

The Chili Pepper Café

TONHC Sells Hospital

Week: July 8 - 12, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Boiled Egg, Sausage, Applesauce, Coffee or Tea...\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Strawberry Fruit Crisp or Fruit, Drink.....\$7.00

LUNCH CHOICE 2: Caribbean Chicken Salad w/ mixed greens, chicken, black beans, tomatoes, pineapples, Wheat Roll or Crackers, Fruit Crisp or Fruit, Beverage....\$7.00

SOUP: Spicy African Peanut (V)...\$1.75

ALA CARTE: Roast Beef and Cheddar cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Tossed Salad, Wheat Roll, Dessert or Fruit, Beverage....\$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg (2), Bagel w/ Cream Cheese, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Yams, Green Beans, Waldorf Salad, Wheat Roll, Chocolate Cream Pie or Fruit, Beverage...\$7.00

LUNCH CHOICE 2: Chicken Strawberry Salad w/ mixed greens, chicken, Swiss cheese, red onions, celery, pecans, strawberries, Wheat Roll or Crackers, Chocolate Cream Pie or Fruit, Beverage.....\$7.00

SOUP: Cream of Vegetable (V).....\$1.75

ALA CARTE: Turkey and Provolone cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried beans, Dessert or Fruit, Beverage...\$7.00

Please place lunch order by 10 am

Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bacon (2), Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Zucchini, Tossed Salad, Wheat Tortilla, Cookies or Fruit, Beverage...\$7.00

LUNCH CHOICE 2: Mediterranean Bean Salad w/ mixed greens, black beans & garbanzo beans, green onions, tomatoes, cucumbers, Feta cheese, parsley, mint, Wheat Roll or Crackers, Cookies or Fruit, Drink..\$7

SOUP: Mushroom Barley (V)...\$1.75

ALA CARTE: Ham and Pepper Jack cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Turkey w/ gravy, Stuffing, TO Spinach & Onions, Carrot Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7

Please place dinner order by 3 pm

Thursday

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Swiss Steak, Mashed Potatoes, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pineapple Upside Down Cake or Fruit, Beverage...\$7.00

LUNCH CHOICE 2: Chicken Greek Salad w/ mixed greens, chicken, green onions, Kalamata olives, cucumbers, Feta cheese, Wheat Roll or Crackers, Pineapple Upside Down Cake or Fruit, Beverage...\$7.00

SOUP: Cauliflower (V)...\$1.75

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Pork Roast w/ Gravy, Baked Yam, Green Beans, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg (2), Cooked Beans with Salsa, Wheat Tortilla, Dessert or Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

LUNCH CHOICE 2: Chef Salad w/ mixed greens, ham, turkey, salami, cucumber, carrots, tomatoes, boiled egg, Cheddar & Provolone cheese, Wheat Roll or Crackers, Dessert or Fruit, Beverage...\$7.00

SOUP: Ranchera (contains chicken)

ALA CARTE: Tuna Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, TO spinach & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Beverage...\$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190, to be connected to the kitchen