

The Chili Pepper Café

TON Sells Hospital

Week: Feb. 5 – Feb. 9, 2024

No substitutions please

Please place lunch order by 10 am

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Carrot Cake or Fruit, Drink \$7.00

LUNCH CHOICE 2: Vegetable & Bean Tostadas, Mexican Corn Salad, Carrot Cake or Fruit, Drink.....\$7.00

Choice 3: Chicken Cobb Salad w/ mixed greens, chicken, bacon, boiled egg, tomatoes, avocado, green onions, Bleu cheese, Wheat roll or Crackers, Carrot Cake or Fruit, Drink...\$7.00

Soup: Vegetable (vegetarian) ...\$1.75

ALA CARTE: Ham and Hot Pepper Jack Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Cookies or Fruit, Drink....\$7.00

LUNCH CHOICE 2: Hamburger or Black Bean sandwich w/ lettuce tomatoes, onion, pickles, French Fries, Cookies or Fruit, Drink.... \$7.00

LUNCH CHOICE 3: Spinach Salad w/spinach, bacon, boiled egg, tomato, red onions, walnuts, mushrooms, Cookies or Fruit, Drink...\$7.00 a chicken sub product is available.

SOUP: Cream of Mushroom Soup (vegetarian) \$1.75

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Dessert or Fruit, Drink...\$7.00

Please place lunch order by 10 am

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pumpkin Pie or Fruit, Drink ...\$7.00

LUNCH CHOICE 2: Grilled Corn, Black Bean & Roasted Quesadilla, salsa, and sour cream, Toss Salad, Pumpkin Pie or Fruit, Drink \$7.00

LUNCH CHOICE 3: Summer Salad w/ mixed greens, chicken, cranberries, mandarin oranges, walnuts, black olives, Chow Mein Noodles or Fruit, Drink... \$7.00

SOUP: Garden Chili (vegetarian) \$1.75

ALA CARTE: Roast Beef and Muenster Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, or Fruit, Drink...\$7.00

Lunch Choice 2: Club Sandwich, Bag of Chips, Tomato & Cucumber Salad, Carrot cake or Fruit, Drink...\$7.00

Lunch Choice 3: Antipasto Salad, w mixed greens, chicken, salami, mozzarella, cucumbers, green or red peppers, broccoli or cauliflower, tomatoes, artichoke hearts, red onions, pepperoncini, Wheat Roll or Crackers, Carrot Cake or Fruit, Drink.....\$7.00

Soup: Broccoli Swiss (vegetarian) \$1.75

ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ gravy Baked Yams, Green Beans, Tossed salad, Wheat rolls, Dessert or Fruit, Drink...\$7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Lunch choice 2: Baked Fish w/ orange & onion, Rice Pilaf, Toss salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Lunch Choice 3: Spinach & Chicken Salad w/ spinach, chicken, apricots, mandarin oranges, pineapple tidbits, pecans, wheat rolls or crackers, Dessert or Fruit, Drink. \$7:00

Soup: Lemon Chicken& Rice Soup (chicken) \$1.75

ALA CARTE: Turkey and Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen