

The Chili Pepper Café

TON Sells Hospital

Week: March 31, 2025 – April 4, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Cheesecake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Tortellini Primavera, Garlic Toast, Toss Salad, Cheesecake or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chicken Cobb Salad w/ mixed greens, chicken, green onions, pork bacon, tomatoes, Bleu cheese, avocado, boiled egg, Crackers or Dinner Roll, Cheesecake or Fruit, Drink.....\$8.00 *a chicken sub product is available*

Soup: Golden Corn Chowder w/ Roasted Chilies Soup (vegetarian) ...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Roast Chicken & Sweet Potatoes, Capri Vegetables, Broccoli Salad with Grapes, Wheat Roll, Cookies or Fruit, Drink \$8.00

LUNCH CHOICE 3: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, walnuts, black olives, Chow Mein Noodles, Cookies or Fruit, Drink.... \$8.00 *a chicken sub product is available*

SOUP: Spicy African Peanut Soup (vegetarian) \$2.00

ALA CARTE: Turkey & Hot Pepper Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Lemon Buttermilk Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Red Chili Enchiladas (Chicken or Cheese) Spanish Rice, Toss Salad, Lemon Buttermilk Cake or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chinese Chicken Salad w/ mixed greens, chicken, celery, carrots, green onions, walnuts, sesame seeds, Chow Mein Noodles, Lemon Buttermilk Cake or Fruit, Drink \$8.00

SOUP: Potato & Roasted Pepper Soup (vegetarian). \$2.00

ALA CARTE: Tuna Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit Beverage....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Strawberry Shortcake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Eggplant & Chickpea Ragout on Pasta, Garlic Toast, Toss Salad, Strawberry Shortcake or Fruit Drink \$8.00

LUNCH CHOICE 3: Chicken Berry Salad w/ mixed greens, chicken, strawberries, blueberries, almonds, celery, red onions, Swiss cheese, Strawberry Shortcake or Fruit, Drink...\$8.00. *A chicken sub product is available*

Soup: Chicken & Corn Chowder with Sweet Potatoes Soup (chicken) \$2.00

ALA CARTE: Roast Beef and Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Club Sandwich w/ turkey, ham, pork bacon, lettuce, tomatoes on wheat bread, cup of soup, bag of chip, Dessert or Fruit Drink \$8.00

LUNCH CHOICE 3: Spinach Caprese Salad w/ spinach, chicken, tomatoes, cucumbers, mozzarella cheese, basil, Wheat Roll or Crackers, Dessert or Fruit, Drink ...\$8.00

Soup: Tomato Rice Soup (vegetarian) \$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen