

# The Chili Pepper Café

## TON Sells Hospital

Week: Nov.25 – Nov.29, 2024

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00  
**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Banana Bar or Fruit, Drink...\$8.00  
**Lunch Choice 2:** Baked Pasta with Four Cheeses, Garlic Toast, Toss Salad, Banana Bar or Fruit, Drink...\$8.00  
**Soup:** Spicy African Peanut Soup (vegetarian) ...\$2.00  
**ALA CARTE:** Turkey & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00  
**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00  
**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans Brownie or Fruit, Drink...\$8.00  
**Lunch Choice 2:** Tofu Vegetable & Curry Stir Fry, Steamed Rice, Toss Salad, Brownie or Fruit, Drink.... \$8.00  
**LUNCH CHOICE 3:** Chinese Chicken Salad w/ mixed greens, chicken, celery, carrots, green onions, walnuts, sesame seeds, Chow Mein noodles, Brownie or Fruit, Drink...\$8.00 *a chicken sub product is available.*  
**SOUP:** Cuban-Style Black Bean Soup (vegetarian) .... \$2.00  
**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00  
**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00  
**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin, Salad, Wheat Tortilla, Pie or Fruit, Drink ...\$8.00  
**LUNCH CHOICE 2:** Pineapple-Black Bean Enchiladas, Spanish Rice, Toss Salad, Pie or Fruit, Drink .... \$8.00  
**LUNCH CHOICE 3:** Greek Chicken Salad w/ mixed greens, chicken, Kalamata olives, green onions, cucumbers, feta cheese, Wheat roll or Crackers, Banana Bar or Fruit, Drink...\$7.00  
**SOUP:** Lemon Chicken & Rice Soup (Chicken) \$2.00  
**ALA CARTE:** Roast Beef & Muenster Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00  
**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00  
**LUNCH CHOICE 1:** Roast Turkey w/ gravy, Stuffing, Mixed Vegetables, Toss Salad, Wheat Roll, Pie or Fruit, Drink...\$8.00  
**ALA CARTE:** Sandwich \$3.00 Side salad \$2.00 Smoothie \$4.00  
**DINNER:** Roast Pork w/ gravy Baked Yams, Green Beans, Toss Salad, Wheat Roll, Pie or Fruit, Drink....\$ 8.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00  
**LUNCH CHOICE 1:** Pot Roast w/ gravy, Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00  
**ALA CARTE:** Sandwich \$3.00 Pizza \$5.00  
Smoothie \$4.00 Summer Salad \$6.00  
**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

***To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen***



