

Tohono O'odham Nation Health Care (TONHC)

COVID-19 Situation Update: September 15, 2021 T-Ñukuda Ha'icu Cihañig

This is a rapidly evolving situation. Information is based upon data as of September 15 at 7:00 and may change as more data becomes available.

COVID-19 Data among Members of Tohono O'odham Nation (TON)

Total Pandemic Cases

TONHC Percent Positive Tests This Week*

k* Deaths **

2,002

12

New Cases This Week

7.5%

83

Total Pandemic

TONHC COVID-19 Vaccination Program

Number of people fully vaccinated

Given to date

Points of Distribution (PODs)
Completed

PODs Open This Week

9,522

18,764

Total Doses

280

11

What's New?

TOHONO O'ODHAM NATION CURRENT RISK LEVEL: MODERATE

Low Transmission

Moderate Transmission Substantial Transmission

High Transmission

Tohono O'odham Nation offers \$400 to all the Nation's members, ages 12 years and older, if they are fully vaccinated against COVID-19 by November 19, 2021. Information is available at www.tonation-nsn.gov , (520) 383-8700, or tonenrollment@tonation-nsn.gov.

Unvaccinated persons account for 93% of cases and 100% of the deaths and hospitalizations associated with COVID-19 among cases on the Tohono O'odham Nation. It pays to get vaccinated!

COVID-19 vaccination continues to be recommended for all persons ages ≥12 years, people who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future, and for people who have been infected with COVID-19 once they recover. A 3rd dose is recommend for persons with severely weakened immune systems who were fully vaccinated with either Moderna or

Pfizer. CDC has not yet announced if the general population should receive a booster dose.

S-ge:wkam,
S-wi:nam'o ke:kad
masma mo'g
hasan. Oig'o'e
cu'akas am
wehjed 'g duakag

Stand strong like
a saguaro, get
vaccinated and
improve your
Health

October is usually the best time to start getting vaccinated for influenza (Flu). Persons may receive flu vaccine at the same time as COVID-19 and other vaccinations.

Positive COVID-19 Cases

1 0011110 00112 10 011000					
	Enrolled Member of Tohono O'odham Nation	Enrolled Member of Another Tribe or Other	Total		
Residing within Boundaries of TON	1349	51	1400		
Residing outside Boundaries of TON	653	300	953		
Total	2002	351	2353		

^{*}Includes non-TON members tested at TONHC

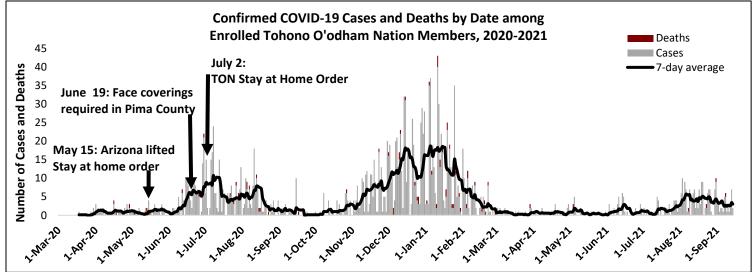
^{**}Total Pandemic Cases & Deaths include non-tribal community members

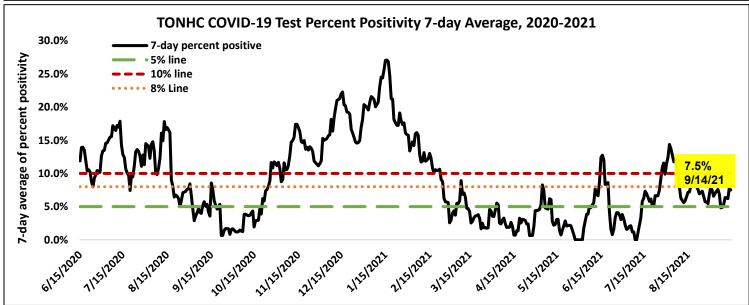
COVID-19 Vaccinations	Completed COVID-19 Vaccine Series		At Least 1 COVID- 19 Vaccine Administered		Population
	Percent (%)	(n)	Percent (%)	(n)	(n)
US Population 12 years & over**	63%		73%		
American Indian/Alaska Native	45%	8,379	48%	9,455	18,790*
Tohono O'odham Nation Member	49%	7,176	56%	8,111	14,541 [†]
Residing on TON	54%	4,641	62%	5268	8,519#

^{*}Amer ican Indian/Alaska Native, vaccine eligible ages 12 years and older, at least 1 visit at TONHC in last 3 year s, and TON members receving vaccine through PIMC †Enrolled TON member, vaccine eligible ages 12 years and older, at least one visit at TONHC in last 3 years, and TON members receving vaccine through PIMC #Enrolled TON members and non-members, vaccine eligible ages 12 years and older, at least one visit at TONHC in last 3 years, residing on TON, including TON members receving vaccine through PIMC

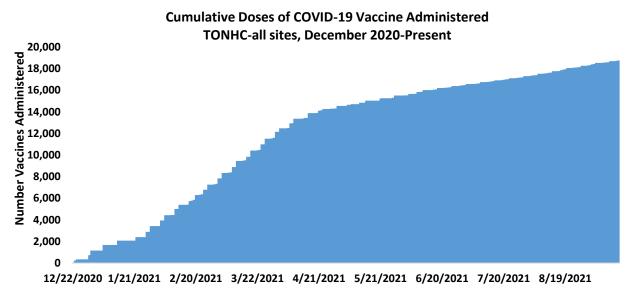
^{**}CDC | Data as of: September 14, 2021 6:00am ET. Posted: Tuesday, September 14, 2021 7:00 PM ET

COVID-19 Case data	TON	Pima County	AZ
Total Cases	2002	131,385	1,055,919
Number of cases in last 7 days	12	1,597	16,497
Incidence Rate last 7 days (per 100,000)	46	164	252
Percent Positivity last 7 days	7.5%	7.9%	11.3%
Cumulative Incidence Rate (per 100,000)	10,333	12,577	14,688
Number Deaths (% of total cases)	83 (4%)	2,561 (2%)	19,333 (2%)
Number Hospitalized	260	8,164	74,914
Hospitalized (% of total cases)	13%	6%	7%





COVID-19 Vaccination Points of Dispensing (PODs) in TON



Vaccination of all community members is needed to block COVID-19 transmission, protect personal and public health, and preserve healthcare. COVID-19 vaccines are safe and recommended for all everyone aged 12 years and older, even for people who have had a prior COVID-19 infection.

TONHC follows guidelines from the Centers for Disease Control and Prevention and Arizona Department of Health Services (ADHS) to vaccinate in phases. ADHS distributes vaccines to health jurisdictions, including Tohono O'odham Nation (TON), based on population.

COVID-19 Vaccine is currently available through TONHC to eligible members of the Tohono O'odham Nation and other tribes:

- TON members or other American Indian/Alaska Native Tribes regardless of employment status or medical diagnoses (photo ID, tribal ID preferred)
- Non-Native persons who work with or live on the TON (bring employee ID or letter from supervisor stating your name, employer, and occupation)
- Non-Native persons who reside in a household with a tribal member (bring proof of residence)
- Must be 12-17 years for Pfizer vaccine or at least 18 years for Moderna and J&J/Janssen vaccines **Vaccine PODs**

TONHC continues to vaccinate through scheduled PODs. Vaccines are also available at all TONHC clinics. Safety is a priority. We have medical providers and infection control monitors onsite at all times. Moderna vaccine requires an injection into the upper arm, with a booster shot four weeks later. Pfizer vaccine requires an injection into the upper arm, with a booster shot three weeks later. Janssen vaccine requires one injection into the upper arm, with no booster needed.

Upcoming POD events:

Wednesday, September 15, 2021 - Santa Rosa Health Center Vaccine Clinic from 1 p.m. to 4 p.m. Wednesday, September 22, 2021 - COVID-19 & Flu Vaccination Event at San Xavier Recreation Center from 3 pm - 6 pm

Wednesday, October 6, 2021 - After Hours Flu Vaccination Event at Basha's Plaza from 4p.m. to 7 p.m.

Wednesday, October 13, 2021 - Santa Rosa Health Center Vaccine Clinic from 1 p.m. to 4 p.m.

COVID-19 Vaccine types

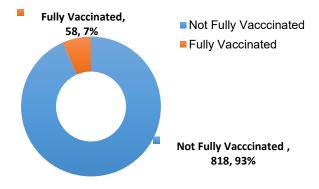
Currently, Pfizer, Moderna, and J&J/Janssen vaccines have Emergency Use Authorization (EUA) in the USA. TONHC currently uses Moderna and J&J/Janssen vaccines for adults and the Pfizer vaccine for children ages 12-17. These vaccine brands are shown to be safe and effective to prevent COVID-19 infection and most importantly, prevent very serious cases.

COVID-19 Brief

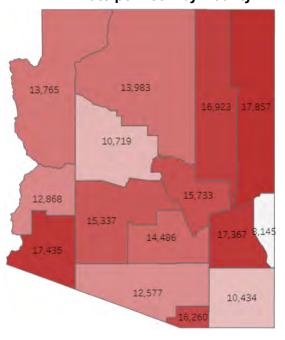
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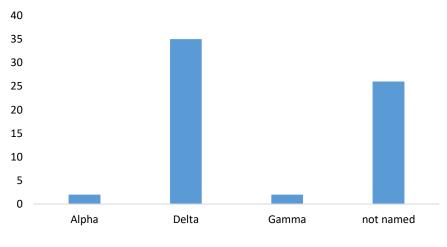


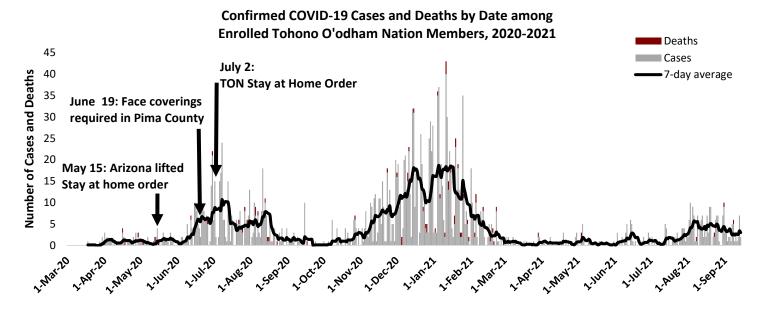


Cumulative Incidence Rate per 100K by County

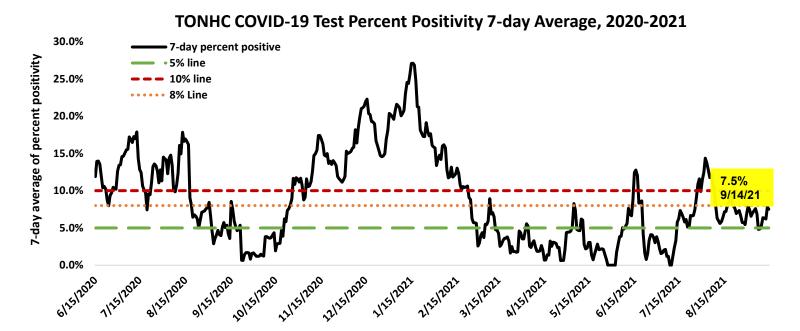


COVID-19 Variants reported from TONHC cases, Arizona Department of Health Services 2021





Weekly test percent positivity is calculated using the day tests were performed and 6-days prior (7-day detected "positive" results)/(7-day total tests performed) x 10



17,740 COVID-19 Tests Performed at TONHC 239 Tests Performed in the Past 7 Days

Tohono O'odham Nation COVID-19 Positive Case Information

	Enrolled Member of Tohono O'odham Nation	Enrolled Member of Another Tribe or Other	Total
Residing within Boundaries of Tohono O'odham Nation	1349	51	1400
Residing outside Boundaries of Tohono O'odham Nation	653	300	953
Total	2002	351	2353

2,002 members of the Tohono O'odham Nation have tested positive* for COVID-19 (as of 9/15/2021 at 7:00). On 9/8/2021, there were 1,990. This represents a 1% increase over the last week. † The number of positive cases is 28X the number 65 weeks ago (72 on 6/9/2020).

1,349 members of the Tohono O'odham Nation who tested positive reside in the Tohono O'odham Nation. On 9/1/2021, there were 1,342. This represents a **1%** increase[†] over the last week. The number of persons who reside in the Tohono O'odham Nation and tested positive for COVID-19 is **56X** the number 65 weeks ago (24 cases on 6/9/2020).

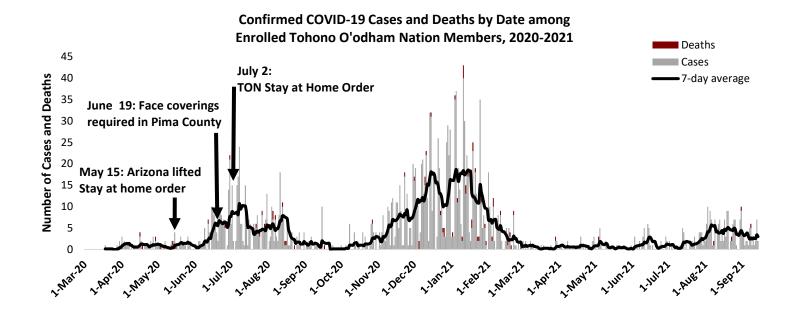
- 1,336 members (67%) are recovering (among members of the Tohono O'odham Nation) ¶
- **76** deaths among members of the Tohono O'odham Nation and **7** members of another tribe.
- 3 deaths in hospital in Tohono O'odham Nation, 80 in hospitals outside the Tohono O'odham Nation.

^{*}COVID-19 positive result means COVID-19 test result of "detected"

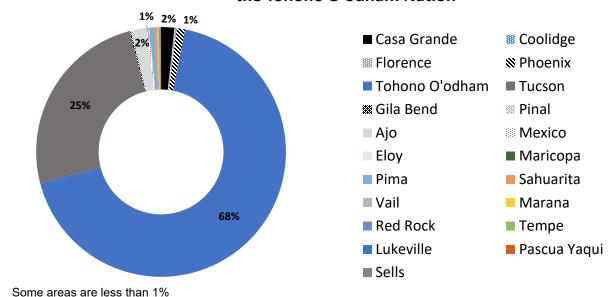
[†]Defined as percentage change (most recent number – previous number)/previous number * 100

[§]Absolute change in cumulative case count is the number of cumulative cases through week 2 subtracted from the number of cumulative cases through week 1, |week2 - week1|

[¶]Recovering is defined as having diagnosis/symptom onset 14-days ago, improving, and no longer hospitalized 7-day average is the average of cases for that day and the 6-days prior

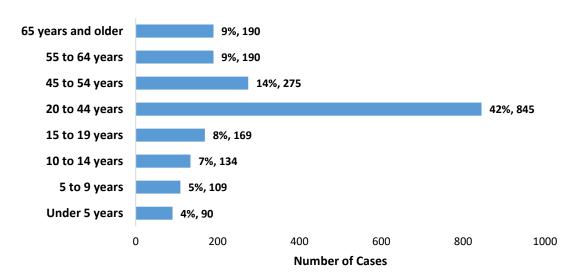


Region of Residence for COVID-19 Cases among Members of the Tohono O'odham Nation



7/22/2020 was the first week that the percentage of persons residing in the Tohono O'odham Nation was over 50% of the cases.

Age Distribution of COVID-19 Cases among Tohono O'odham Members, 2020-2021



Laboratory-confirmed COVID-19 among Tohono O'odham Nation Enrolled Members

Laboratory-commined COVID-13 among 1	Count (n)	Percent (%)	State of Arizona Percent (%)
TON members tested positive for COVID-19	2002		
Asymptomatic/Pre-symptomatic	377	19%	
TON Reside in Reservation	1349	67%	
Hospitalized	260	13%	7%
Recovering	1336	67%	
Died	76	4%	2%

	Median	Minimum	Maximum
	(years)	(months)	(years)
Age	34	0	102

	Male	Percent (%)	Female	Percent
Sex	814	41%	1188	59%

At TONHC, we received the first presumptive positive test result for COVID-19 for a patient seen at San Xavier Health Center in the same day clinic on 3/30/2020. In response, we reached out to clinical staff and the patient/household/community to discuss exposure risk, how to monitor for symptoms, and help guide any recommendations for isolation or quarantine. We anticipate more cases in the future, and we are working together to tackle this challenge. Employee health has reached out to staff for contact tracing. Public health nursing has conducted community contact tracing. Please remember to keep patient and employee results confidential.

COVID-19 Laboratory Testing at TONHC

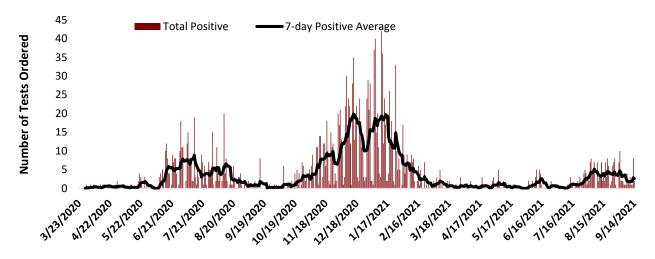
TONHC total number of COVID-19 testing (as of 9/15/2021 at 7:00): 17,740 tests performed:

- 16,527 = patients (anyone who receives care at a TONHC facility)
- 1,113 = employees
- 100 = first responders

On 9/8/2021, 17,501 tests were performed. In the past seven days, TONHC performed 239 tests. As of 9/15/2021, 1,996 tests results were positive* for COVID-19. On 9/8/2021, there were 1,978 positive tests. The number of positive test results are 53x the amount compared to 65 weeks ago (since 6/9/2020). 38 total tests were positive on 6/9/2020. There have been 88 positive cases among TONHC employees.

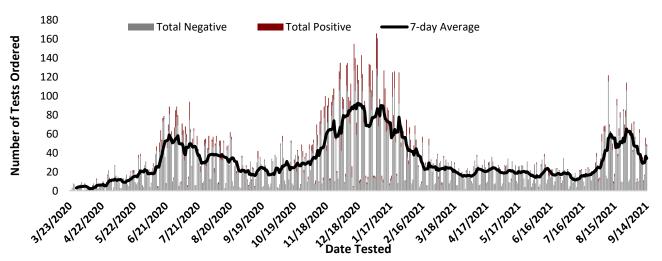
As of 9/15/2021 at 7:00, 9,936 individual TONHC patients have tested for COVID-19. This comprises 50% of the TONHC User Population. User Population consists of patients who have received care at TONHC at least twice in the past three years.

COVID-19 Positive Tests Performed at Tohono O'odham Health Care, 2020-2021

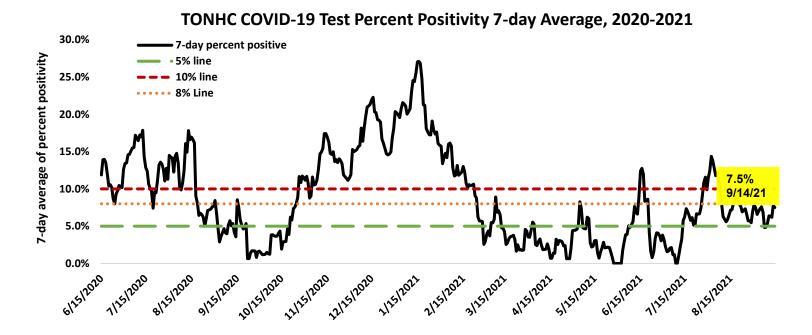


7-day average is the average of cases for that day and the 6-days prior

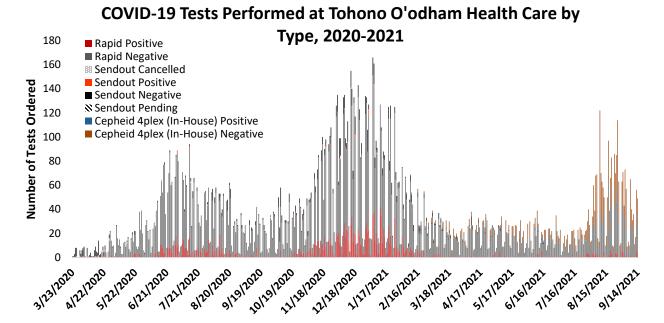
COVID-19 Tests Performed at Tohono O'odham Health Care by Result, 2020-2021



7-day average is the average of cases for that day and the 6-days prior



^{*} Weekly test percent positivity is calculated using the day tests were performed and 6-days prior (7-day detected "positive" results)/(7-day total tests performed) x 100%



COVID-19 testing began at TONHC on March 23, 2020. Same-day testing is available at San Xavier, Sells, San Simon, and Santa Rosa. This means all the equipment to run tests are in the clinical laboratories. We began on-site same-day testing on April 20, 2020. There are two different in-house testing platforms currently; same-day/rapid test for symptomatic patients or same-day PCR testing (testing for SARS CoV-2, Flu A, Flu B, and RSV using one swab, starting February 1, 2021). Send-out testing is used for specific cases. Effective 8/1/21, in-house antibody testing was discontinued, however testing can still be ordered and sent to the reference laboratory.

We have eleven on-site Abbott ID NOW™ machines that are used for sameday symptomatic testing and 4 Cepheid analyzers that can perform up to 52 PCR tests at one time for non-symptomatic patients. We continue to pursue additional avenues for more on-site PCR testing. In addition to expanding our testing capabilities, medical assistants at TONHC completed competencies in performing COVID-19 nasal swab testing to assist with performing testing.

^{*}COVID-19 positive result means COVID-19 test result of "detected" for tests performed at TONHC (San Xavier, San Simon, Sells, and off-site).

[†]Absolute change in cumulative case count is the number of cumulative cases through week 2 subtracted from the number of cumulative cases through week 1, |week2 – week1|

Staying Safe at HOME

Our team strongly recommends to continue prevention measures including avoiding all unnecessary travel and gatherings. We also recommend the use of masks/cloth face coverings for all persons in public settings. Please continue to share the messaging of minimizing group contact, including neighbors and relatives not in one's own household.



Stay at home as much as possible



Practice physical distancing (remaining at least 6 feet away from others)



Clean your hands often

Our testing algorithms aim to identify symptomatic persons, asymptomatic persons with known potential COVID-19 exposures, and persons who will enter high-risk or congregate settings (surgery, detention, foster care, hospitalization, dorms, etc.).

We all need to do our part and to continue to practice physical distancing and frequent hand hygiene.

Please share with community members:

The best way to prevent illness is to avoid exposure to this virus. These simple actions will lessen your chances of catching COVID-19 and spreading it to others:



- Everyone should wear a mask/cloth face covering in public when physical distancing of 6 feet is not possible (except children ages less than 2 years and persons with a medical contraindication).
- Limit direct physical contact to only persons who live in the same household.
- Avoid all group activities/gatherings, even relatives if they do not live with you until further notice.
- Maintain "stay at home" behavior except for essential needs.
- Report illnesses and possible COVID-19 exposures immediately to your provider.
- Frequently wash hands with soap and water, and use alcohol-based hand sanitizer if unable to wash hands.

Symptoms to Monitor



COVID-19 symptoms to monitor for: fever, chills, cough, difficulty breathing (shortness of breath), runny/stuffy nose, sore throat, headaches, fatigue, abdominal pain, vomiting, diarrhea, new loss of taste or smell. If you have any of these symptoms, please stay home and do not go to work, school, or be in public areas.

Face Mask Guidance in the Community Setting



How to make sure your mask works the best it can

- 1. Make sure your mask fits snugly against your face. Gaps can let air with respiratory droplets leak in and out around the edges of the mask
- 2. Pick a mask with layers to keep your respiratory droplets in and others' out. A mask with layers will stop more respiratory droplets getting inside your mask or escaping from your mask if you are sick.

DO



- o A nose wire is a metal strip along the top of the mask
- o Nose wires prevent air from leaking out of the top of the mask.
- Bend the nose wire over your nose to fit close to your face.

Use a Mask Fitter or Brace

- Use a mask fitter or brace over a disposable mask or a cloth mask to prevent air from leaking around the edges of the mask.
- Check that it **Fits Snugly** over your nose, mouth, and chin
 - o Check for gaps by cupping your hands around the outside edges of the mask.
 - Make sure no air is flowing from the area near your eyes or from the sides of the mask.
 - If the mask has a good fit, you will feel warm air come through the front of the mask and may be able to see the mask material move in and out with each breath.



- o 2 ways to layer
 - Use a cloth mask that has multiple layers of fabric.
 - Wear one disposable mask underneath a cloth mask.
- The second mask should push the edges of the inner mask against your face.



- **Knot and Tuck** ear loops of a 3-ply mask
 - Knot the ear loops of a 3-ply face mask where they join the edge of the mask
 - Fold and tuck the unneeded material under the edges
- For video instructions, see: https://voutu.be/UANi8Cc71A0external.icon.

Adapted from: https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html Accessed 2/24/2021





Arizona COVID-19 School Benchmarks

On March 2nd, 2021 CDC announced updated school guidance. The Arizona Department of Health Developed Community Transmission to Reflect Level of Community Risk: CDC recommends the use of two measures of community burden to determine the level of community transmission. These measures assess the incidence and spread of COVID-19 in the community, not the school itself. Risk is dependent on community level transmission and implementation of school and community mitigation strategies.



Indicator	Low Transmission	Moderate Transmission	Substantial Transmission	High Transmission
Total new cases per 100,000 persons in the last 7 days	0 – 9	10 – 49	50 – 99	≥ 100
Percentage of nucleic acid amplification tests (NAATs) that are positive during the past 7 days	<5.0%	5.0% - 7.9%	8.0% – 9.9%	≥ 10.0%

Arizona Department of Health Services, https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/novel-coronavirus/schools/school-benchmarks.pdf, accessed 3/11/21.

COVID-19 GUIDANCE ON HOME ISOLATION AND QUARANTINE

Tohono O'odham Nation Health Care has updated guidance on isolation and quarantine to align with recent changes to CDC recommendations. For reference, quarantine is defined as separating yourself from all persons in your home if you may have been exposed to the virus. Isolation refers to being symptomatic or infected with the virus, and separating yourself from all persons in your home.

Quarantine Guidance (as of 8/5/2021)

Health care workers at TONHC: if <u>fully vaccinated</u> and <u>close contact exposure</u>, and <u>no symptoms (asymptomatic)</u>

- Get tested by COVID-19 PCR on Day 5 (or as close to day 5 as possible) to determine if transmission occurred
- Can continue to go to work
- Facemask to be worn at all the time around others for 14-calendar days post exposure and per TONHC policy. Note: all health care workers are required to wear a surgical facemask at all times at TONHC.
- If healthcare worker develops COVID-19 related symptoms (e.g., fever of ≥100.0 degrees Fahrenheit or respiratory symptoms), they must cease patient care activities immediately, notify their supervisor and employee health, and leave worksite to prevent exposure of others.

Note: all health care workers are to check for symptoms and fever prior to working. Do not come to work if you have symptoms.

Community members: if <u>fully vaccinated</u> and <u>close contact exposure</u>, and <u>no symptoms</u> (asymptomatic)

- Quarantine immediately, stay home until end of quarantine.
- Get tested by PCR at least 5 days from exposure (test at 5 days after exposure and up to day 14)
- In some cases, quarantine can end after 7 full days, if negative test result and no symptoms (if test done within 48 hours of end of quarantine date). Your medical provider or public health team will let you know the end of the quarantine date.
- If not tested for any reason or at the recommendation of public health nursing or medical provider, quarantine may end 10 full days from COVID-19 exposure
- Facemask to be worn at all times when around other people for 14-calendar days post exposure

Community members: if <u>unvaccinated</u> and <u>close contact exposure</u>, and <u>no symptoms</u> (asymptomatic)

- Quarantine immediately, stay home until end of guarantine.
- Get tested by PCR at least 5 days from exposure (test at 5 days after exposure and up to day 14)
- Quarantine will end 10 full days from COVID-19 exposure
- In some special cases, quarantine can end after 7 full days, if negative test result and no symptoms (if test done within 48 hours of end of quarantine date). Your medical provider or public health team will let you know the end of your quarantine date.
- Facemask to be worn at all times when around other people for 14-calendar days post exposure

^{*}Special exception: Must quarantine for 14 days if in a congregate setting

Close contact exposure: within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period

Close contact exposure for health care worker includes in addition: prolonged exposure to patients with COVID-19 infection when the health care workers eyes, nose, or mouth are not covered (not wearing appropriate PPE).

https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html

For more information on home isolation guidance, please contact TONHC Public Health Nursing Department.

Coronavirus Disease 2019 (COVID-19): HOME ISOLATION GUIDANCE

If you tested positive for COVID-19, you need to stay in ISOLATION:

Isolation is for people who have tested positive or have symptoms consistent with COVID-19 and are waiting to be tested or diagnosed. It prevents the spread of COVID-19 by asking people who have COVID-19 (or those with symptoms) to stay away from others until they have fully recovered and can no longer transmit the virus. You should stay in a specific "sick room," if possible, and away from other people in your home.

If you tested POSITIVE for COVID-19 or have symptoms of COVID-19, you should stay isolated at home for a specified period of time - usually around 10 days.

Stay isolated means you need to:

- Separate yourself from others in your home, as much as possible. Stay in a separate room and use a separate bathroom, if possible. If you cannot separate from others at home, you need to wear a mask.
- Do not attend work, school, be in public areas or use public transportation.
- Avoid sharing household items like dishes, cups, eating utensils, and bedding.
- Cover coughs and sneezes with a tissue or your elbow. Throw away used tissues in the trash and wash your hands.
- Avoid touching your eyes, nose, and mouth.
- Wash your hands often with soap and warm water for at least 20 seconds.
- Clean high-touch surfaces (tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, etc.) daily.
- Reschedule all non-essential medical appointments. If you need medical care, call your provider before going, and tell them about your illness.
- Monitor your symptoms and seek medical care if your illness is worsening.

The number of days you need to stay isolated at home depends on:

- Your COVID-19 test result;
- > Your symptoms;
- If you were a close contact of someone with COVID-19;
- How sick you were; and
- If you are severely immunocompromised.

Symptoms of COVID-19 can range from mild to severe illness, may appear 2 – 14 days after exposure and may include:
Fever or chills
Cough
Muscle or body aches
Nausea or vomiting, diarrhea
Sore Throat
Congestion or nonny nose
Fatigue

Close Contacts are people who were within 6 feet of a person with COVID-19 while infections for a cumulative total of 15 minutes or more over a 24-hour period or who had physical contact with a person with COVID-19 while infectious, regardless of whether masks were worn.

Please look at the chart on the back of this sheet to help you figure out how long you should stay isolated at home.

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Contact your healthcare provider or Public Health Nursing for any questions. You can also review the CDC website at: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

TOHONO O'ODHAM NATION HEALTH CARE

Updated 5/4/2021 (Subject to change as new information becomes available. Please look for the most up-to-date recommendations)



COVID-19 Home Isolation Guidance Flow Chart Symptoms of COVID-19 can range from mild to severe illness, may appear 2 – 14 days after expor and may include: START HERE-Shortness of breath or difficulty breathing Cough / Sore Throat Have you experienced symptoms Muscle or body aches Congestion or runny nose consistent with COVID-19? Nausea or vomiting, diarrhea YES, I have/had symptoms NO, I haven't had symptoms Close Contacts are people who were within 6 feet of a person with COVID-19 while infection Are you a close contact of someone with COVID-19? Are you a close contact of for a cumulative total of 15 minutes or more over a 24-hour period or who had physical someone with COVID-197 contact with a person with COVID-19 while infectious, regardle NO, I'm not a close contact YES, I'm a close contact YES, I'm a close contact You are fully vaccinated against COVID-NO, I'm not a close contact Did you get a PCR or Antigen Test for COVID-19 and do You do NOT need to isolate. Have you been fully vaccinated against COVID-19, and/or did you have COVID-19 if you received your 2rd dose of 2-dose vaccine series (or 1st/only dose of a 1-dose Testing generally is not recommended for COVID-19 and do you know your result? people without symptoms who were not exposed to someone with COVID-19, but testing 19 in the past 90 days? vaccine series) at least 14 days ago. is available to everyone. If you get tested, Previous COVID-19 Infection? If re-evaluate when you know your result YES, I'm fully vaccinated and/or had you previously tested positive for COVID-19 by PCR or antigen test, **COVID-19** previously PCR or Antigen tests for COVID-19 generally require a nose or throat awab or Did you get a PCR or Antigen Test for COVID-19 and do you know your result? d. and completed your salive sample. If you received a blood test, this was not a PCR or Antigen test. You should follow the instructions for "NO, or NOT TESTED" below. isolation period within the last 90 days, you do NOT need to isolate if you test positive for COVID-19 again. YES, but NO RESULTS YET OF NO, YES, POSITIVE result-YES. NEGATIVE result or YES, but NO -NO. not fully vaccinated and did not -YES, NEGATIVE resultisolate until it has been at least: RESULTS YET or NO, NOT TESTEDhave COVID-19 previously-Isolate until it has been at least: If you are waiting for your test result or 10 days since your symptoms appeared, You may be subject to QUARANTINE. See Regardless of any test results, you must isolate until it has been at least: the QUARANTINE guidance. haven't been tested, begin by following the POSITIVE guideline at right, then re-24 hours since your last fever without the AND 24 hours since your last fever use of fever reducing medication, AND without the use of fever-reducing 10 days since your symptoms appeared, evaluate when you get tested and/or your other symptoms have improved. medication, AND your other symptoms AND 24 hours since your last fever receive your result without the use of fever-reducing medication, AND your other symptoms

SPECIAL EXCEPTION

solation is **not** necessary if your symptoms are

caused by a known chronic non-infectious

condition (e.g. allergies, asthmal, A doctor

should provide a note confirming this is in the

school setting anly

Known Chronic Non-Info

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have improved. Also, see the exceptions

for the YES, POSITIVE result at right.

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SPECIAL EXCEPTION

If your doctor will provide a note attesting that

you have a different, lab-confirmed, infectious

illness (e.g., strep throat, influenza) causing your symptoms, you may follow the NEGATIVE

guideline above.

SPECIAL EXCEPTION

If severely immunocompromised, isolate until it's been at least 20 days since your symptoms

appeared (or longer as your doctor may determine), AND 24 hours since your last fever without the use of fever-reducing medication,

AND your other symptoms have improved.

SPECIAL EXCEPTION

20 days since your symptoms appeared, AND

24 hours since your last fever without the use of fever-reducing medication, AND your other

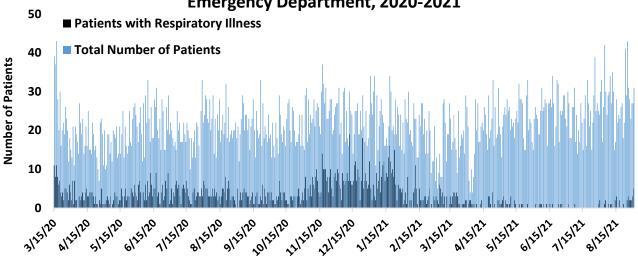
symptoms have improved.

Serious COVID Illness

If you were admitted to an ICU due to you COVID-19 illness, isolate until it's been at le

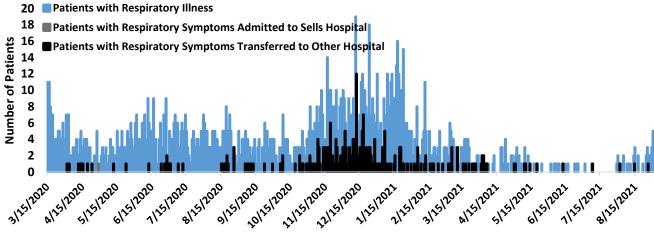
Sells Emergency Department Syndromic Surveillance

Patients Presenting with Respiratory Illness and Daily Totals, Sells Emergency Department, 2020-2021



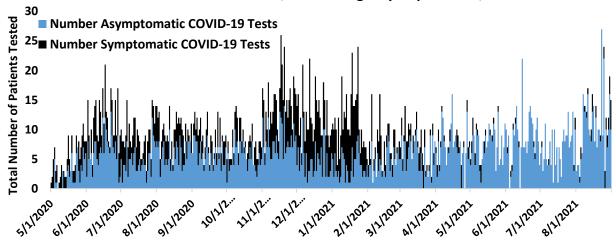
Syndromic surveillance refers to detection of indicators that are discernible before confirmed diagnoses are made. For example, an increase in the number of patients seen with respiratory symptoms could be an indicator of COVID-19. There were 11 patients seen in Sells Emergency Department with respiratory symptoms during the week of 8/23/2021- 8/29/2021.

Patients Presenting with Respiratory Illness and Number of Patients Transferred/Admitted from Emergency Department to Inpatient Hospital, Sells Emergency Department, 2020-2021

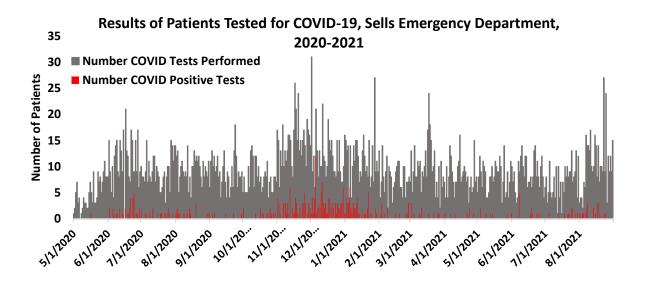


As of 9/1/2021, there were 2 admissions to Sells Hospital and 250 outside transfers for respiratory symptoms from Sells Emergency Department. The number of patients transferred from the emergency department to hospital inpatient units helps to identify severity of disease among the population. This is a level of disease severity that requires a higher level of care, such that care must be managed in the hospital (e.g. with oxygen, mechanical ventilation, etc.).

Patients Tested for COVID-19, Sells Emergency Department, 2020-2021



Same-day COVID-19 testing began on 4/20/20. From 8/23/21– 8/29/21, between 23 and 43 patients were seen each day in the emergency department. Asymptomatic tests are performed on people who have no symptoms (no cough, no diarrhea, no fever, etc.). Symptomatic tests refer to tests performed on people who have symptoms (cough, fever, diarrhea, etc.) of COVID-19.



The week of 8/23/21 - 8/29/21, 7 persons seen in the emergency department tested positive for COVID-19. There have been 371 total positive test results from tests performed in Sells emergency department as of 9/1/2021, 7:00.

For patients who need to be transferred to hospitals in town for higher level care, the time from the patient walking in the door to being transferred to another facility is called door to transfer time. Due to COVID-19, many hospitals have limited bed availability, and the door to transfer time has increased:

Door to transfer time in June 2021 was 262 minutes.

Door to transfer time in July 2021 was 292 minutes.

Door to transfer time in August 2021 was 402 minutes.

Due to recent increased COVID-19 cases, many facilities have less beds available and are unable to receive patients as quickly.

TONHC Situation Update 09/15/2021 7:00

Wear a mask, physically distance, and wash your hands to protect Tohono O'odham Nation

EMPLOYEE HEALTH

All employees at TONHC must wear a procedure/surgical mask while at work. All employees in patient care areas must wear a procedure/surgical mask and eye protection. All employees in areas with patients with suspected or confirmed COVID-19 must wear N95 respirator, eye protection, gloves, and gown.

681 TONHC employees and TON first responders (1109 encounters) have been evaluated by employee health for respiratory symptoms related to illness or other reasons (as of 7:00 9/15/2021).

3 TONHC employees and TON first responders are currently sick (as of 7:00 9/15/2021).

There have been 88 Cases of COVID-19 among TONHC employees. Each positive result has prompted an internal and external investigation and contact tracing. Based on these investigations, transmissions were more likely due to community spread. Employees possibly exposed are tested for COVID-19.

All employees are required to contact Employee Health with any call-outs. This is to ensure that employees are tested for COVID-19 if sick or exposed and given appropriate guidance on when to return to work. Employees are also required to contact their supervisor when they call out.

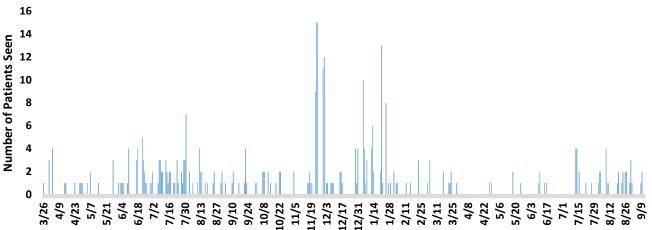
TONHC Infection Control

Infection control prevents or stops the spread of infections in healthcare settings. TONHC COVID-19 infection control team monitors, tracks, and provides guidance on personal protective equipment (PPE such as gowns, gloves, face shields, N95 respirators).

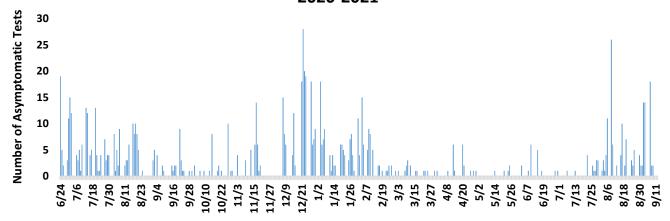
- At the San Xavier, Sells, and San Simon Health Care Centers, the Battelle CCDS Critical Care Decontamination System[™] program ended on 3/31/21 and now contingency N95 strategies are in use.
- All staff are wearing procedure/surgical masks, and staff caring for patients are also wearing eye protection.
- Staff caring for patients that have or may have been exposed to COVID-19 are wearing gowns, gloves, face shields or other eye protection, and N95 respirators or Powered Air Purifying Respirators (PAPRs).

CLINIC - SAN SIMON



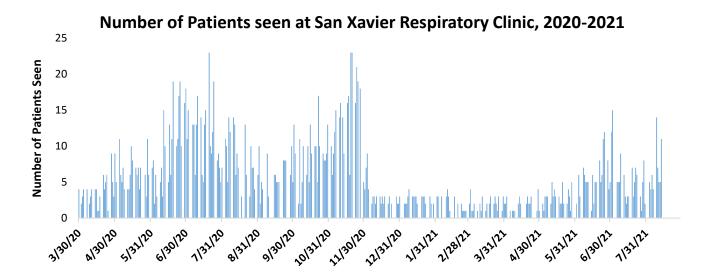


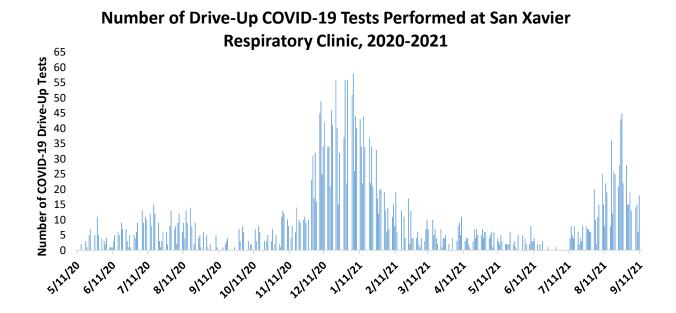
Number of COVID-19 Asymptomatic Tests Performed at San Simon, 2020-2021



These are the number of COVID-19 tests performed on patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.), or patients who are symptomatic but only desire to be tested. They are performed on people who have may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital.

CLINIC - SAN XAVIER

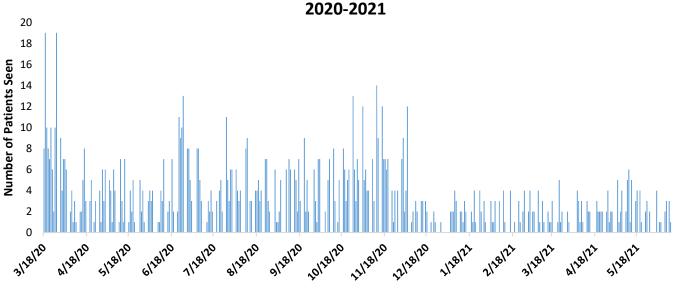




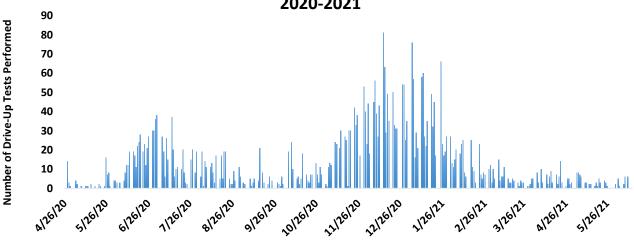
Drive-Up testing includes both symptomatic and asymptomatic patients, with testing for symptomatic patients beginning in November at San Xavier Clinic. Asymptomatic testing is for patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.). They are performed on people who may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital. Patients who have COVID-19 symptoms may be offered a drive up test instead of a Respiratory Clinic visit.

CLINIC - SELLS

Number of Patients seen at Sells Respiratory Clinic, 2020-2021



Number of Drive-Up COVID-19 Tests Performed at Sells Clinic, 2020-2021



Drive-Up testing includes both symptomatic and asymptomatic patients, with testing for symptomatic patients beginning on 11/23/2020 at Sells Hospital. Asymptomatic testing is for patients that have no symptoms of COVID-19 (no fever, no cough, no difficulty breathing, etc.). They are performed on people who may have had exposure to COVID-19, are entering a congregate setting, or are going to be admitted to the hospital. Patients who have COVID-19 symptoms may be offered a drive up test instead of a Respiratory Clinic visit.

Due to changes in scheduling formats, covid testing rates for Sells Hospital are currently unavailable.

SELLS INPATIENT UNIT

To minimize possible exposure and conserve personal protective equipment, visitors are not allowed on the inpatient wards. Exceptions are for a minor, woman in labor, and other special circumstances. In accordance with state enhanced surveillance advisory related to COVID-19, daily information is reported to Arizona State using EMResource.

5 patients were admitted to Sells Hospital who tested positive for COVID-19. Inpatient, in-hospital transportation, and postmortem protocols have been developed. Every patient admitted to the inpatient unit of Sells hospital is tested for COVID-19.

Med/Surge Bed Availability – 11 (9/15/2021)

Med/Surge Bed Capacity – 14, with 5 additional beds available if needed for emergency situations

No intensive care unit services

Negative Pressure Rooms – 2 inpatient rooms, 1 in emergency department (inpatient rooms are used by emergency department or other clinics when indicated).

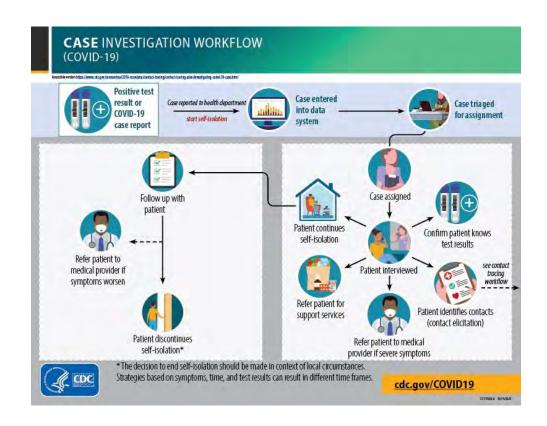
The Arizona Surge Line is used for all transfers outside of TONHC. The Arizona Surge Line is a 24/7 toll-free statewide system activated 4/22/20 to keep hospitals and regions of Arizona from being overwhelmed by facilitating COVID-19 patient admission, transfer, and discharge to appropriate levels of care.

Our outpatient clinic staff has been cross-trained in inpatient patient care. To date we have trained 16 members of the healthcare workforce to manage patients in the hospital setting. Cross training will allow us to increase the number of patients we can take care of on the inpatient unit. Please note that Sells hospital is not an intensive care unit, so we cannot take care of patients with COVID-19 requiring intensive respiratory treatment. These patients are transferred to intensive care units at other sites.

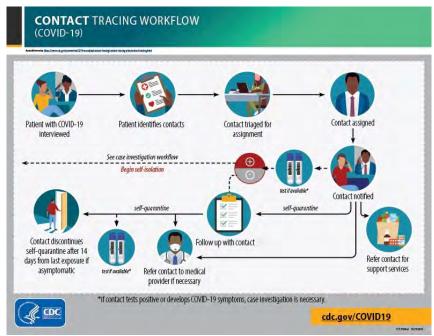
PUBLIC HEALTH NURSING - CONTACT TRACING

As of 9/15/21 at 7:00, 4,339 individual contact tracings have occurred in the Tohono O'odham Nation.

TONHC public health nursing conducts case investigation and contact tracing (involves interviewing). Case investigations are initiated on everyone who tests positive for COVID-19.



Contact tracing, a core disease control measure, is a key strategy for preventing further spread of COVID-19. Contact tracing is part of the process of supporting patients with suspected or confirmed infection. In contact tracing, public health nursing works with patients to help them recall everyone with whom they have had close contact during the timeframe in which they may have been infectious. To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them. Contacts are provided with education, information, and support to understand their risk, what they should do to separate themselves from others who are not exposed, how to monitor themselves for illness, and the possibility that they could spread the infection to others even if they themselves do not feel ill.



APPENDIX

Confirmed COVID-19 Cases and Absolute Change among Enrolled Tohono O'odham Nation Members by Week, 2020-2021*

Week (2020)	Cumulative COVID-19 Cases Among Enrolled Tohono O'odham Tribal Members	Absolute Change [§] in Cumulative Case Counts from Previous Week
June 24 th – June 30 th	208	
July 1st – July 7th	265	57
July 8 th – July 14 th	324	59
July 15 th – July 21 st	349	25
July 22 nd – July 28 th	382	33
July 29th - August 4th	421	39
August 5 th - August 11 th	468	47
August 12 th - August 18 th	501	33
August 19 th – August 25 th	513	12
August 26 th – September 1 st	523	10
September 2 nd – September 8 th	532	9
September 9 th – September 15 th	546	14
September 16 th – September 22 nd	546	0
September 23 rd – September 29 th	547	1
September 30 th – October 6 th	549	2
October 7 th – October 13 th	560	11
October 14 th – October 20 th	566	6
October 21 st – October 27 th	584	18
October 28 th – November 3 rd	597	13
November 4 th – November 10 th	637	40
November 11 th – November 17 th	687	50
November 18 th – November 24 th	744	57
November 25 th – December 1 st	805	61
December 2 nd – December 8 th	890	85
December 9 th – December 15 th	1017	127
December 16 th – December 22 nd	1109	92
December 23 rd – December 29 th	1191	82
December 30 th – January 5 th	1322	131
January 6 th – January 12 th	1444	122
January 13 th – January 19 th	1530	86
January 20 th – January 26 th	1624	94
January 27 th – February 2 nd	1671	47
February 3 rd – February 9 th	1705	34
February 10 th - February 16 th	1728	23
February 17 th – February 23 rd	1746	18
February 24 th – March 2 nd	1752	6
March 3 rd – March 9 th	1758	6
March 10 th – March 16 th	1759	1
March 17 th – March 23 rd	1761	2
March 24 th – March 30 th	1763	2
March 31st – April 6th	1764	1

April 7 th – April 13 th	1766	2
April 14 th – April 20 th	1770	4
April 21 st - April 27 th	1772	2
April 28 th – May 4 th	1780	8
May 5 th – May 11 th	1789	9
May 12 th – May 18 th	1790	1
May 19 th – May 25 th	1793	3
May 26 th – June 1 st	1794	1
June 2 nd – June 8 th	1800	6
June 9 th – June 15 th	1818	18
June 16 th – June 22 nd	1820	2
June 23 rd – June 29 th	1823	3
June 30 – July 6 th	1825	2
July 7 th – July 13 th	1832	7
July 14 th –July 20 th	1839	7
July 21st – July 27th	1850	11
July 28 th – August 3 rd	1876	26
August 4 th – August 10 th	1897	21
August 11th – August 17th	1924	27
August 18 th – August 24 th	1949	25
August 25 th – August 31 st	1975	26
September 1st – September 7th	1990	15
September 8 TH – September 14 th	2002	12

^{*}changes due to added cases

Confirmed COVID-19 Cases and Absolute Change among Enrolled Tohono O'odham Nation Members Residing within the Tohono O'odham Nation by Week, 2020-2021*

Week (2020)	Cumulative COVID-19 Cases Among Enrolled Tohono O'odham Tribal Members Residing within the Tohono O'odham Nation Boundary	Absolute Change [§] in Cumulative Case Counts from Previous Week
June 24 th – June 30 th	87	
July 1 st – July 7 th	116	29
July 8 th – July 14 th	163	47
July 15 th – July 21 st	182	19
July 22 nd – July 28 th	204	22
July 29th - August 4th	234	30
August 5 th - August 11 th	272	38
August 12 th – August 18 th	299	27
August 19 th – August 25 th	309	10
August 26 th – September 1 st	319	10
September 2 nd – September 8 th	326	7
September 9 th – September 15 th	340	14
September 16 th – September 22 nd	340	0
September 23 rd – September 29 th	340	0
September 30th – October 6 th	341	1
October 7 th – October 13 th	349	8
October 14 th – October 20 th	352	3

October 21st – October 27th	358	6
October 28 th – November 3 rd	369	11
November 4 th – November 10 th	401	32
November 11 th – November 17 th	436	35
November 18th – November 24th	484	48
November 25 th – December 1 st	527	43
December 2 nd – December 8 th	588	61
December 9 th – December 15 th	684	96
December 16 th – December 22 nd	746	62
December 23 rd – December 29 th	795	49
December 30 th – January 5 th	883	88
January 6 th – January 12 th	968	85
January 13 th – January 19 th	1030	62
		76
January 20 th – January 26 th	1106	
January 27th – February 2nd	1136	30
February 3 rd – February 9 th	1164	28
February 10 th - February 16 th	1177	13
February 17 th – February 23 rd	1189	12
February 24 th – March 2 nd	1193	4
March 3 rd – March 9 th	1197	4
March 10 th – March 16 th	1198	1
March 17 th – March 23 rd	1200	2
March 24 th – March 30 th	1202	2
March 31st – April 6th	1202	0
April 7 th – April 13 th	1202	0
April 13 th – April 20 th	1205	3
April 21st – April 27th	1205	0
April 28 th – May 4 th	1209	4
May 5 th – May 11 th	1218	9
May 12 th – May 18 th	1219	1
May 19 th – May 25 th	1221	2
May 26 th – June 1 st	1222	1
June 2 nd – June 8 th	1226	4
June 9 th – June 15 th	1242	16
June 16 th – June 22 nd	1243	1
June 23 rd – June 29 th	1244	1
June 30 – July 6 th	1245	1
July 7 th – July 13 th	1251	6
July 14 th – July 20 th	1256	5
July 21 st – July 27 th	1261	5
July 28 th – August 3 rd	1280	19
August 4 th – August 10 th	1292	12
August 11 th – August 17 th	1311	19
August 18 th – August 24 th	1322	11
August 25 th – August 31 st	1337	15
September 1st – September 7th	1342	5

September 8 th – September 14 th	1349	7
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^{*}Changes due to added cases and reclassification of residence

TONHC COVID-19 Positive Test Results and Absolute Change by Week, 2020-2021

Week (2020)	TONHC Cumulative Positive COVID-19 Test Results	Absolute Change [†] in Positive Test Results from Previous Week
June 24 th – June 30 th	153	
July 1st – July 7th	202	49
July 8 th – July 14 th	251	49
July 15 th – July 21 st	278	27
July 22 nd – July 28 th	302	24
July 29th - August 4th	342	40
August 5 th - August 11 th	382	40
August 12 th - August 18 th	403	21
August 19 th – August 25 th	416	13
August 26 th – September 1 st	426	10
September 2 nd – September 8 th	431	5
September 9 th – September 15 th	444	13
September 16 th – September 22 nd	445	1
September 23 rd – September 29 th	447	2
September 30 th – October 6 th	449	2
October 7 th – October 13 th	457	8
October 14 th – October 20 th	464	7
October 21st – October 27th	487	23
October 28 th – November 3 rd	505	18
November 4 th – November 10 th	549	44
November 11 th – November 17 th	604	55
November 18th – November 24 th	667	63
November 25th – December 1st	725	58
December 2 nd – December 8 th	824	99
December 9 th – December 15 th	962	138
December 16th – December 22 nd	1066	104
December 23 rd – December 29 th	1148	82
December 30 th – January 5 th	1276	128
January 6 th – January 12 th	1409	133
January 13 th – January 19 th	1497	88
January 20 th – January 26 th	1584	87
January 27 th – February 2 nd	1630	46
February 3 rd – February 9 th	1664	34
February 10 th - February 16 th	1689	25
February 17 th – February 23 rd	1706	17
February 24 th – March 2 nd	1711	5
March 3 rd – March 9 th	1723	12
March 10 th – March 16 th	1729	6

March 17 th – March 23 rd	1731	2
March 24 th – March 30 th	1736	5
March 31st – April 6th	1739	3
April 7 th – April 13 th	1743	4
April 13 th – April 20 th	1747	4
April 21st – April 27th	1748	1
April 28 th – May 4 th	1755	7
May 5 th – May 11 th	1764	9
May 12 th – May 18 th	1765	1
May 19 th – May 25 th	1768	3
May 26 th – June 1 st	1768	0
June 2 nd – June 8 th	1774	6
June 9 th – June 15 th	1792	18
June 16 th – June 22 nd	1794	2
June 23 rd – June 29 th	1798	4
June 30 – July 6 th	1800	2
July 7 th – July 13 th	1803	3
July 14 th – July 20 th	1810	7
July 21st – July 27th	1823	13
July 28th – August 3rd	1853	30
August 4 th – August 10 th	1878	25
August 11 th – August 17 th	1906	28
August 18 th – August 24 th	1932	26
August 25 th August 31 st	1965	33
September 1 st – September 7 th	1978	13
September 8 th – September 14 th	1996	18