

The Chili Pepper Café

TON Sells Hospital

Week: April 22 – April 26, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Capri Vegetables, Toss Salad, Wheat Roll, Banana cake or Fruit, Drink \$7.00

LUNCH CHOICE 2: Club Sandwich (pork bacon, turkey, ham, lettuce & tomato) cup of soup, bag of chips, Banana cake or Fruit, Drink.....\$7.00

Choice 3: Spinach Caprese Salad w/spinach, chicken, tomatoes, cucumbers, mozzarella, basil leaves, Wheat roll or Crackers, Banana cake or Fruit, Drink...\$7.00

Soup: Potato & Roasted Pepper Soup (vegetarian) ...\$1.75

ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea....\$7.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cheesecake or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Spinach Lasagna, garlic toast, toss salad, Cheesecake or Fruit, Drink.... \$7.00

LUNCH CHOICE 3: Chicken Pear Salad w/ mixed greens, chicken, pears, yellow or green bell peppers, cranberries, red onions, walnuts, bleu cheese, Wheat roll or Crackers, Cheesecake or Fruit, Drink...\$7.00 a chicken sub product is available.

SOUP: Cream of Broccoli (vegetarian) \$1.75

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Custard Pie or Fruit, Drink ...\$7.00

LUNCH CHOICE 2: Tuna Noodle, Mixed vegetables, Toss Salad, Custard Pie or Fruit, Drink \$7.00

LUNCH CHOICE 3: Black Bean & Pepper Tuna Salad, w/ mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrots, black beans, cilantro, Wheat roll or Crackers, Custard Pie or Fruit, Drink....\$7.00

SOUP: Golden Corn Chowder w/ roasted chilies (vegetarian) \$1.75

ALA CARTE: Ham and American cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin, Salad, Wheat Tortilla, Dessert or Fruit, Drink....\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ gravy Baked Yams, Green Beans, Toss salad, Wheat rolls, Brownie or Fruit, Drink...\$7.00

Lunch Choice 2: Mushroom, Black Bean & Chili Melt Sandwich, French fries, Brownie or Fruit, Drink...\$7.00

Lunch Choice 3: Spinach Salad w/ mixed greens, bacon, boiled egg, tomato, red onions, walnuts, mushrooms, Wheat Roll or Crackers, Brownie or Fruit, Drink....\$7.00

Soup: Hot and Sour Soup (vegetarian) \$1.75

ALA CARTE: Turkey and Hot Pepper Jack Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Apple Pie or Fruit Drink...\$ 7.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Lunch Choice 3: Chicken Greek Salad w/ mixed greens, chicken, green onions, Kalamata olives, cucumbers, feta cheese, Wheat roll or Crackers, Dessert or Fruit, Drink.. \$7.00

Soup: Smoky Pasta & Bean Soup (Bacon)

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen