What do you do if you are exposed to or test positive for COVID-19?

With both quarantine and isolation, you need to stay away from other people until it is known that you no longer pose a risk of spreading COVID-19 to them.

- You **isolate** when you have been infected with the virus, even if you don't have symptoms.

- You **quarantine** when you might have been exposed to the virus and are waiting to know if you might have been infected.

If you test positive for COVID-19

Isolate | **Everyone, regardless of vaccination status.**

- Stay away from others for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves.
- You do not need to be re-tested for 3 months unless directed by public health.

If you were exposed to someone with COVID-19

Quarantine | **If you completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted**

Quarantine | **If you completed the primary series of J&J over 2 months ago and are not boosted**

Quarantine | **If you are unvaccinated**

- Stay away from others for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.
- If you develop symptoms get a test and stay home.