

# The Chili Pepper Café

## TON Sells Hospital

Week: May 13 – May 17, 2024

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$5.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Banana Bar or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Pizza (supreme, vegan, pepperoni, cheese) Tossed salad, Banana Bar or Fruit, Beverage...\$7.00

**Lunch Choice 3:** Chicken and Beet Salad w mixed greens, chicken, grapes, avocados, beets, feta cheese, crackers or dinner rolls, Banana Bar or Fruit, Beverage.....\$7.00

**SOUP:** Broccoli Soup (vegetarian) ....\$1.75

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage.... \$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Hummus Veggie Wrap, cup of soup, bag of chips, Cookies or Fruit, Beverage...\$7.00

**Lunch Choice 3:** Antipasto Salad w/ mixed greens, chicken, salami, cucumber, red peppers, broccoli, tomatoes, artichoke heart, red onion, pepperoncini, Wheat roll or Crackers, Cookies or Fruit, Beverage...\$7.00

**SOUP:** Cream of Vegetable (vegetarian) ....\$1.75

**ALA CARTE:** Ham & Pepper Jack Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ Gravy, Baked Yam, Mixed Vegetables, Waldorf salad, wheat roll, Dessert or fruit, beverage....\$7.00

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### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Roast Turkey w/ gravy, Stuffing, Spinach & Onions, Toss Salad, Wheat Roll, Bread Pudding or Fruit, Beverage.....\$7.00

**Lunch Choice 2:** Philly Cheese Steak Sandwich, French Fries, Bread Pudding or Fruit, Beverage....\$7.00

**Lunch Choice 3:** Chicken Greek Salad w/ mixed greens, chicken, green onions, Kalamata olives, cucumber, feta cheese, Wheat roll or Crackers, Bread Pudding or Fruit Beverage...\$7.00

**SOUP:** Lemon Chicken Soup (chicken)....\$1.75

**ALA CARTE:** Tuna Sandwich..\$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot & Raisin Salad, Wheat Tortilla Dessert or Fruit, Drink...\$7

### Thursday

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Chocolate Peanut Butter Cake or Fruit, Drink....\$7.00

**LUNCH CHOICE 2:** Chinese Chicken Salad w/ mixed greens, chicken, green onions, walnuts, celery, carrots, sesame seeds, Chow Mein Noodles, Chocolate Peanut Putter Cake or Fruit, Drink...\$7.00

**SOUP:** Chicken Noodle Soup (chicken).....\$1.75

**ALA CARTE:** Roast Beef & Muenster Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/, Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll Dessert, Drink....\$7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Seasoned Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

**LUNCH CHOICE 2:** Spaghetti (beef or vegan) garlic toast, toss salad, Dessert of Fruit, Drink...\$7.00

**SOUP:** Garden Chili Soup (Vegetarian) ....\$1.75

**ALA CARTE:** Turkey & Provolone Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage .....\$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 5:45pm**

**To place an order, call 383-7200 ext.5190 to be connected to the kitchen**