

The Chili Pepper Café

TON Sells Hospital

Week: November 24 - 25, 2022

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Boiled Egg, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Banana Bar or Fruit, Beverage..... \$7.00

LUNCH CHOICE 2: Eggplant & Chickpea Ragout on Pasta, Tossed Salad, Garlic Toast, Bar or Fruit, Beverage...\$7.00

LUNCH CHOICE 3: Spinach & Chicken Salad w/ baby spinach, chicken, cranberries, apricot, mandarin oranges, pineapple & pecans, Wheat roll or Crackers, Bar or Fruit, Beverage...\$7.00

SOUP: Mushroom Barley (V).....\$1.75

ALA CARTE: Tuna Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg (2), Bagel w/ Cream Cheese, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Baked Sweet Potato, Mixed Vegetables, Waldorf Salad, Wheat Roll, Cookies or Fruit, Beverage...\$7.00

LUNCH CHOICE 2: Vegetable & Black Bean Quesadilla, Salsa, Waldorf Salad, Cookies or Fruit, Beverage....\$7.00

LUNCH CHOICE 3: Greek Chicken Salad w/ greens, chicken, Kalamata olives, cucumber, green onion & Feta cheese, Cookies or Fruit, Beverage....\$7.00

SOUP: Spicy African Peanut (V)....\$1.75

ALA CARTE: Roast Beef & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Chef's Choice...\$7.00

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Wednesday- Employee holiday meal

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bacon (2), Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Tomato Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$7.00

ALA CARTE: Roast Beef & Provolone...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Chef's Choice...\$7.00

Please place dinner order by 3 pm

Thursday – Thanksgiving Day

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Turkey w/gravy, Stuffing, Green Beans, Broccoli Salad, Wheat Roll, Pumpkin Pie or Fruit, Beverage....\$7.00

ALA CARTE: Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Chef's Choice....\$7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg (2), Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Dessert or Fruit, Beverage....\$7.00

ALA CARTE: Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7200 then ext. 0 ask to be connected to the kitchen