

# The Chili Pepper Café

## TON Sells Hospital

Week: Nov. 28 – Dec. 2, 2022-Revised 11/29/22

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Boiled Egg, Sausage, Applesauce, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Banana Cake or Fruit, Beverage..... \$7.00

**LUNCH CHOICE 2:** Tamales: 2 - Chicken & Green Chile or Cheese & Green Chile, Spanish Rice, Tossed Salad, Banana Cake or Fruit, Beverage...\$7.00 Please specify your choice

**LUNCH CHOICE 3:** Spinach Salad w/greens, egg, bacon, red onion, tomato, mushroom, & walnuts, Wheat roll or Crackers, Cake or Fruit, Beverage...\$7.00 veggie crumble available to sub for bacon

**SOUP:** Chicken Tortilla...\$1.75

**ALA CARTE:** Ham & Pepper Jack Sandwich...\$3.00 Side Salad ...\$2.00 Smoothie....\$3.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll. Dessert or Fruit, Beverage....\$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg (2), Bagel w/ Cream Cheese, Grapes, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Beverage....\$7.00

**LUNCH CHOICE 2:** Summer Salad w/ greens, chicken, black olives, mandarin oranges, cranberries, chow mein noodles & walnuts, Cookies or Fruit, Beverage....\$7.00 chicken sub available

**SOUP:** Italian Sausage....\$1.75

**ALA CARTE:** Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Chef's Choice...\$7.00

*Please place lunch order by 10 am*

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bacon (2), Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Turkey Tetrazzini, Steamed Zucchini, Carrot Raisin Salad, Roll, Fruit Crisp or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Black Bean Tuna Salad w/ greens, black beans, tuna, bell peppers, red & green onion, tomato, cucumber, carrots & cilantro, Wheat roll or Crackers, Crisp or Fruit, Beverage...\$7.00

**SOUP:** Vegetable...\$1.75

**ALA CARTE:** Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Chef's Choice...\$7.00

### Thursday

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Grilled Ham & Cheese or Grilled Cheese Sandwich, Cup of soup, Choice of Chip, Pie or Fruit, Drink...\$7.00

**LUNCH CHOICE 2:** Chicken & Beet Salad w/ greens, chicken, beets, grapes, avocado, & Feta cheese, Wheat roll or Crackers, Pie or Fruit, Beverage...\$7.00 chicken sub available

**SOUP:** Tomato & Rice (V)...\$1.75

**ALA CARTE:** Roast Beef & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Chef's Choice....\$7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg (2), Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

**LUNCH CHOICE 2:** Steak Salad w/ beef strips, tomato, red onion, mushrooms, nuts & Bleu cheese, Wheat Roll or Crackers, Dessert or Fruit, Beverage...\$7.00 veggie crumble available

**SOUP:** Hot & Sour (V)...\$1.75

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm**

**To place an order, call 383-7200 then ext. 0 ask to be connected to the kitchen**