

# The Chili Pepper Café

## TON Sells Hospital

Week: Nov. 13 -17 2023

No substitutions please

Please place lunch order by 10 am

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00  
**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Strawberry Shortcake or Fruit, Drink \$7  
**LUNCH CHOICE 2:** Vegetable & Bean Tostadas, Mixed Green Salad, Strawberry Shortcake or Fruit, Beverage.....\$7.00  
**LUNCH CHOICE 3:** Spinach Salad w/ greens, bacon, boiled eggs, walnuts, red onion & mushrooms, tomatoes Wheat Roll or Crackers, Strawberry Shortcake or Fruit, Beverage ...\$7.00  
**Soup Mexican** Corn (chicken). \$1.75  
**ALA CARTE:** Egg Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00  
**DINNER:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$7.00

### Tuesday

Please place dinner order by 3 pm

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00  
**LUNCH CHOICE 1:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$7.  
**LUNCH CHOICE 2:** Cheese and Broccoli Strata, Waldorf salad, Mixed Vegetables, Cookies or Fruit, Beverage.... \$7.00  
**LUNCH CHOICE 3:** Chicken Apple Salad w/ greens, chicken, pecans, Swiss cheese, gala & granny smith apples, celery Cookies or Fruit, Beverage....\$7.00 *A chicken sub product is available.*  
**SOUP:** Garden Chili (vegetarian). \$1.75  
**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00  
**DINNER:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans Dessert or Fruit, Drink...\$7.00

Please place lunch order by 10 am

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00  
**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Tomato Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7  
**ALA CARTE:** Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00  
**DINNER:** Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Carrot & Pineapple Salad, Wheat Roll, Brownie or Fruit, Beverage.....\$7.00

## Employee Thanksgiving Luncheon

### Thursday

Please place dinner order by 3 pm

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00  
**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pumpkin Spice Bars or Fruit, Beverage....\$7.00  
**LUNCH CHOICE 2:** Tortellini Primavera, Garlic toast, Tomato & Cucumber salad, Pumpkin-Spice Bars or Fruit, Beverage...\$7.00  
**LUNCH CHOICE 3:** Chicken and Berry Salad w/ mixed greens, chicken, red onion, celery, strawberries & blueberries, almonds, Swiss cheese, Wheat roll or Crackers, Pumpkin Spice Bar or Fruit, Beverage...\$7.00 Chicken sub product available  
**SOUP:** Chipotle Corn chowder (vegetarian) .... \$1.75  
**ALA CARTE:** Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00  
**DINNER:** Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert, Beverage....\$7.00

Please place lunch order by 10 am

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00  
**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00  
**LUNCH CHOICE 2:** Baked cod w/ orange & onion, rice pilaf, toss salad, wheat roll, Dessert or Fruit, Beverage.....\$7.00  
**LUNCH CHOICE 3:** Chicken and Beet Salad w/ greens, chicken, grapes, avocados, beets, feta cheese, Wheat roll or Crackers, Dessert or Fruit, Beverage....\$5.00  
**SOUP:** Ranchera (chicken).... \$1.75  
**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00  
**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm

To place an order, call 383-7362