

# The Chili Pepper Café

## TONHC Sells Hospital

Week: July 29 – Aug 2, 2024

No substitutions please

*Please place lunch order by 10 am*

### Monday

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea...\$7.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Fruit Crisp or Fruit, Beverage.....\$7.00

**LUNCH CHOICE 2:** Steak Salad w/ mixed greens, steak, tomatoes, red onion, mushroom, walnuts, Feta cheese, Fruit Crisp or Fruit, Beverage....\$7.00

**SOUP:** Cream of Potato...\$1.75

**ALA CARTE:** Turkey and Provolone cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

### Tuesday

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg (2), Wheat Toast, Grapes, Coffee or Tea....\$7.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried beans, Cookies or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Shrimp Salad w/ mixed greens, shrimp, red onion, avocado, tomato, Feta cheese, almonds, Wheat Roll or Crackers, Cookies or Fruit, Beverage.....\$7.00

**SOUP:** Minestrone (V)...\$1.75

**ALA CARTE:** Ham and American cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Pork w/ Gravy, Yams, Green Beans, Waldorf Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

*Please place lunch order by 10 am*

### Wednesday

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bacon (2), Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Zucchini, Tossed Salad, Wheat Tortilla, Coconut Cream Pie or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Patty Melt (hamburger patty, grilled onion, Swiss cheese, 1000 island dressing on grilled Rye bread) Baked Fries, Coconut Cream Pie or Fruit, Beverage..\$7.00

**SOUP:** Garden Chili (V)...\$1.75

**ALA CARTE:** Tuna Salad Sandwich Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Roast Turkey w/ gravy, Stuffing, TO Spinach & Onions, Carrot Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7

*Please place dinner order by 3 pm*

### Thursday

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea....\$7.00

**LUNCH CHOICE 1:** Swiss Steak, Mashed Potatoes, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Banana Bar or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Chicken Cobb Salad w/ mixed greens, chicken, bacon, boiled egg, green onions, tomatoes, avocado, Bleu cheese, Wheat Roll or Crackers, Banana Bar or Fruit, Beverage...\$7.00

**SOUP:** Spicy African Peanut (V).....\$1.75

**ALA CARTE:** Egg Salad Sandwich \$3.00

Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Pork Roast w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

*Please place lunch order by 10 am*

### Friday

**BREAKFAST:** Malt O Meal, Fried Egg (2), Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

**LUNCH CHOICE 2:** Fish Tacos (2), Jalapeno Rice, Tossed Salad, Dessert or Fruit, Beverage...\$7.00

**SOUP:** Vegetable....\$1.75

**ALA CARTE:** Roast Beef and Cheddar cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, TO spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190, to be connected to the kitchen**