

The Chili Pepper Café

TON Sells Hospital

Week: Jan.13, 2025 –Jan 17, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Custard Pie or Fruit, Drink \$8.00

LUNCH CHOICE 2: Greek Chicken Salad w/ mixed greens, chicken, green onions, cucumbers, Kalamata olives, feta cheese, Crackers or Dinner Roll, Custard Pie or Fruit, Drink.....\$8.00 *a chicken sub product is available*

Soup: Golden Corn Chowder w/roasted chilies (vegetarian) ...\$2.00

ALA CARTE: Egg salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Beverage...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Caribbean Chicken Salad w/ mixed greens, chicken, black bean, tomatoes, pineapple, Wheat Roll or Crackers, Cookies or Fruit, Drink.... \$8.00 *a chicken sub product is available*

SOUP: Broccoli Swiss Soup (vegetarian) \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Fruit Crisp or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Grilled Cheese Sandwich, cup of soup, bag of chips, Fruit Crisp or Fruit, Drink \$8.00

SOUP: Tomato Rice Soup (vegetarian). \$2.00

ALA CARTE: Ham and Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit Beverage....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Cream Puffs or Fruit, Drink....8.00

Lunch Choice 2: Strawberry Chicken Salad w/ mixed greens, chicken, strawberries, pecans, celery, red onions, provolone cheese, Cream Puffs or Fruit, Drink...\$8.00. *a chicken sub product is available*

Soup: Minestrone Soup (vegetarian) \$2.00

ALA CARTE: Roast Beef and Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat rolls, Brownie or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Choice2: Spinach Caprese Salad w/ spinach, chicken, tomatoes, cucumbers, mozzarella cheese, basil, Wheat Roll or Crackers, Dessert or Fruit, Drink ...\$8.00

Soup: Broccoli Soup (vegetarian) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen