

# The Chili Pepper Café

## TON Sells Hospital

Week: April 1–April 5, 2024

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Cream Puffs or Fruit, Drink \$7.

**LUNCH CHOICE 2:** Turkey & Avocado Club Wrap, cup of soup, Bag of chips, Cream Puffs or Fruit, Drink.....\$7.00

**LUNCH CHOICE 3:** Summer Salad w/ mixed greens, chicken, cranberries, walnuts, mandarin oranges, black olives, Chow Mein Noodles, Cream Puffs or Fruit, Drink ...\$7.00  
Soup: Ranchera soup (Chicken) ...\$1.75

**ALA CARTE:** Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Brownie or Fruit, Drink....\$7.00

**LUNCH CHOICE 2:** Hamburger or Black Bean Burger w/lettuce, tomatoes, red onions, & pickles, French Fries, Brownie or Fruit, Drink.... \$7.00

**LUNCH CHOICE 3:** Caribbean Chicken Salad w/ mixed greens, chicken, black beans, tomatoes, pineapples, Brownie or Fruit, Drink...\$7.00 (*chicken sub product is available*)

**SOUP:** Broccoli –Cheese Chowder Soup (vegetarian).... \$1.75

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Dessert or Fruit, Drink...\$7.00

*Please place lunch order by 10 am*

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla, Pineapple Upside Down Cake or Fruit, Drink...\$7.00

**LUNCH CHOICE 2:** Tortellini Primavera, Garlic Toast, Carrot & Raisin Salad, Pineapple Upside Down Cake or Fruit, Drink....\$7.

**LUNCH CHOICE 3:** Chicken Spinach Salad w/ spinach, chicken, cranberries, apricots, mandarin oranges, pineapples, pecans, Wheat roll or Crackers, Pineapple Upside Down Cake or Fruit, Drink....\$7.00

**SOUP:** Hot and Sour Soup (vegetarian).... \$1.75

**ALA CARTE:** Ham & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Turkey w/ gravy, Stuffing, TO Spinach, Toss salad, Wheat Roll, Dessert or Fruit, Drink.....\$7.00

### Thursday

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Lemon Bar or Fruit, Drink....7.00

**Lunch Choice #2:** Eggplant & Chickpea Ragout w/ pasta, garlic toast, tomato & cucumber salad, Lemon Bar or Fruit, Drink...\$7.00

**Lunch Choice 3:** Chicken Cobb Salad w/ mixed greens, chicken, bacon, boiled egg, green onions, tomatoes, avocado, Bleu cheese, Wheat rolls or Crackers, Lemon Bar or Fruit, Drink...\$7.00

**Soup:** Chipotle Corn Chowder (vegetarian)...\$1.75

**ALA CARTE:** Sub Sandwich \$4.00 Side salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Drink....\$7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Strawberry Jello Pie or Fruit, Drink....\$7.00

**Lunch Choice 2:** Tofu Vegetable & Curry Stir Fry, Brown Rice, Toss Salad, Strawberry Jello Pie or Fruit, Drink....\$7.00

**Lunch Choice 3:** Chicken Strawberry Salad w/ mixed greens, chicken, strawberries, provolone cheese, red onion, celery, pecans, Wheat roll or Crackers, Strawberry Jello Pie or Fruit, Drink ....\$7.00

**Soup:** Albondigas (Ground Beef)....\$2.00

**ALA CARTE:** Turkey & American Sandwich \$3.00 Side salad \$2.00 Smoothie \$3.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm**

**To place an order, call 383-7200 ext. 5190 to be connected to the kitchen**