivity is calculated using the day tests were performed and 6-days prior (7-day detected "positive" results)/(7-day total tests performed) x 100%

COVID-19 Tests Performed at Tohono O'odham Health Care by Type, 2020-2021
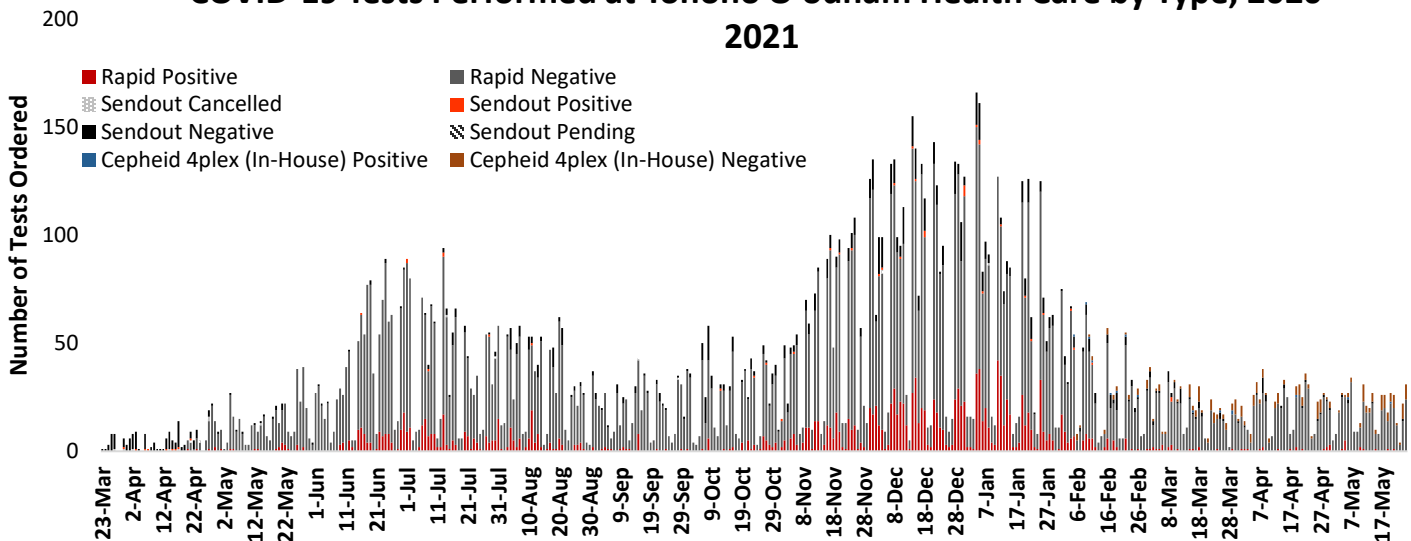
COVID-19 testing began at TONHC on March 23, 2020. Same-day testing is available at San Xavier, Sells, and San Simon. This means all the equipment to run the tests are in the clinic laboratories at San Xavier, Sells, and San Simon. We began on-site same-day testing on April 20, 2020. There are two types of tests: send-out test or same-day/rapid test. Send-out testing is used for specific cases. As of 9/1/2020, on-site qualitative total antibody testing is available for specified cases.

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We have nine on-site Abbott ID NOW™ machines that are used for same-day testing. We are pursuing avenues for more testing machines for on-site testing. In addition to expand our testing capabilities, medical assistants at TONHC completed competencies in performing COVID-19 nasal swab testing to assist with performing testing

Effective 9/24/2020, patients with no symptoms and no known exposure to someone with COVID-19 can be tested at TONHC. For all testing, please call and schedule an appointment at your clinic.

Please note testing criteria is accurate as of 9/25/2020 and may change in the future.

*COVID-19 positive result means COVID-19 test result of "detected" for tests performed at TONHC (San Xavier, San Simon, Sells, and off-site).
†Absolute change in cumulative case count is the number of cumulative cases through week 2 subtracted from the number of cumulative cases through week 1, |week2 – week1|

Staying Safe at HOME

Our team strongly recommends to continue prevention measures including avoiding all unnecessary travel and gatherings. We also recommend the use of masks/cloth face coverings for all persons in public settings. Please continue to share the messaging of minimizing group contact, including neighbors and relatives not in one's own household.

Stay at home as much as possible

Practice physical distancing (remaining at least 6 feet away from others)

Clean your hands often

Our testing algorithms aim to identify symptomatic persons, asymptomatic persons with known potential COVID-19 exposures, and persons who will enter high-risk or congregate settings (surgery, detention, foster care, hospitalization, dorms, etc.).

We all need to do our part and to continue to practice physical distancing and frequent hand hygiene.

Please share with community members:

The best way to prevent illness is to avoid exposure to this virus. These simple actions will lessen your chances of catching COVID-19 and spreading it to others:

- Everyone should wear a mask/cloth face covering in public when physical distancing of 6 feet is not possible (except children ages less than 2 years and persons with a medical contraindication).
- Limit direct physical contact to only persons who live in the same household.
- Avoid all group activities/gatherings, even relatives if they do not live with you until further notice.
- Maintain "stay at home" behavior except for essential needs.
- Report illnesses and possible COVID-19 exposures immediately to your provider.
- Frequently wash hands with soap and water, and use alcohol-based hand sanitizer if unable to wash hands.

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Symptoms to Monitor

COVID-19 symptoms to monitor for: fever, chills, cough, difficulty breathing (shortness of breath), runny/stuffy nose, sore throat, headaches, fatigue, abdominal pain, vomiting, diarrhea, new loss of taste or smell. If you have any of these symptoms, please stay home and do not go to work, school, or be in public areas.

Face Mask Guidance in the Community Setting

How to make sure your mask works the best it can
1. **Make sure your mask fits snugly against your face.** Gaps can let air with respiratory droplets leak in and out around the edges of the mask

2. **Pick a mask with layers to keep your respiratory droplets in and others' out.** A mask with layers will stop more respiratory droplets getting inside your mask or escaping from your mask if you are sick.

DO

- Choose a mask with a **Nose Wire**
  - A nose wire is a metal strip along the top of the mask
  - Nose wires prevent air from leaking out of the top of the mask.
  - Bend the nose wire over your nose to fit close to your face.
- Use a **Mask Fitter or Brace**
  - Use a mask fitter or brace over a disposable mask or a cloth mask to prevent air from leaking around the edges of the mask.
- Check that it **Fits Snugly** over your nose, mouth, and chin
  - Check for gaps by cupping your hands around the outside edges of the mask.
  - Make sure no air is flowing from the area near your eyes or from the sides of the mask.
  - If the mask has a good fit, you will feel warm air come through the front of the mask and may be able to see the mask material move in and out with each breath.
- Add **Layers** of material
  - 2 ways to layer
    - Use a cloth mask that has multiple layers of fabric.
    - Wear one disposable mask underneath a cloth mask.
  - The second mask should push the edges of the inner mask against your face.
- **Make sure you can see and breathe easily**
  - **Knot and Tuck** ear loops of a 3-ply mask
    - Knot the ear loops of a 3-ply face mask where they join the edge of the mask
    - Fold and tuck the unneeded material under the edges
- For video instructions, see: https://youtu.be/UANi8Cc71A0external icon.

Adapted from: https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html Accessed 2/24/2021

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Arizona COVID-19 School Benchmarks

On March 2nd, 2021 CDC announced updated school guidance. The Arizona Department of Health Developed Community Transmission to Reflect Level of Community Risk: CDC recommends the use of two measures of community burden to determine the level of community transmission. These measures assess the incidence and spread of COVID-19 in the community, not the school itself. Risk is dependent on community level transmission **and** implementation of school and community mitigation strategies.

Showing data for **All Counties**

Substantial Transmission
Hover for more information.

Cases per 100,000 individuals: Substantial

100/100k

50/100k

10/100k

May 09
56/100k

Apr 4   Apr 18   May 2

Percent positivity: Low

10%

8%

5%

May 09
4.6%

Mar 25   Apr 4   Apr 14   Apr 24   May 4

Date Updated: 5/20/2021
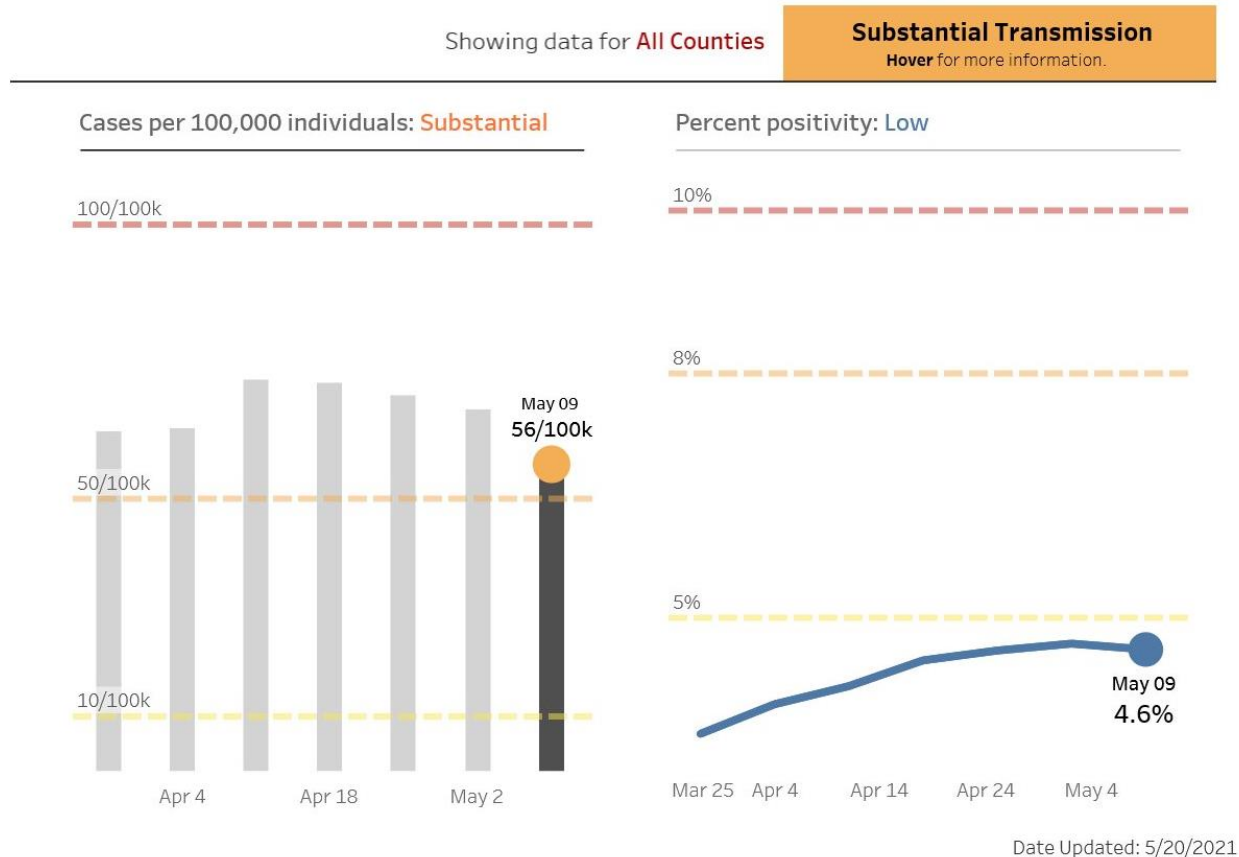
Indicator	Low Transmission	Moderate Transmission	Substantial Transmission	High Transmission
Total new cases per 100,000 persons in the last 7 days	**0 – 9**	**10 – 49**	**50 – 99**	**≥ 100**
Percentage of nucleic acid amplification tests (NAATs) that are positive during the past 7 days	**<5.0%**	**5.0% – 7.9%**	**8.0% – 9.9%**	**≥ 10.0%**

Arizona Department of Health Services, https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/novel-coronavirus/schools/school-benchmarks.pdf, accessed 3/11/21.

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COVID-19 GUIDANCE ON HOME ISOLATION AND QUARANTINE

The Centers for Disease Control and Prevention (CDC), the Arizona Department of Health Services, and Tohono O'odham Nation Health Care have updated guidance on home isolation and quarantine. Accumulating evidence supports ending isolation and precautions for persons with COVID-19 using a symptom-based strategy. Researchers have reported that people with mild to moderate COVID-19 remain infectious no more than 10 days after their symptoms began, and those with more severe illness or those who are severely immunocompromised remain infectious no more than 20 days after their symptoms began.

People who are fully vaccinated and who meet criteria (including no symptoms) will no longer be required to quarantine after exposure to COVID-19 (updated 2/10/21).

For more information on home isolation guidance, please contact TONHC Public Health Nursing Department.

Coronavirus Disease 2019 (COVID-19): HOME ISOLATION GUIDANCE

If you tested positive for COVID-19, you need to stay in ISOLATION:

Isolation is for people who have tested *positive* or have symptoms consistent with COVID-19 and are waiting to be tested or diagnosed. It prevents the spread of COVID-19 by asking people who have COVID-19 (or those with symptoms) to stay away from others until they have fully recovered and can no longer transmit the virus. You should stay in a specific "sick room," if possible, and away from other people in your home.

> If you tested **POSITIVE** for COVID-19 **or** have **symptoms of COVID-19**, you should stay **isolated** at home for a specified period of time – usually around 10 days.

Stay isolated means you need to:

- **Separate** yourself from others in your home, as much as possible. Stay in a separate room and use a separate bathroom, if possible. If you cannot separate from others at home, you need to wear a mask.
- **Do not attend** work, school, be in public areas or use public transportation.
- **Avoid sharing** household items like dishes, cups, eating utensils, and bedding.
- **Cover** coughs and sneezes with a tissue or your elbow. Throw away used tissues in the trash and wash your hands.
- **Avoid touching** your eyes, nose, and mouth.
- **Wash your hands** often with soap and warm water for at least 20 seconds.
- **Clean** high-touch surfaces (tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, etc.) daily.
- **Reschedule** all non-essential medical appointments. If you need medical care, call your provider **before going**, and tell them about your illness.
- **Monitor** your symptoms and seek medical care if your illness is worsening.

The number of days you need to stay isolated at home depends on:

➢ Your COVID-19 test result;
➢ Your symptoms;
➢ If you were a close contact of someone with COVID-19;
➢ How sick you were; and
➢ If you are severely immunocompromised.

Symptoms of COVID-19 can range from mild to severe illness, may appear 2 – 14 days after exposure and may include:

Fever or chills	Shortness of breath or difficulty breathing	New loss of taste or smell
Cough	Muscle or body aches	Headache
Nausea or vomiting, diarrhea	Sore Throat Congestion or runny nose	Fatigue

Close Contacts are people who were **within 6 feet** of a person with COVID-19 while infections for a **cumulative total of 15 minutes or more over a 24-hour period** *or* who had **physical contact** with a person with COVID-19 while infectious, regardless of whether masks were worn.

Please look at the chart on the back of this sheet to help you figure out how long you should stay isolated at home. ➡️
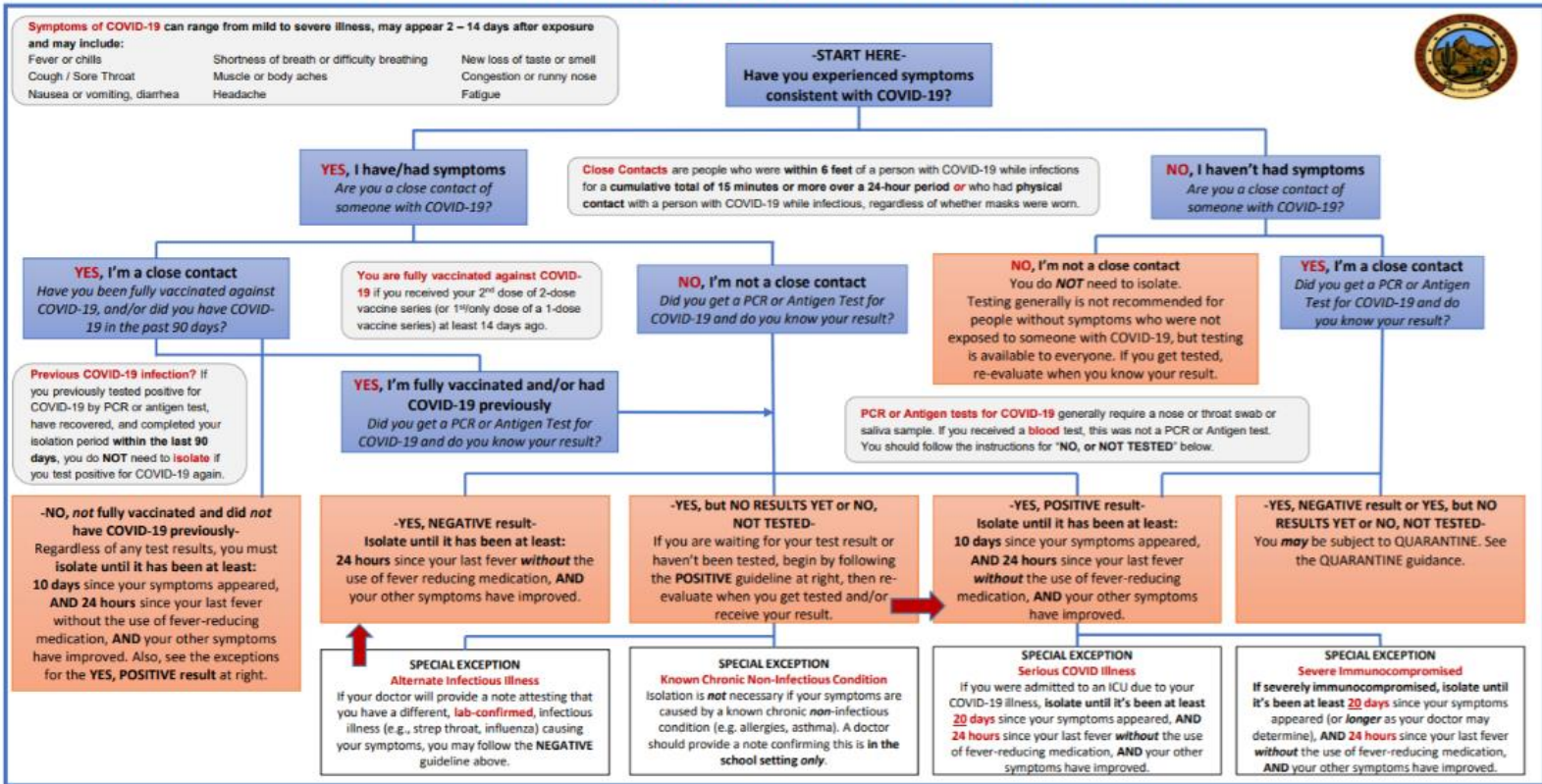
Contact your healthcare provider or Public Health Nursing for any questions. You can also review the CDC website at: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

TOHONO O'ODHAM NATION HEALTH CARE
Updated 5/4/2021 (Subject to change as new information becomes available. Please look for the most up-to-date recommendations).

COVID-19 Home Isolation Guidance Flow Chart

Symptoms of COVID-19 can range from mild to severe illness, may appear 2 – 14 days after exposure and may include:
- Fever or chills
- Cough / Sore Throat
- Nausea or vomiting, diarrhea
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Fatigue

-START HERE-
Have you experienced symptoms consistent with COVID-19?

YES, I have/had symptoms
Are you a close contact of someone with COVID-19?

Close Contacts are people who were **within 6 feet** of a person with COVID-19 while infectious for a **cumulative total of 15 minutes or more over a 24-hour period** *or* who had **physical contact** with a person with COVID-19 while infectious, regardless of whether masks were worn.

NO, I haven't had symptoms
Are you a close contact of someone with COVID-19?

YES, I'm a close contact
Have you been fully vaccinated against COVID-19, and/or do you have COVID-19 in the past 90 days?

You are fully vaccinated against COVID-19 if you received your 2nd dose of 2-dose vaccine series (or 1st/only dose of a 1-dose vaccine series) at least 14 days ago.

NO, I'm not a close contact
Did you get a PCR or Antigen Test for COVID-19 and do you know your result?

NO, I'm not a close contact
You do **NOT** need to isolate. Testing generally is not recommended for people without symptoms who were not exposed to someone with COVID-19, but testing is available to everyone. If you get tested, re-evaluate when you know your result.

YES, I'm a close contact
Did you get a PCR or Antigen Test for COVID-19 and do you know your result?

Previous COVID-19 infection? If you previously tested positive for COVID-19 by PCR or antigen test, have recovered, and completed your isolation period **within the last 90 days**, you do NOT need to **isolate** if you test positive for COVID-19 again.

YES, I'm fully vaccinated and/or had COVID-19 previously
Did you get a PCR or Antigen Test for COVID-19 and do you know your result?

PCR or Antigen tests for COVID-19 generally require a nose or throat swab or saliva sample. If you received a **blood** test, this was not a PCR or Antigen test. You should follow the instructions for "NO, or NOT TESTED" below.

-NO, not fully vaccinated and did not have COVID-19 previously-
Regardless of any test results, you must **isolate until it has been at least: 10 days** since your symptoms appeared, **AND 24 hours** since your last fever without the use of fever-reducing medication, **AND** your other symptoms have improved. Also, see the exceptions for the YES, POSITIVE result at right.

-YES, NEGATIVE result-
Isolate until it has been at least: **24 hours** since your last fever **without** the use of fever reducing medication, **AND** your other symptoms have improved.

-YES, but NO RESULTS YET or NO, NOT TESTED-
If you are waiting for your test result or haven't been tested, begin by following the POSITIVE guideline at right, then re-evaluate when you get tested and/or receive your result.

-YES, POSITIVE result-
Isolate until it has been at least: **10 days** since your symptoms appeared, **AND 24 hours** since your last fever **without** the use of fever-reducing medication, **AND** your other symptoms have improved.

-YES, NEGATIVE result or YES, but NO RESULTS YET or NO, NOT TESTED-
You **may** be subject to QUARANTINE. See the QUARANTINE guidance.

SPECIAL EXCEPTION
Alternate Infectious Illness
If your doctor will provide a note attesting that you have a different, **lab-confirmed**, infectious illness (e.g., strep throat, influenza) causing your symptoms, you may follow the NEGATIVE guideline above.

SPECIAL EXCEPTION
Known Chronic Non-Infectious Condition
Isolation is **not** necessary if your symptoms are caused by a known chronic **non**-infectious condition (e.g. allergies, asthma). A doctor should provide a note confirming this is **in the school setting** only.

SPECIAL EXCEPTION
Serious COVID Illness
If you were admitted to an ICU due to your COVID-19 illness, isolate until it's been at least **20 days** since your symptoms appeared, **AND 24 hours** since your last fever **without** the use of fever-reducing medication, **AND** your other symptoms have improved.

SPECIAL EXCEPTION
Severe Immunocompromised
If severely immunocompromised, isolate until it's been at least **20 days** since your symptoms appeared (or **longer** as your doctor may determine), **AND 24 hours** since your last fever **without** the use of fever-reducing medication, **AND** your other symptoms have improved.

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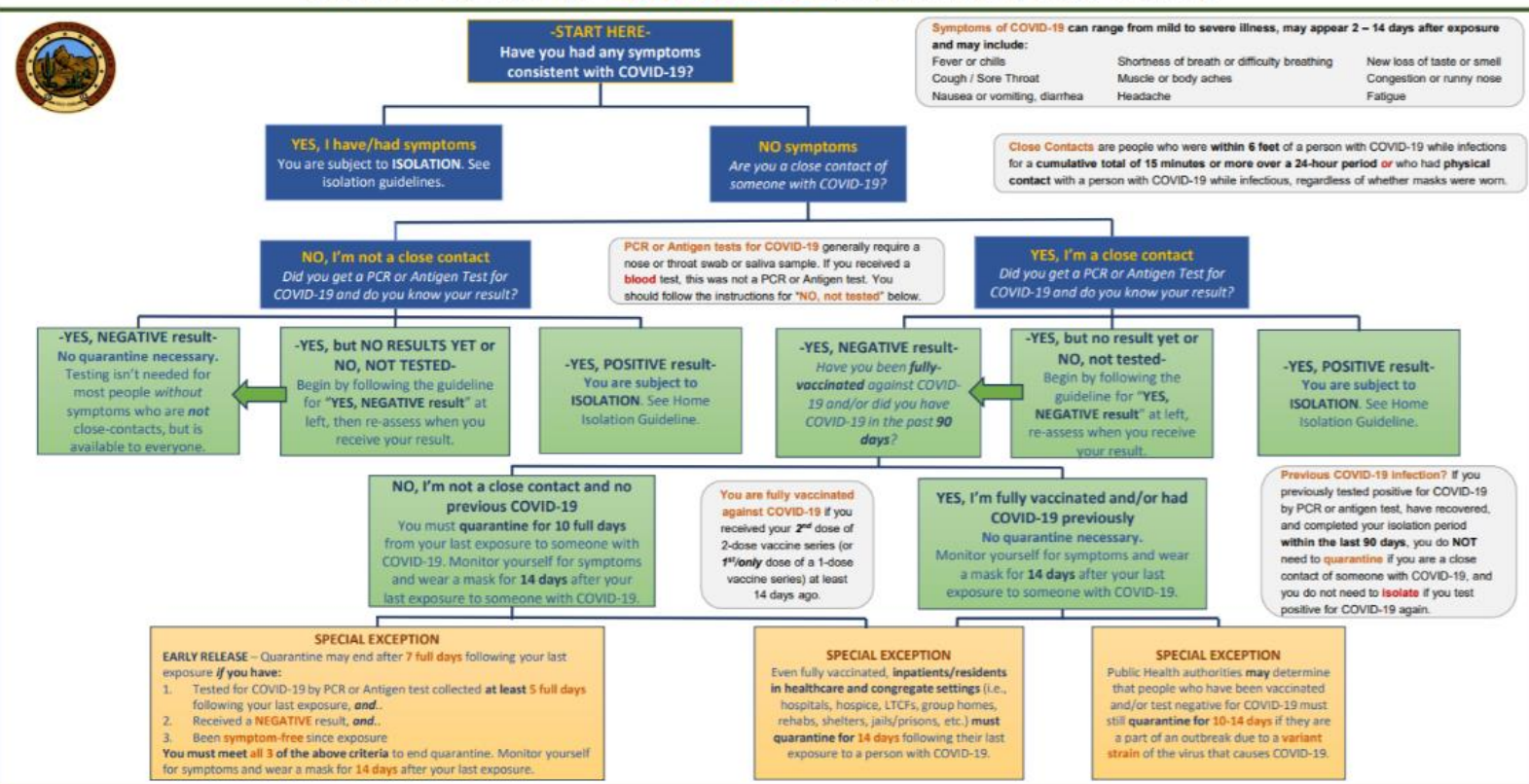

COVID-19 Home Quarantine Guidance Flow Chart

-START HERE-
Have you had any symptoms consistent with COVID-19?

Symptoms of COVID-19 can range from mild to severe illness, may appear 2 – 14 days after exposure and may include:
- Fever or chills
- Cough / Sore Throat
- Nausea or vomiting, diarrhea
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Fatigue

YES, I have/had symptoms
You are subject to **ISOLATION**. See isolation guidelines.

NO symptoms
Are you a close contact of someone with COVID-19?

Close Contacts are people who were **within 6 feet** of a person with COVID-19 while infectious for a **cumulative total of 15 minutes or more over a 24-hour period** *or* who had **physical contact** with a person with COVID-19 while infectious, regardless of whether masks were worn.

NO, I'm not a close contact
Did you get a PCR or Antigen Test for COVID-19 and do you know your result?

PCR or Antigen tests for COVID-19 generally require a nose or throat swab or saliva sample. If you received a **blood** test, this was not a PCR or Antigen test. You should follow the instructions for "NO, not tested" below.

YES, I'm a close contact
Did you get a PCR or Antigen Test for COVID-19 and do you know your result?

-YES, NEGATIVE result-
No quarantine necessary. Testing isn't needed for most people *without* symptoms who are *not* close-contacts, but is available to everyone.

-YES, but NO RESULTS YET or NO, NOT TESTED-
Begin by following the guideline for "YES, NEGATIVE result" at left, then re-assess when you receive your result.

-YES, POSITIVE result-
You are subject to ISOLATION. See Home Isolation Guideline.

-YES, NEGATIVE result-
Have you been **fully-vaccinated** against COVID-19 and/or do you have COVID-19 in the past **90 days?**

-YES, but no result yet or NO, not tested-
Begin by following the guideline for "YES, NEGATIVE result" at left, re-assess when you receive your result.

-YES, POSITIVE result-
You are subject to ISOLATION. See Home Isolation Guideline.

NO, I'm not a close contact and no previous COVID-19
You must **quarantine for 10 full days** from your last exposure to someone with COVID-19. Monitor yourself for symptoms and wear a mask for **14 days** after your last exposure to someone with COVID-19.

You are fully vaccinated against COVID-19 if you received your 2nd dose of 2-dose vaccine series (or 1st/only dose of a 1-dose vaccine series) at least 14 days ago.

YES, I'm fully vaccinated and/or had COVID-19 previously
No quarantine necessary. Monitor yourself for symptoms and wear a mask for **14 days** after your last exposure to someone with COVID-19.

Previous COVID-19 infection? If you previously tested positive for COVID-19 by PCR or antigen test, have recovered, and completed your isolation period **within the last 90 days**, you do NOT need to **quarantine** if you are a close contact of someone with COVID-19, and you do not need to **isolate** if you test positive for COVID-19 again.

SPECIAL EXCEPTION
EARLY RELEASE – Quarantine may end after **7 full days** following your last exposure **if** you have:
1. Tested for COVID-19 by PCR or Antigen test collected **at least 5 full days** following your last exposure, **and**..
2. Received a **NEGATIVE** result, **and**..
3. Been **symptom-free** since exposure
You must meet **all 3** of the above criteria to end quarantine. Monitor yourself for symptoms and wear a mask for **14 days** after your last exposure.

SPECIAL EXCEPTION
Even fully vaccinated, **inpatients/residents** in healthcare and congregate settings (i.e., hospitals, hospice, LTCFs, group homes, rehabs, shelters, jails/prisons, etc.) must **quarantine for 14 days** following their last exposure to a person with COVID-19.

SPECIAL EXCEPTION
Public Health authorities **may** determine that people who have been vaccinated and/or test negative for COVID-19 must still **quarantine for 10-14 days** if they are a part of an outbreak due to a **variant strain** of the virus that causes COVID-19.
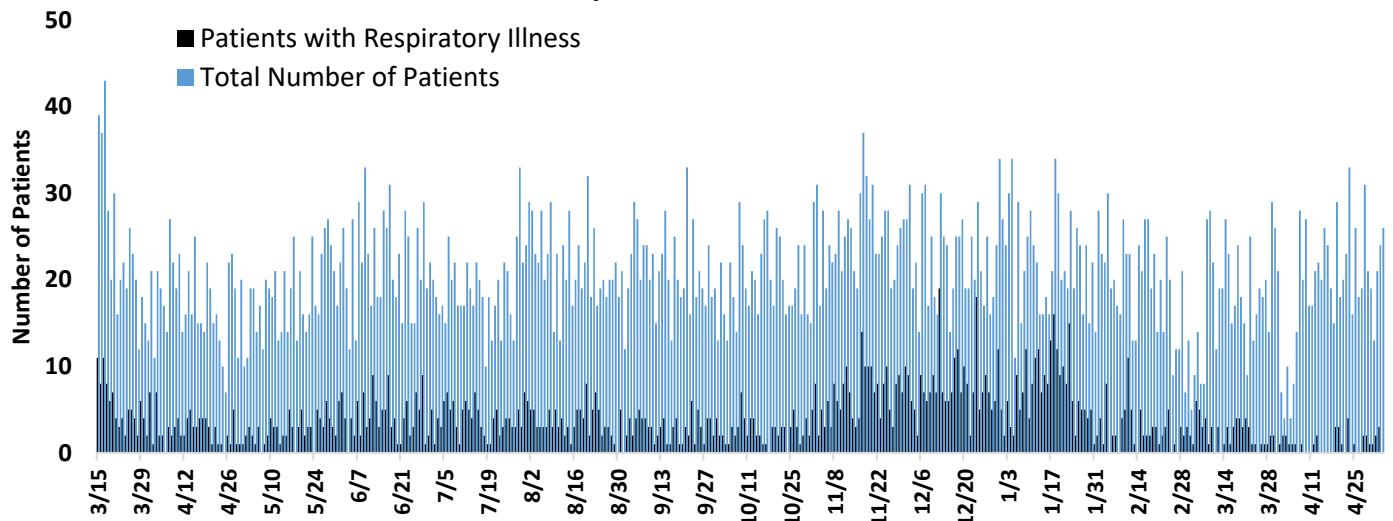
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Coronavirus Disease 2019 (COVID-19): HOME QUARANTINE GUIDANCE

Quarantine is for people who were exposed to someone with COVID-19 but haven't yet developed any symptoms of COVID-19 themselves. It prevents the spread of COVID-19 by asking people who *might* be infected to stay away from others until enough time has passed to be sure they don't have COVID-19.

> If you were **within 6 feet** of a person with COVID-19 for a **cumulative total of 15 minutes or more over a 24-hour period** *or* **had physical contact** with a person with COVID-19, regardless of whether masks were worn, you <u>might</u> need to **quarantine** at home for **10 days.**

Quarantine means you need to:
- **Separate yourself** from any person (people) with COVID-19 in your home.
- **If possible, get tested** for COVID-19 with a PCR or antigen (nose swab or saliva) test at a healthcare facility.
  - A negative test *might* allow you to end **quarantine** after 7 full days if you have not had any symptoms. (see the Home Quarantine Flow Chart on the back of this page.)
- Stay at home for **10 days** after your last contact with the person with COVID-19, except to get essential medical care, prescriptions, and food. This includes:
  - Do not attend work, school, be in public areas or use public transportation.
- **Avoid sharing household items** like dishes, cups, eating utensils, and bedding.
- **Avoid touching** your eyes, nose, and mouth AND cover your coughs and sneezes.
- **Wash your hands** often with soap and warm water for at least 20 seconds.
- **Clean** high-touch surfaces (tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, etc.) daily.
- **Call ahead** before going to any medical appointments and tell your healthcare provider about your close contact with someone who has COVID-19.
- **Continue to monitor your temperature & symptoms and wear a mask for** <u>14 days</u> after your last contact with the person with COVID-19, regardless of when your **quarantine** period ends.

<u>If you develop any symptoms consistent with COVID-19</u>
<u>during</u> **quarantine**<u>, you need to:</u>
- Get tested for COVID-19 with a PCR or antigen (nose swab or saliva) test at a healthcare facility.
- Follow the Home Isolation Guidance.

> **Symptoms of COVID-19** can range from mild to severe illness, may appear 2 – 14 days after exposure and may include:
>
> | | | |
> |---|---|---|
> | Fever or chills | Shortness of breath or difficulty breathing | New loss of taste or smell |
> | Cough | Muscle or body aches | Headache |
> | Nausea or vomiting, diarrhea | Sore Throat   Congestion or runny nose | Fatigue |

> **Close Contacts** are people who were **within 6 feet** of a person with COVID-19 while infectious for a **cumulative total of 15 minutes or more over a 24-hour period** *or* who had **physical contact** with a person with COVID-19 while infectious, regardless of whether masks were worn.

*Please **look at the chart on the back of this sheet** to determine where you need to **quarantine** at home.*

Contact your healthcare provider or Public Health Nursing for any questions. You can also review the CDC website at: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

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Patients Presenting with Respiratory Illness and Daily Totals, Sells Emergency Department, 2020-2021

Syndromic surveillance refers to detection of indicators that are discernible before confirmed diagnoses are made. For example, an increase in the number of patients seen with respiratory symptoms could be an indicator of COVID-19. There were between 0 and 2 patients seen daily in Sells Emergency Department with respiratory symptoms during the week of 4/26/2021- 5/2/2021.

Patients Presenting with Respiratory Illness and Daily Totals, Sells Emergency Department, 2020-2021
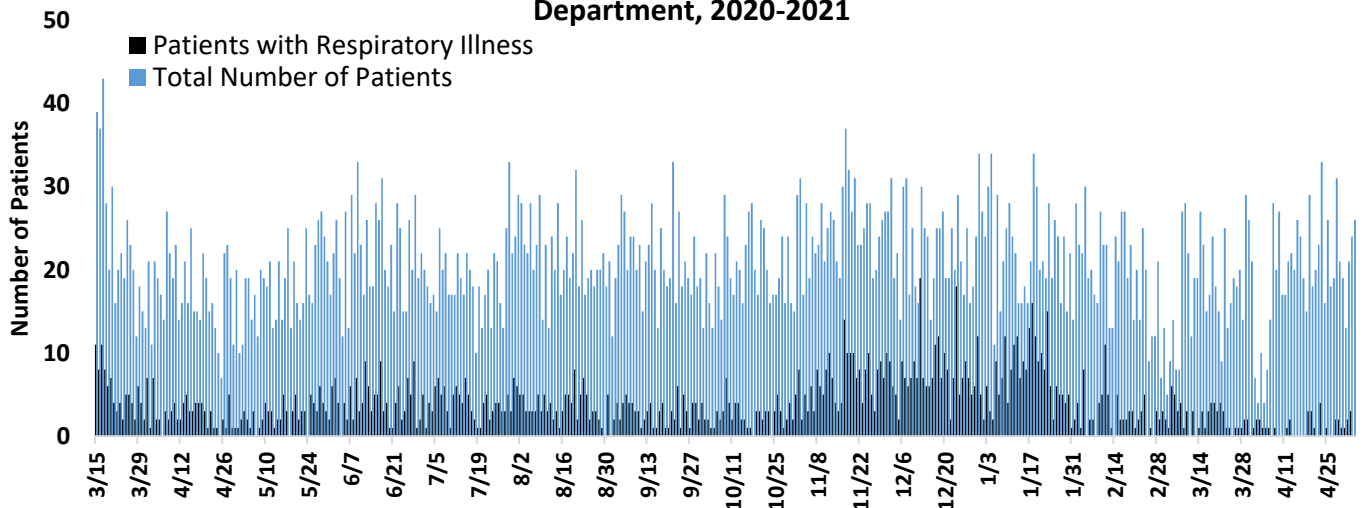
As of 5/5/2021, there were 2 admissions to Sells Hospital and 241 outside transfers for respiratory symptoms from Sells Emergency Department. The number of patients transferred from the emergency department to hospital inpatient units helps to identify severity of disease among the

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population. This is a level of disease severity that requires a higher level of care, such that care must be managed in the hospital (e.g. with oxygen, mechanical ventilation, etc.).

Patients Tested for COVID-19, Sells Emergency Department, 2020-2021
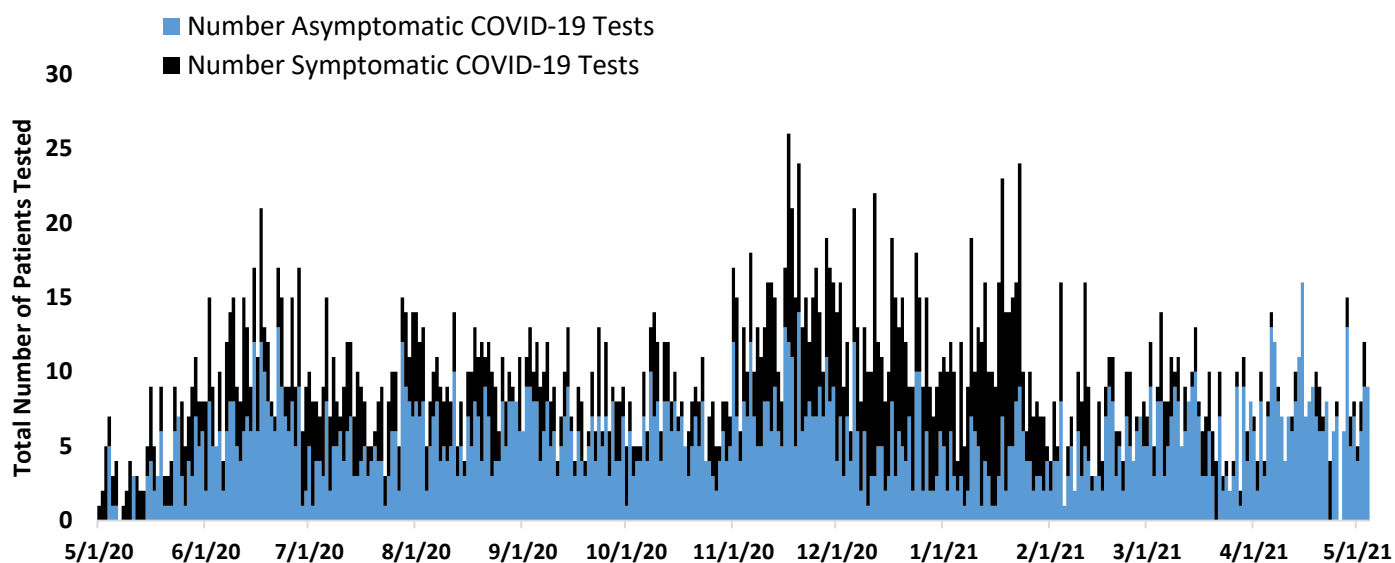
Same-day COVID-19 testing began on 4/20/20. From 4/26/21– 5/2/21/21, between 13 and 31 patients were seen each day in the emergency department. Asymptomatic tests are performed on people who have no symptoms (no cough, no diarrhea, no fever, etc.). Symptomatic tests refer to tests performed on people who have symptoms (cough, fever, diarrhea, etc.) of COVID-19.

Results of Patients Tested for COVID-19, Sells Emergency Department, 2020-2021
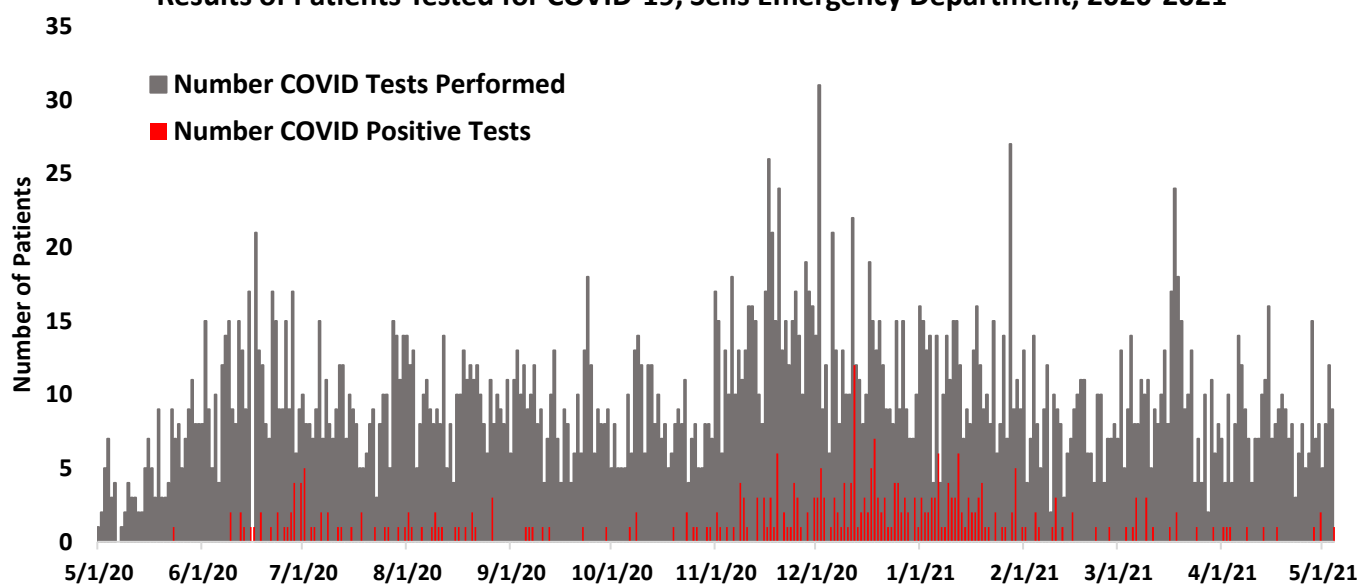
The week of 4/26/21–5/2/21, 3 people seen in the emergency department tested positive for COVID-19. There have been 321 total positive test results from tests performed in Sells emergency department.

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EMPLOYEE HEALTH

All employees at TONHC must wear a procedure/surgical mask while at work. All employees in patient care areas must wear a procedure/surgical mask and eye protection. All employees in areas with patients with suspected or confirmed COVID-19 must wear N95 respirator, eye protection, gloves, and gown.

587 TONHC employees and TON first responders (943 encounters) have been evaluated by employee health for respiratory symptoms related to illness or other reasons (as of 7:00 5/26/2021).

5 TONHC employees and TON first responders are currently sick (as of 7:00 5/26/2021).

There have been 82 Cases of COVID-19 among TONHC employees. Each positive result has prompted an internal and external investigation and contact tracing. Based on these investigations, transmissions were more likely due to community spread. Employees possibly exposed are tested for COVID-19.

All employees are required to contact Employee Health with any call-outs. This is to ensure that employees are tested for COVID-19 if sick or exposed and given appropriate guidance on when to return to work. Employees are also required to contact their supervisor when they call out.

TONHC Infection Control

Infection control prevents or stops the spread of infections in healthcare settings. TONHC COVID-19 infection control team monitors, tracks, and provides guidance on personal protective equipment (PPE such as gowns, gloves, face shields, N95 respirators).

- At the San Xavier, Sells, and San Simon Health Care Centers, the Battelle CCDS Critical Care Decontamination System™ program ended on 3/31/21 and now contingency N95 strategies are in use.
- All staff are wearing procedure/surgical masks, and staff caring for patients are also wearing eye protection.
- Staff caring for patients that have or may have been exposed to COVID-19 are wearing gowns, gloves, face shields or other eye protection, and N95 respirators or Powered Air Purifying Respirators (PAPRs).

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Number of Patients seen at San Simon Respiratory Clinic, 2020-2021
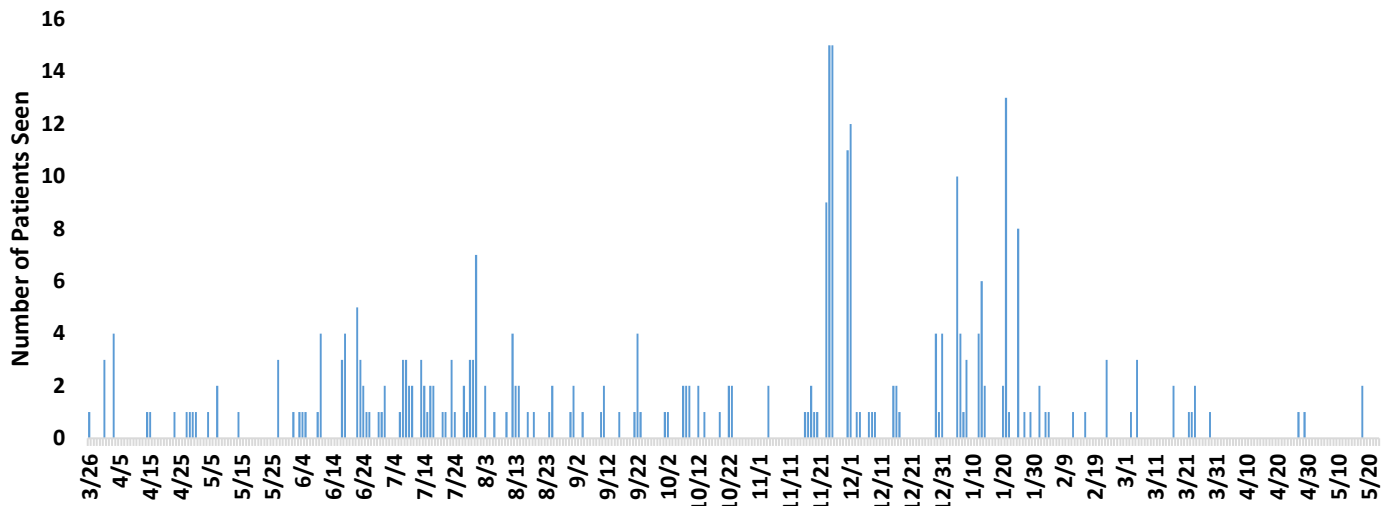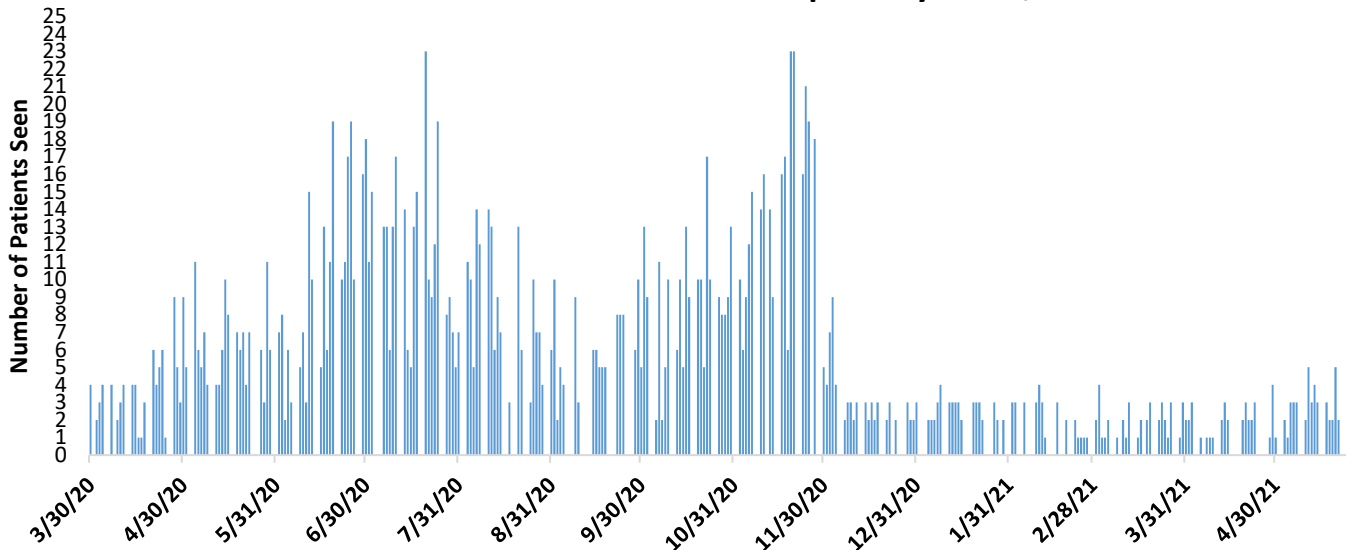

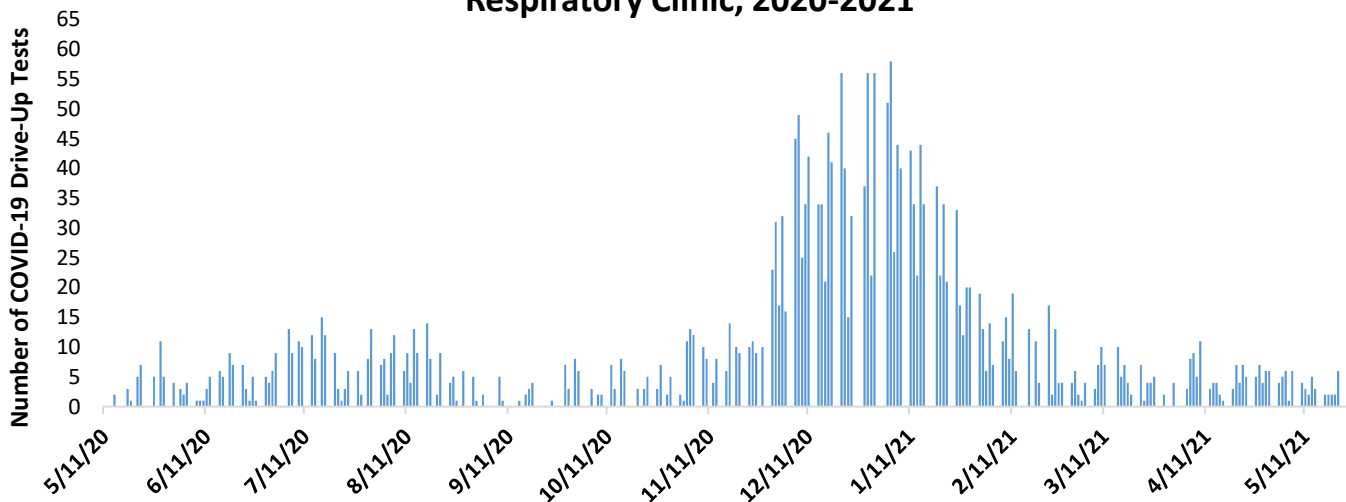## Number of COVID-19 Asymptomatic Tests Performed at San Simon, 2020-2021
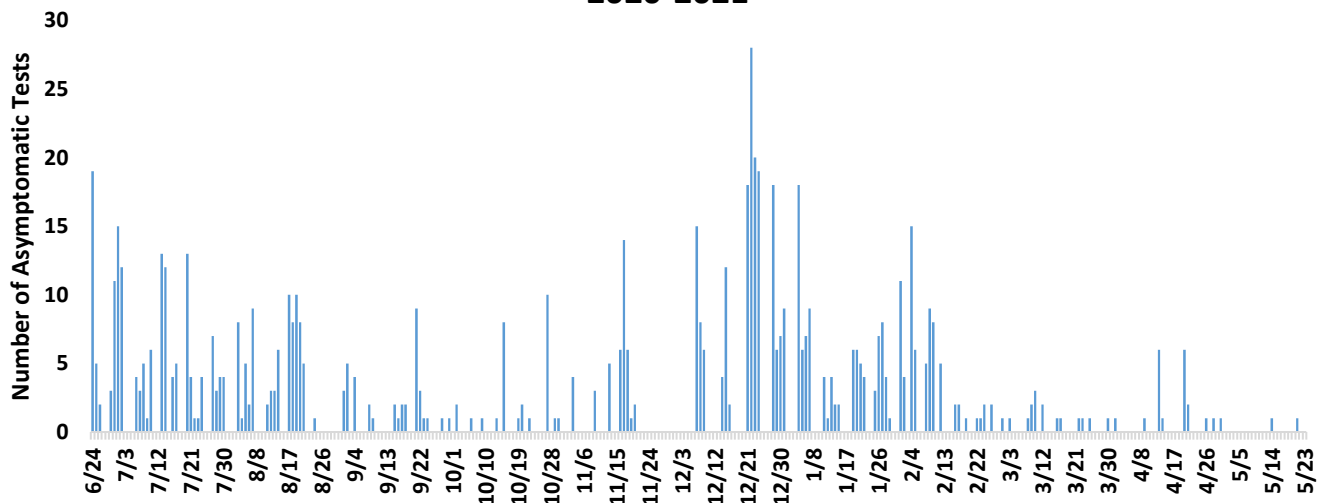
These are the number of tests for COVID-19 performed on patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.), or patients who are symptomatic but only desire to be tested. They are performed on people who have may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital.

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Number of Patients seen at San Xavier Respiratory Clinic, 2020-2021

Number of Drive-Up COVID-19 Tests Performed at San Xavier Respiratory Clinic, 2020-2021

Drive-Up testing includes both symptomatic and asymptomatic patients, with testing for symptomatic patients beginning in November at San Xavier Clinic. Asymptomatic testing is for patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.). They are performed on people who may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital. Patients who have COVID-19 symptoms may be offered a drive up test instead of a Respiratory Clinic visit.

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Number of Patients seen at Sells Respiratory Clinic, 2020-2021
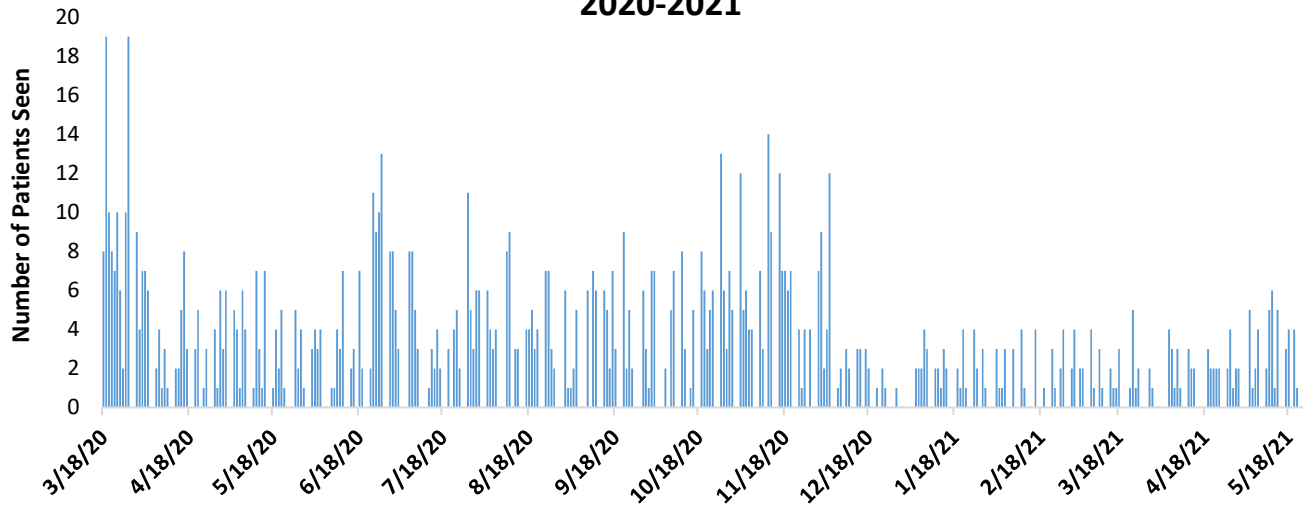
Number of Drive-Up COVID-19 Tests Performed at Sells Clinic, 2020-2021
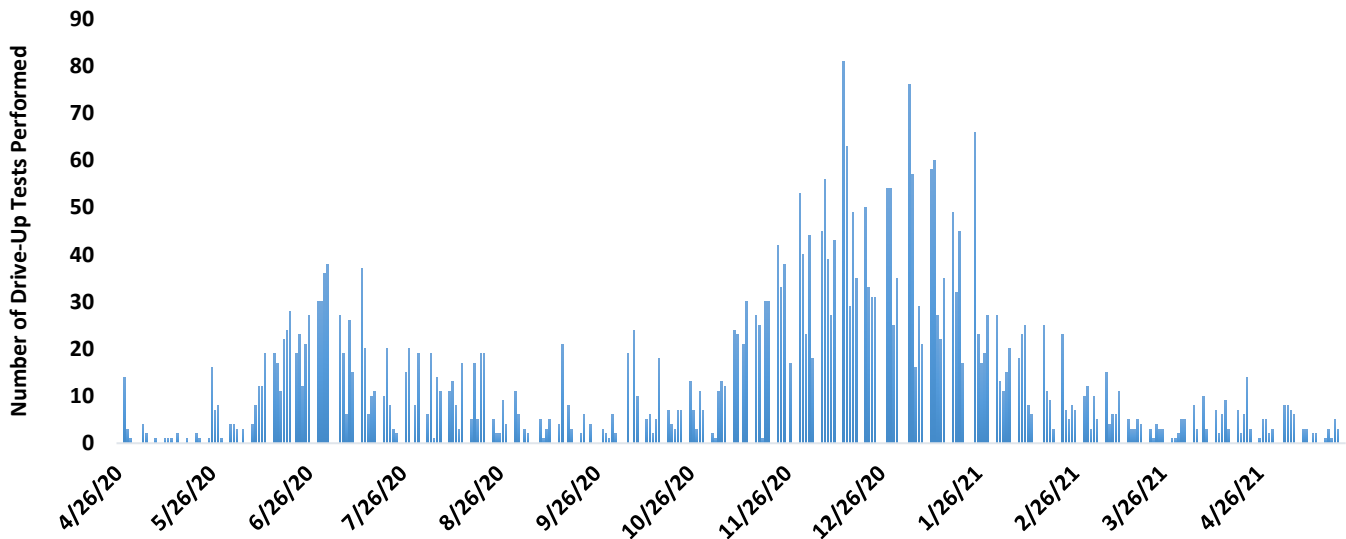
Drive-Up testing includes both symptomatic and asymptomatic patients, with testing for symptomatic patients beginning on 11/23/2020 at Sells Hospital. Asymptomatic testing is for patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.). They are performed on people who may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital. Patients who have COVID-19 symptoms may be offered a drive up test instead of a Respiratory Clinic visit.

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SELLS INPATIENT UNIT

To minimize possible exposure and conserve personal protective equipment, visitors are not allowed on the inpatient wards. Exceptions are for a minor, woman in labor, and other special circumstances. In accordance with state enhanced surveillance advisory related to COVID-19, daily information is reported to Arizona State using EMResource.

5 patients were admitted to Sells Hospital who tested positive for COVID-19. Inpatient, in-hospital transportation, and postmortem protocols have been developed. Every patient admitted to the inpatient unit of Sells hospital is tested for COVID-19.

Med/Surge Bed Availability – 11 (5/26/2021)

Med/Surge Bed Capacity – 14, with 5 additional beds available if needed for emergency situations

No intensive care unit services

Negative Pressure Rooms – 2 inpatient rooms, 1 in emergency department (inpatient rooms are used by emergency department or other clinics when indicated).

The Arizona Surge Line is used for all transfers outside of TONHC. The Arizona Surge Line is a 24/7 toll-free statewide system activated 4/22/20 to keep hospitals and regions of Arizona from being overwhelmed by facilitating COVID-19 patient admission, transfer, and discharge to appropriate levels of care.

Our outpatient clinic staff has been cross-trained in inpatient patient care. To date we have trained 16 members of the healthcare workforce to manage patients in the hospital setting. Cross training will allow us to increase the number of patients we can take care of on the inpatient unit. Please note that Sells hospital is not an intensive care unit, so we cannot take care of patients with COVID-19 requiring intensive respiratory treatment. These patients are transferred to intensive care units at other sites.

PUBLIC HEALTH NURSING – CONTACT TRACING

As of 5/26/21 at 7:00, 3,857 individual contact tracings have occurred in the Tohono O'odham Nation.

TONHC public health nursing conducts case investigation and contact tracing (involves interviewing). Case investigations are initiated on everyone who tests positive for COVID-19.
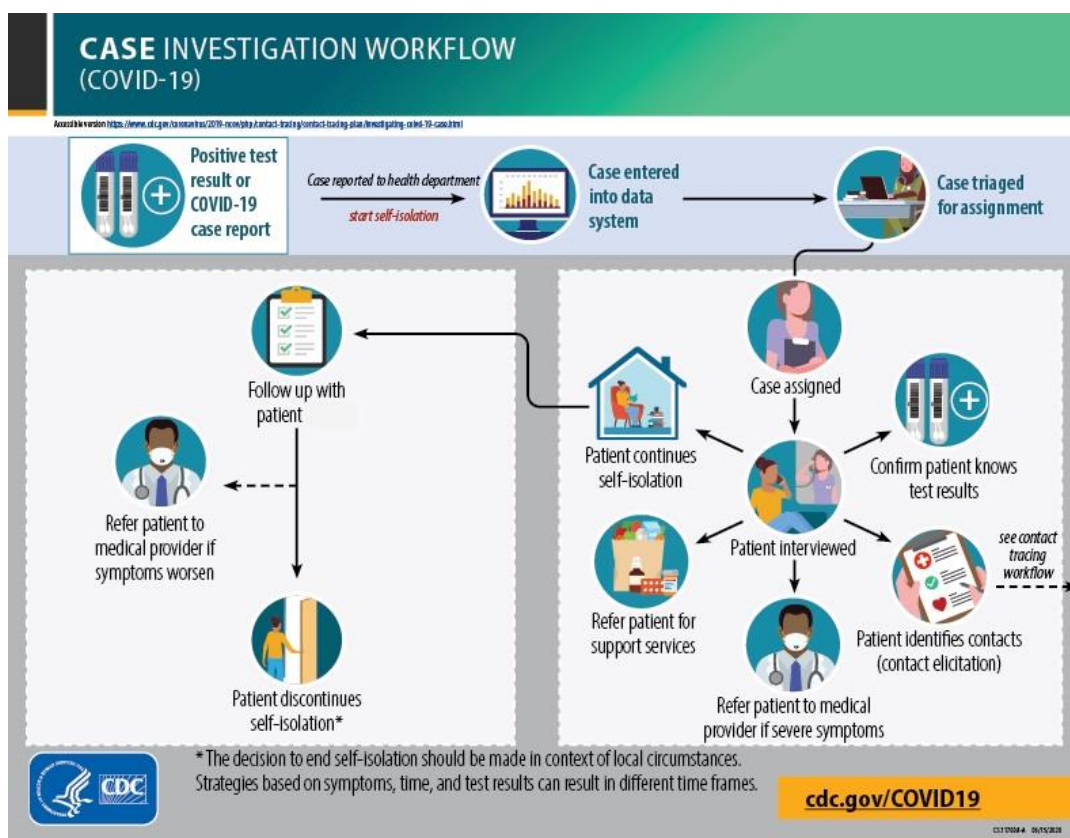
Contact tracing, a core disease control measure, is a key strategy for preventing further spread of COVID-19. Contact tracing is part of the process of supporting patients with suspected or confirmed infection. In contact tracing, public health nursing works with patients to help them recall everyone with whom they have had close contact during the timeframe in which they may have been infectious. To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them. Contacts are provided with education, information, and support to understand their risk, what they should do to separate themselves from others who are not exposed, how to monitor themselves for illness, and the possibility that they could spread the infection to others even if they themselves do not feel ill.

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CONTACT TRACING WORKFLOW
(COVID-19)

APPENDIX

Confirmed COVID-19 Cases and Absolute Change among Enrolled Tohono O'odham Nation Members by Week, 2020-2021*

Week (2020)	Cumulative COVID-19 Cases Among Enrolled Tohono O'odham Tribal	Absolute Change§ in Cumulative Case Counts from Previous Week
June 24th – June 30th	208	
July 1st – July 7th	265	57
July 8th – July 14th	324	59
July 15th – July 21st	349	25
July 22nd – July 28th	382	33
July 29th – August 4th	421	39
August 5th – August 11th	468	47
August 12th – August 18th	501	33
August 19th – August 25th	513	12
August 26th – September 1st	523	10
September 2nd – September 8th	532	9
September 9th – September 15th	546	14
September 16th – September 22nd	546	0
September 23rd – September 29th	547	1
September 30th – October 6th	549	2
October 7th – October 13th	560	11
October 14th – October 20th	566	6
October 21st – October 27th	584	18
October 28th – November 3rd	597	13
November 4th – November 10th	635	38
November 11th – November 17th	685	50
November 18th – November 24th	742	57
November 25th – December 1st	803	61
December 2nd – December 8th	888	85
December 9th – December 15th	1015	127
December 16th – December 22nd	1107	92
December 23rd – December 29th	1189	82
December 30th – January 5th	1320	131
January 6th – January 12th	1441	121
January 13th – January 19th	1527	86
January 20th – January 26th	1621	94
January 27th – February 2nd	1668	47
February 3rd – February 9th	1701	33
February 10th - February 16th	1724	23
February 17th – February 23rd	1742	18
February 24th – March 2nd	1746	4
March 3rd – March 9th	1754	8
March 10th – March 16th	1755	1
March 17th – March 23rd	1757	2
March 24th – March 30th	1759	2
March 31st – April 6th	1760	1

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April 7th – April 13th	1762	2
April 14th – April 20th	1766	4
April 21st - April 27th	1768	2
April 28th – May 4th	1776	8
May 5th – May 11th	1785	9
May 12th – May 18th	1786	1
May 19th – May 25th	1789	3

*changes due to added cases

Confirmed COVID-19 Cases and Absolute Change among Enrolled Tohono O'odham Nation Members Residing within the Tohono O'odham Nation by Week, 2020-2021*

Week (2020)	Cumulative COVID-19 Cases Among Enrolled Tohono O'odham Tribal Members Residing within the Tohono O'odham Nation Boundary	Absolute Change§ in Cumulative Case Counts from Previous Week
June 24th – June 30th	87	
July 1st – July 7th	116	29
July 8th – July 14th	163	47
July 15th – July 21st	182	19
July 22nd – July 28th	204	22
July 29th – August 4th	234	30
August 5th – August 11th	272	38
August 12th – August 18th	299	27
August 19th – August 25th	309	10
August 26th – September 1st	319	10
September 2nd – September 8th	326	7
September 9th – September 15th	340	14
September 16th – September 22nd	340	0
September 23rd – September 29th	340	0
September 30th – October 6th	341	1
October 7th – October 13th	349	8
October 14th – October 20th	352	3
October 21st – October 27th	358	6
October 28th – November 3rd	369	11
November 4th – November 10th	401	32
November 11th – November 17th	436	35
November 18th – November 24th	484	48
November 25th – December 1st	527	43
December 2nd – December 8th	588	61
December 9th – December 15th	684	96
December 16th – December 22nd	746	62
December 23rd – December 29th	795	49
December 30th – January 5th	883	88
January 6th – January 12th	968	85
January 13th – January 19th	1030	62
January 20th – January 26th	1106	76

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January 27th – February 2nd	1136	30
February 3rd – February 9th	1164	28
February 10th - February 16th	1177	13
February 17th – February 23rd	1189	12
February 24th – March 2nd	1193	4
March 3rd – March 9th	1197	4
March 10th – March 16th	1198	1
March 17th – March 23rd	1200	2
March 24th – March 30th	1202	2
March 31st – April 6th	1202	0
April 7th – April 13th	1202	0
April 13th – April 20th	1205	3
April 21st – April 27th	1205	0
April 28th – May 4th	1209	4
May 5th – May 11th	1218	9
May 12th – May 18th	1219	1
May 19th – May 25th	1221	2

*Changes due to added cases and reclassification of residence

TONHC COVID-19 Positive Test Results and Absolute Change by Week, 2020-2021

Week (2020)	TONHC Cumulative Positive COVID-19 Test Results	Absolute Change[†] in Positive Test Results from Previous Week
June 24th – June 30th	153	
July 1st – July 7th	202	49
July 8th – July 14th	251	49
July 15th – July 21st	278	27
July 22nd – July 28th	302	24
July 29th – August 4th	342	40
August 5th – August 11th	382	40
August 12th – August 18th	403	21
August 19th – August 25th	416	13
August 26th – September 1st	426	10
September 2nd – September 8th	431	5
September 9th – September 15th	444	13
September 16th – September 22nd	445	1
September 23rd – September 29th	447	2
September 30th – October 6th	449	2
October 7th – October 13th	457	8
October 14th – October 20th	464	7
October 21st – October 27th	487	23
October 28th – November 3rd	505	18
November 4th – November 10th	549	44
November 11th – November 17th	604	55
November 18th – November 24th	667	63
November 25th – December 1st	725	58
December 2nd – December 8th	824	99
December 9th – December 15th	962	138

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December 16th – December 22nd	1066	104
December 23rd – December 29th	1148	82
December 30th – January 5th	1276	128
January 6th – January 12th	1409	133
January 13th – January 19th	1497	88
January 20th – January 26th	1584	87
January 27th – February 2nd	1630	46
February 3rd – February 9th	1664	34
February 10th - February 16th	1689	25
February 17th – February 23rd	1706	17
February 24th – March 2nd	1711	5
March 3rd – March 9th	1723	12
March 10th – March 16th	1729	6
March 17th – March 23rd	1731	2
March 24th – March 30th	1736	5
March 31st – April 6th	1739	3
April 7th – April 13th	1743	4
April 13th – April 20th	1747	4
April 21st – April 27th	1748	1
April 28th – May 4th	1755	7
May 5th – May 11th	1764	9
May 12th – May 18th	1765	1
May 19th – May 25th	1768	3

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