

The Chili Pepper Café

TON Sells Hospital

Week: May 19, 2025- May 23, 2025, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Carrot Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Greek Chicken Salad w/ mixed greens, chicken, green onions, cucumbers, Kalamata olives, feta cheese, Crackers or Dinner Roll, Carrot Cake or Fruit, Drink.....\$8.00 *a chicken sub product is available*

Soup: Smoky Pasta & Bean Soup (turkey bacon) ...\$2.00

ALA CARTE: Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Caribbean Chicken Salad w/ mixed greens, chicken, black bean, tomatoes, pineapple, Wheat Roll or Crackers, Cookies or Fruit, Drink.... \$8.00 *a chicken sub product is available*

SOUP: Mexican Corn Soup (chicken) \$2.00

ALA CARTE: Roast beef & Hot Pepper Jack Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Apple Crisp or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Mediterranean Bean Salad w/ mixed greens, black & garbanzo beans, green onions, tomatoes, cucumbers, feta cheese, parsley, mint, Pita Bread, Apple Crisp or Fruit, Drink \$8.00

SOUP: Chicken Tortilla Soup (chicken). \$2.00

ALA CARTE: Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit Beverage....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat rolls, Brownie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Steak Salad w/ mixed greens, beef steak, feta cheese, walnuts, mushrooms, red onions, tomatoes, Wheat roll or Crackers, Brownie or Fruit, Drink...\$8.00. *A veggie crumble sub product is available*

Soup: Hot & Sour Soup (tofu) \$2.00

ALA CARTE: Turkey & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken & Black Bean Salad w/mixed greens, chicken, tomatoes, carrots, green onions, cheddar & hot pepper jack cheese, Wheat roll or Crackers, Dessert or Fruit, Drink \$8.00

SOUP: Cauliflower Soup (vegetarian)

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen