

The Chili Pepper Café

TON Sells Hospital

Week: July 21 – July 25, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00
LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Chocolate Peanut Butter Pie or Fruit, Drink...\$8.00
LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts, Chow Mien Noodles, Chocolate Peanut Butter Pie or Fruit, Drink \$8:00
Soup: Cream of Broccoli Soup (vegetarian) ...\$2.00
ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00
DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00
LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00
LUNCH CHOICE 2: Antipasto Salad w/ mixed greens, chicken, salami, tomatoes, red onion, green or red peppers, broccoli, artichoke heart, cucumber, mozzarella cheese, pepperoncini, Wheat roll or Crackers, Cookies or Fruit, Drink...\$8.00
A chicken sub product is available.
SOUP: Lemon Chicken & Rice Soup (chicken) \$2.00
ALA CARTE: Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00
DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00
LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Banana Cake or Fruit, Drink...\$8.00
LUNCH CHOICE 2: Fish Taco's (2 tacos) with coleslaw, Jalapeno Rice, Banana Cake or Fruit, Drink \$8.00
LUNCH CHOICE 3: Greek Chicken Salad w/ mixed greens, chicken, Kalamata olives, green onions, feta cheese, cucumber, Wheat Roll or Crackers, Banana Cake or Fruit, Drink...\$8.00
SOUP: Hot and Sour Soup (tofu). \$2.00
ALA CARTE: Roast Beef & Provolone Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00
DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00
LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pumpkin Spice Bar or Fruit, Drink....8.00
LUNCH CHOICE 2: Chicken and Black Bean Salad w/ mixed greens, chicken, black beans, tomato, pineapple, Wheat Rolls or Crackers, Pumpkin Spice Bar or Fruit, Drink....\$8.00
Soup: Italian Tortellini Soup (sausage) \$2.00
ALA CARTE: Ham & Cheddar Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00
DINNER: Roast Pork, Baked Yams, Green Beans, Toss salad, Wheat rolls, Dessert or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00
LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.
LUNCH CHOICE 2: Mediterranean Bean Salad w/ mixed greens, black & garbanzo beans, green onions, tomatoes, cucumber, feta cheese, parsley, mint, Pita Chips, Dessert or Fruit, Drink \$8.00
Soup: Cream of Potato Soup (vegetarian) \$2.00
ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00
DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen