The Chili Pepper Café TON Sells Hospital

Week: April 21, 2025 – April 25, 2025 No substitutions please

Please place lunch order by 10 am

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00 LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Banana Bar or Fruit, Drink \$8.00 LUNCH CHOICE 2: Crispy Tofu w/ Black Pepper Sauce, Steamed Rice, Toss Salad, Banana Bar or Fruit, Drink \$8.00 LUNCH CHOICE 3: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red peppers, parmesan cheese, lemon, Croutons, Banana Bar or Fruit, Drink \$8.00 a chicken sub product is available

SOUP: Asian Tofu Noodle Soup (vegetarian).... \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00 DINNER: Tepary Bean Stew w/ Beef, Tossed Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday Pl

Please place dinner order by 3 pm

Monday

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00 **LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit ...\$8.00

LUNCH CHOICE 2: Swiss Spinach Quiche, Capri Vegetables, Toss Salad, Cookies or Fruit, Drink \$8.00

LUNCH CHOICE 3: Spinach Chicken Salad w/ spinach, chicken, cranberries, apricots, mandarin oranges, pineapple tidbits,

pecans, Wheat Roll or Crackers, Cookies or Fruit, Drink.....\$8.00 a chicken sub product is available

SOUP: Broccoli Swiss Soup (vegetarian) \$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am <u>Wednesday</u>

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00 LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Buttermilk Pie or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Broccoli & Cheese Strata, Steamed Zucchini, Carrot Raisin Salad, Buttermilk Pie or Fruit, Drink \$8.00 LUNCH CHOICE 3: Antipasto Salad w/mixed greens, chicken, salami, mozzarella, cucumbers, red onion, red peppers, broccoli, tomatoes, artichoke hearts, pepperoncini, Wheat roll or Crackers, Buttermilk Pie or Fruit, Drink...\$8.00 a chicken sub product is available

available

SOUP: Albondigas Soup (ground beef)**. \$2.50 ALA CARTE:** Turkey & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pecan Bar or Fruit, Drink....\$8.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00 LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Lemon Bar or Fruit, Drink....\$8.00 LUNCH CHOICE 2: Chickpea Curry, Steamed Rice, Broccoli Raisin Salad, Wheat Roll, Lemon Bar or Fruit, Drink \$8.00 LUNCH CHOICE 3: Steak Salad w mixed greens, steak, tomatoes, red onion, mushrooms, walnuts, feta cheese, Wheat Roll or Crackora, Lemon Bar or Fruit, Drink \$8.00

Crackers, Lemon Bar or Fruit, Drink...\$8.00

Soup: Chicken Noodle Soup (chicken)...\$2.00

ALA CARTE: Ham & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit,

Drink....8.00

Please place lunch order by 10 am <u>Friday</u>

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00 LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Caribbean Chicken Salad w/ mixed greens, chicken, tomatoes, black beans, pineapples, Wheat Roll or Crackers, Drink...\$8.00 a chicken sub product is available

Soup: Vegetable Barley Soup (vegetarian)...2.00

ALA CARTE: Roast Beef and Muenster Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen