



# TOHONO O'ODHAM NATION HEALTH CARE

## For Immediate Release

Wednesday, January 19, 2022

TONHC: COVID-19

### Hospital & Health Centers

TONHC Public Information  
Officer  
Donna Hobbs, QM  
(520) 383-7283  
(520) 349-1412

TON Sells Hospital  
P.O. Box 548  
Highway 86 & Topawa Rd  
Sells, AZ 85634  
(520) 383-7200

TON San Xavier  
Health Center  
7900 S. J Stock Road  
Tucson, AZ 85746  
(520) 295-2550

TON Santa Rosa  
Health Center  
HC01, Box 8700  
Federal Route 15,  
Milepost 12  
Sells, AZ 85634  
(520) 383-5570

TON San Simon  
Health Center  
HC01, Box 8150  
Highway 86, Milepost 74  
Sells, AZ 85634  
(520) 362-7007

## COVID-19 at-home tests kits available FREE by mail

Every home in the U.S. is eligible to order 4 free at-home COVID-19 Rapid Antigen tests.

The tests are completely free. Orders will usually ship in 7-12 days.

- Use your smartphone or computer to order.
- Order now so you have them when you need them.
- Check the website or call. They also have “frequently asked questions” at:

[www.covidtests.gov](http://www.covidtests.gov) or

1-800-232-0233 and TTY option 1-888-720-7489.

### When to use your at-home COVID-19 Rapid Antigen test:

- If you begin having COVID-19 symptoms: fever, sore throat, runny nose, or loss of taste or smell, *or*
- At least 5 days after you come into close contact with someone with COVID-19, *or*
- Before going to gather with a group of people, especially those who are at risk of severe disease or may not be up to date on their COVID-19 vaccines.

### What to do if you are sick:

If you develop cough, fever, sore throat, difficulty breathing or loss of smell or taste, or diarrhea:

- Isolate (stay apart from others) for a minimum of 5 days or until your fever resolves.
- Test any day after your symptoms started.
- Wear a well-fitting mask for a total of 10 days, even if you test negative.
- If you test positive, you do not need a “confirmation” test in clinic.
- Public Health does not recommend re-testing for 3 months after a positive test.
- Seek care for any serious symptoms or if you have underlying health conditions.

**Notify your health clinic or public health team if anyone in your household tests positive.**