

The Chili Pepper Café

TON Sells Hospital

Week: March 25 –March 29 2024
No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Zucchini Cake or Fruit, Drink...\$7.00
Lunch Choice 2: Pizza (supreme, veggie or pepperoni) Toss Salad, Zucchini Cake or Fruit, Drink...\$7.00
Lunch Choice 3: Black Bean & Tuna Salad w/mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrots, black beans, Wheat roll or Crackers, Zucchini Cake or Fruit, Drink...\$7.00
Soup: Cream of Mushroom (vegetarian) \$1.75
ALA CARTE: Roast Beef & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$7.00
LUNCH CHOICE 2: Grilled Corn, Black Bean & Roasted Pepper Quesadilla, sour cream & salsa, Toss salad, Cookies or Fruit, Drink.... \$7.00
LUNCH CHOICE 3: Spinach Caprese Salad w/ spinach, chicken, cucumbers, tomatoes, mozzarella cheese, basil, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$7.00 *a chicken sub product is available.*
SOUP: Lemon Chicken & Rice Soup (chicken) \$1.75
ALA CARTE: Turkey & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Mixed Berry Pie or Fruit, Drink...\$7.00
LUNCH CHOICE 2: Turkey Wrap with Curry-Chutney Mayonnaise & Peanuts, Toss Salad, Bag of Chips, Mixed Berry Pie or Fruit, Drink \$7.00
LUNCH CHOICE 3: Chef Salad w/ mixed greens, ham, turkey, salami, boiled egg, cheddar & provolone cheese, tomatoes, cucumbers, carrots, Wheat roll or Crackers, Mixed Berry Pie or Fruit, Drink....\$7.00
SOUP: Garden Chili Soup (vegetarian). \$1.75
ALA CARTE: Ham and Muenster cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat roll, Pudding or Fruit, Drink...\$7.00
Lunch Choice 2: Spaghetti (veggie crumble or beef), Garlic Toast, Green Beans, Toss Salad, Pudding or Fruit, Drink...\$7.00
Lunch Choice 3: Chicken & Apple Salad w/ mixed greens, chicken, granny smith & gala apples, celery, Swiss cheese, Wheat Roll or Crackers, Pudding or Fruit, Drink.....\$7.00
Soup: Broccoli (vegetarian)
ALA CARTE: Tuna salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00
Lunch choice 2: Fish Taco's (2) Jalapeno Rice, Toss salad, Dessert or Fruit, Drink...\$7.00
ALA CARTE: Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen