

The Chili Pepper Café

TON Sells Hospital

Week: May 20 – May 24, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, toss Salad, Wheat Roll, Chocolate Peanut Butter Cake or Fruit, Drink... \$7.00
LUNCH CHOICE 2: Grilled cheese, cup of soup, bag of chips, Chocolate Peanut Butter Cake or Fruit, Drink.....\$7.00
Lunch Choice 3: Chicken & Pear Salad w/ mixed greens, chicken, pears, green & yellow peppers, cranberries, red onions, walnuts, bleu cheese, Wheat roll or Crackers, Chocolate Peanut Butter Cake or Fruit, Drink....\$7.00 *a chicken sub product is available.*
Soup: Tomato Barley (vegetarian) \$1.75
ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$7.00
LUNCH CHOICE 2: Tortellini Primavera, Garlic Toast, Toss salad, Cookies or Fruit, Drink.... \$7.00
LUNCH CHOICE 3: Black bean & Tuna Salad w/ mixed greens, tuna, carrots, cucumbers, red or green peppers, black beans, red & green onion, cilantro, wheat roll or crackers, Cookies or Fruit, Drink... \$7:00
A chicken sub product is available.
SOUP: Cream of Mushroom Soup (vegetarian) ...\$1.75
ALA CARTE: Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Lemon Bar or Fruit, Drink...\$7.00
LUNCH CHOICE 2: Grilled Reuben Sandwich (corned beef, sauerkraut, Swiss cheese, Thousand Island dressing on rye bread) French Fries, Lemon Bar or Fruit, Drink \$7.00
LUNCH CHOICE 3: Mediterranean Bean Salad w/ mixed greens, black beans & garbanzo beans, green onions, tomatoes, cucumbers, feta cheese, parsley, mint, Lemon Bar or Fruit, Drink...\$7.00
SOUP: White Chili Soup (chicken). \$1.75
ALA CARTE: Roast Beef and Muenster Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00
DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Chocolate Cream Pie or Fruit, Drink....7.00
Lunch Choice 2: Red Beef or Vegan Chili, Popover, Toss salad, Chocolate Cream Pie or Fruit, Drink...\$7:00
Soup: Cheddar Potato Chowder Soup (ham)
ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$5.00 Smoothie \$3.00
DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad Dessert or Fruit, Drink...\$7.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00
LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00
Lunch choice 2: Chicken & Berry Salad w/ mixed greens, chicken, almonds, red onions, celery, strawberries & blueberries, Swiss cheese, Wheat roll or Crackers, Dessert or Fruit, Drink....\$7.00
Soup: Lentil & Black Bean Soup (vegetarian)
ALA CARTE: Sub Sandwich \$4.00 Side Salad \$5.00 Smoothie \$3.00
DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen