

The Chili Pepper Café

TON Sells Hospital

Week: September 2 –September 6, 2024

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

ALA CARTE: Sandwich \$3.00

Pizza \$5.00

Summer Salad \$5.00

Smoothie \$3.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink... \$7.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Apple Pie or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Summer Salad w/mixed greens, chicken, walnuts, mandarin oranges, black olives, cranberries, Chow Mein Noodles, Apple Pie or Fruit, Drink.....\$7.00

SOUP: Chicken Tortilla Soup (Chicken) ...\$1.75

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$7.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Strawberry Short Cake or Fruit, Drink...\$7.00

LUNCH CHOICE 2: Chicken Greek Salad w/mixed greens, chicken, green onions, feta cheese, cucumbers, Kalamata olives, Strawberry Short Cake or Fruit, Drink \$7.00

SOUP: Broccoli Cheese Chowder (vegetarian). \$1.75

ALA CARTE: Turkey & Swiss Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$3.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$7.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat rolls, Banana Bar or Fruit, Drink...\$7.00

Lunch Choice 2: Hamburger or Black Bean Burger w/lettuce, tomatoes, pickles, onions, cheese, French Fries Banana Bar or Fruit, Drink.... \$7.00

Soup: Cream of Potato (vegetarian)

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$5.00 Smoothie \$3.00

DINNER: Swiss Steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....7.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$7.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$7.00

Lunch Choice 2: Grilled Cheese Sandwich, cup of soup, bag of chips, Dessert or Fruit, Drink.... \$7.00

Soup: Tomato Rice Soup (vegetarian)

ALA CARTE: Ham & Swiss Cheese Sandwich \$3.00 Side Salad \$5.00 Smoothie \$3.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$7.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen

