

The Chili Pepper Café

TON Sells Hospital

Week: April 8– April. 12, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Banana Cake or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Grilled Cheese Sandwich, cup of soup, bag of chips, Banana Cake or Fruit, Drink.....\$7.00

Lunch Choice 3: Antipasto Salad w/ mixed greens, chicken, salami, mozzarella, cucumbers, red or green peppers, cauliflower, tomatoes, artichoke heart, red onion, pepperoncini, wheat roll or crackers, Banana Cake or Fruit, Drink....\$7.00 a chicken sub product is available

Soup: Tomato Rice (vegetarian) ...\$1.75

ALA CARTE: Roast beef and Cheddar Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Tofu Vegetable and Curry Stir Fry, Brown Rice, Toss Salad, Cookies or Fruit, Drink.... \$7.00

LUNCH CHOICE 3: Chicken Clubhouse Salad w/ mixed greens, chicken, bacon, tomatoes, carrots, green onions, cucumber, cheddar cheese, Cookies or Fruit, Drink...\$7.00 a chicken sub product is available.

SOUP: Split Pea and Black Bean (vegetarian) \$1.75

ALA CARTE: Ham and Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Pumpkin Pie or Fruit, Drink....\$7.00

LUNCH CHOICE 2: Two Tamales (Green Chile or Chicken) Jalapeno Rice, Toss Salad, Pumpkin Pie or Fruit, Drink \$7.00

LUNCH CHOICE 3: Chicken and Black Bean Salad w/ mixed greens, chicken, black beans, tomato, carrots, green onions, cheddar & pepper jack cheese, Wheat Rolls or Crackers, Pumpkin Pie or Fruit, Drink...\$7.00

SOUP: Asian Tofu Noodle Soup (vegetarian). \$1.75

ALA CARTE: Egg salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat rolls, Fruit crisp or Fruit, Drink...\$7.00

Lunch Choice 2: Philly Cheese Steak Sandwich, French fries, Fruit crisp or Fruit, Drink...\$7:00

Lunch Choice 3: Chinese Chicken Salad w/ mixed greens, chicken, celery, carrots, walnuts, green onions, sesame seeds, Chow Mein Noodles, Fruit Crisp or Fruit, Drink....\$7.00

Soup: Cream of Potato (vegetarian)

ALA CARTE: Tuna fish Sandwich \$3.00 Side Salad \$5.00 Smoothie \$3.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....7.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Lunch choice 2: Baked Pasta with four cheese, Garlic Toast, Toss salad, Dessert or Fruit, Drink...\$7.00

Lunch Choice 3: Steak Salad w/ mixed greens, beef steak, mushrooms, red onions, walnuts, tomato, feta cheese, Wheat roll or Crackers, Dessert or Fruit, Drink \$7:00

Soup: Cheddar Potato Soup (Ham)

ALA CARTE: Turkey and Swiss Cheese Sandwich \$3.00 Side Salad \$5.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen