The Chili Pepper Café TON Sells Hospital

Week: April 28, 2025 –May 2, 2025 No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Chocolate Peanut Butter Pie or Fruit, Drink...\$8.00 LUNCH CHOICE 2: Green Chili Tamales (2) Jalapeno Rice, Nopalitos, Chocolate Peanut Butter Pie or Fruit Drink \$8.00 LUNCH CHOICE 3: Chef Salad w/ mixed greens, ham, turkey, salami, boiled egg, cheddar & provolone cheese, tomatoes, cucumbers, carrots, Wheat Roll or Crackers, Chocolate Peanut Butter Pie or Fruit, Drink \$8.00

Soup: Cream of Mushroom (vegetarian) ...\$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Turkey & Avocado Club Wrap, Bag of Chips, Toss Salad, Cookies or Fruit, Drink \$8.00 **LUNCH CHOICE 3:** Chicken Pear Salad w/ mixed greens, chicken, bell peppers, cranberries, walnuts, pears, red onion, walnuts, Blue cheese, Wheat roll or Crackers, Cookies or Fruit, Drink.... \$8.00 a chicken sub product is available **SOUP:** Broccoli Soup (vegetarian) \$2.00

ALA CARTE: Turkey & Hot Pepper Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 **DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am <u>Wednesday</u>

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pecan Bars or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Green Chili Stew (Beef or Veggie Crumble) Popover, Toss salad, Pecan Bars or Fruit, Drink \$8.00

SOUP: Hot and Sour Soup (vegetarian). \$2.00

ALA CARTE: Ham & Provolone Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Fruit Crisp or Fruit, Drink \$8.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Banana Cake or Fruit, Drink....8.00

LUNCH CHOICE 2: Sweet & Spicy Tofu & Veggie Stir Fry, Steamed Rice, Toss Salad, Banana Cake or Fruit Drink \$8.00 **LUNCH CHOICE 3:** Strawberry Chicken Salad w/ mixed greens, chicken, strawberries, pecans, celery, red onions, provolone cheese, Banana Cake or Fruit, Drink...\$8.00. *A chicken sub product is available*

Soup: Cream of Vegetable Soup (vegetarian) \$2.00

ALA CARTE: Roast Beef and Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 DINNER: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat rolls, Dessert or Fruit, Drink...\$8.00

Please place lunch order by 10 am <u>Friday</u>

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

LUNCH CHOICE 2: Fish Sandwich w/ lettuce, tarter sauce, French Fries, Coleslaw, Dessert or Fruit \$8.00

LUNCH CHOICE 3: Chicken and Apple Salad w/ mixed greens, chicken, Gala & Granny Smith apples, celery, Swiss cheese, pecans, Wheat Roll or Crackers, Dessert or Fruit, Drink ...\$8.00 a chicken sub product is available

Soup: Minestrone Soup (vegetarian) \$2.00 **ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen