

# The Chili Pepper Café

## TONHC Sells Hospital

Week: July 15 - 19, 2024

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Boiled Egg, Sausage, Applesauce, Coffee or Tea...\$7.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Yellow Cake w/ Chocolate Frosting or Fruit, Beverage.....\$7.00

**LUNCH CHOICE 2:** Tortellini Primavera, Garlic Toast, Tossed Salad, Yellow Cake w/ Chocolate Frosting or Fruit, Beverage....\$7.00

**SOUP:** Lemon Chicken...\$1.75

**ALA CARTE:** Ham and American cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg (2), Bagel w/ Cream Cheese, Grapes, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried beans, Cookies or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Summer Salad w/ mixed greens, chicken, black olives, cranberries, mandarin oranges, nuts, Chow Mein noodles, Wheat Roll or Crackers, Cookies or Fruit, Beverage.....\$7.00

**SOUP:** Smokey Pasta & Bean (contains turkey bacon)...\$1.75

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ Gravy, Yams, Green Beans, Waldorf Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

*Please place lunch order by 10 am*

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bacon (2), Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Zucchini, Tossed Salad, Wheat Tortilla, Brownie or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Hamburger or Black Bean Burger w/ lettuce, tomato, onion, pickle, Baked fries, Brownie or Fruit, Beverage..\$7.00 **w/ cheese or extra toppings add .75¢ each**

**SOUP:** Split Pea and Ham...\$1.75

**ALA CARTE:** Tuna Salad Sandwich Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Turkey w/ gravy, Stuffing, TO Spinach & Onions, Carrot Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7

*Please place dinner order by 3 pm*

### Thursday

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Swiss Steak, Mashed Potatoes, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Lemon Meringue Pie or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Chicken and Beet Salad w/ mixed greens, chicken, beets, grapes, avocado, Feta cheese, Wheat Roll or Crackers, Lemon Meringue Pie or Fruit, Beverage...\$7.00

**SOUP:** Italian Tortellini (contain sausage).....\$1.75

**ALA CARTE:** Turkey and Muenster cheese Sandwich \$3.00

Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pork Roast w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg (2), Cooked Beans with Salsa, Wheat Tortilla, Dessert or Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, TO spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Vegetable and Bean Tostados, Spanish Rice, Dessert or Fruit, Beverage...\$7.00

**SOUP:** White Chili (contains chicken)....\$1.75

**ALA CARTE:** Roast Beef and Provolone cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190, to be connected to the kitchen**