The Chili Pepper Café
TON Sells Hospital
Week: May 6 to May 10, 2024
No substitutions please

Monday
Please place lunch order by 10 am

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea……$7.00
LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Carrot Cake or Fruit, Drink $7.00
Lunch Choice 2: Butternut Squash Chili with Quinoa, Toss salad, Vegan Cornbread, Carrot Cake or Fruit, Drink…$7.00.
Lunch Choice 3: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts, chow mien noodles, Carrot Cake or Fruit, Drink….$7.00
Soup: Spicy African Peanut Soup (vegetarian)
ALA CARTE: Tuna Sandwich $3.00 Side Salad $2.00 Smoothie $3.00
DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Beverage…$7.00

Tuesday
Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea…..$7.00
LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Coconut Cream Pie or Fruit, Drink...$7.00
LUNCH CHOICE 2: Vegetable & Bean Tostadas, Spanish rice, Coconut Cream Pie or Fruit, Drink…. $7.00
LUNCH CHOICE 3: Chicken and Black Bean Salad w/ mixed greens, chicken, black beans, carrots, green onions, tomatoes, cheddar & pepper jack cheese, Coconut Cream Pie or Fruit, Drink…$7.00 *a chicken sub product is available.*
SOUP: Split Pea and Ham (ham)…. $1.75
ALA CARTE: Ham and American cheese Sandwich $3.00 Side Salad $2.00 Smoothie $3.00
DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....$7.00

Wednesday
Please place lunch order by 10 am

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea…..$7.00
LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Pecan Bar or Fruit, Drink ...$7.00
LUNCH CHOICE 2: BBQ Pork Ribs, Baked Potatoes, Corn on the Cob, Coleslaw, Pecan Bar or Fruit, Drink …. **$10.00**
LUNCH CHOICE 3: Steak Salad w/ mixed greens, beef steak ,tomatoes, red onions, mushroom, walnuts, feta cheese, Wheat roll or Crackers, Pecan Bar or Fruit, Drink….$7.00
SOUP: Chicken & Corn Chowder with Sweet Potatoes (chicken)…. $1.75
ALA CARTE: Turkey and Swiss cheese Sandwich…$3.00 Side Salad $2.00 Smoothie $3.00
DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...$7.00

Thursday
Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea…..$7.00
LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Fruit Crisp or Fruit, Drink…$7.00
Lunch Choice 2: Chicken Clubhouse Salad w/ mixed greens, chicken, bacon, green onions, cucumbers, tomatoes, carrots and cheddar cheese, Wheat Roll or Crackers, Fruit Crisp or Fruit, Drink…..$7.00
Soup: Cauliflower Soup (vegetarian)
ALA CARTE: Egg salad Sandwich $3.00 Side Salad $2.00 Smoothie $3.00
DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink….7.00

Friday
Please place lunch order by 10 am

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea…..$7.00
LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink $7.00
Lunch Choice 3: Chicken Strawberry Salad w/ mixed greens, chicken, Swiss cheese, red onions, celery, pecans, strawberries, Wheat roll or Crackers, Dessert or Fruit, Drink $7:00
Soup: Ranchera Soup (chicken)
ALA CARTE: Roast Beef and Provolone Sandwich $3.00 Side Salad $2.00 Smoothie $3.00
DINNER: : Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm
To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen